



Sahara Foundation Nepal (SFN)

Registered under Government of Nepal,
District Administration Office (DAO), Lalitpur, Nepal
& Social Welfare Council (SWC) Nepal.
DAO Regd. No. 4411 & SWC Regd. No. 44319

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Title of Project: Advance Sewing and Tailoring Designing Training

Project Goal: Empowering poor and marginalized women to solve their own problems through training and participation.

Target Group: Widow, divorced, orphans, poor, single & marginalized women.

Project site: Remote area of Lalitpur district, Nepal

Project duration: 4 months

Name of the project director, responsible person for the proposed project.

Rina Manandhar, President (SFN)

Brief Introduction of organization:

The focus of the organization is on community development through the participation of its own marginalized people. The role of SFN is strengthening and empowering the women to perceive their own problems/needs and to solve them through collective action and participation. SFN advocates for gender equality and empowerment of women. SFN currently has targeted the rural and remote areas of Lalitpur district of Nepal. SFN is expanding his areas of operation day by day to solve issues of marginalized women & groups in Nepal.

Vision:

SFN seeks a fair, democratic and progressive society that is free of poverty and in-justice while people have equal rights without any discrimination and opportunities to realize their full potential for attaining their individual and collective goals.

Mission:

SFN strives to bring about positive changes in policies and institutions for sustainable socio-economic development by mobilizing and empowering women, girls, people and other marginalized groups of society.

Goals

Organizing and empowering women, communities to solve their own problems through collective action and participation of the society.

Aims & Objectives:

- To take necessary action in preventing human rights, violations by providing aid and assistance, including legal aid to protect human rights.
- To receive and investigate reported and non-reported cases and allegations of human rights, violations and to recommend suitable remedial action to the concerned authorities.
- To provide basic necessities of life like pure drinking water, medicines, pollution free atmosphere and other rural development schemes in remote areas.
- To promote the women rights through different projects.
- To educate and create consciousness among youth, women/girls, drugs, hepatitis, HIV / AIDS as well as other diseases.
- To make communities, women and girls aware of their basic rights including political rights, family planning, health, education etc.
- To provide free legal aid and full protection to the poor, women, girls and the people of community.
- To contribute in poverty alleviation and improved skills amongst women and to enhance the quality of life of marginalized women and girls.
- To assure the gender based equality in Nepal.
- To sensitize about environmental concerns issues to people.
- To rehabilitate the victims of natural disasters of the country.

Core values of project:

To develop skills of 60 women from the socially, economically backward and rural communities through skill development by sewing and tailoring advance designing training. The beneficiaries will start their own tailoring shop individually for earning their livelihood / supplement family income and lead a better life.

Project Summary:

This project is proposed for 4 months. The basic tailoring will be of two months followed by advance sewing & designing course of two months which help to reduce poverty alleviation and promoting healthy communities who can further contribute in social uplift to the nation. The population of targeted district is neglected and backward / marginalized who are living in a miserable condition due to lack of basic facilities of life as facilities of school, health center, awareness and road etc. Mostly people are day earner, they work hard whole day on low wages but they fail to full fill the needs of their family due to these reasons. The marginalized women and girls of these areas are also working as servants of the other houses as well as factories. Their work start early in the morning and end in the evening, means women also work whole day which require more physicals. These women cannot give sufficient time to their homes and children, so their children have no proper attention to diet and concept of school. Sahara Foundation Nepal (SFN) plans to provide vocational training skills and basic equipments to increase the household income and improve the living conditions of at least 60 families of marginalized women and girls especially widows, divorced, orphans in the targeted districts of Lalitpur, Nepal.

What are the problems or challenges?

Average people live in Nepal earns less than \$2 in a day. In Nepal, more than 50% constitute of women and are in wider range from development especially education of girls /vocational training has always been

matter of constant concern. Majority of women are quite unfamiliar with the professional knowledge and vocational skills. There is need of vocational training centers emphasizing on women and girls of remote areas of Nepal. Keeping in view above situations, we have to initiative for this project. The widows, divorced, orphans, marginalized women and girls in Lalitpur district who are unable to pay any fee to any skill oriented trainings. Most of them are not educated and cannot get admission in any vocational training institutes. That is why; there is high need to have training for these poor women and girls in their areas.

How will this project address the problem?

At least 60 marginalized women and girls of targeted districts from poor families would be exposed to training techniques of two months for basic and two months for advance sewing designing tailoring course, mainly designed to develop their skills and performance in tailoring. Training topics set out to meet their training needs and to overcome their difficulties, especially market linkages in order to support to start their small businesses etc. After training courses, target women and girls who took part in the domestic tailoring training will receive sewing machines through which they would be able to sew clothes to earn for themselves, their families and surrounding of the communities. They will have no need to work in the other houses or factories, whole day at their home and can give full attention to their children, their education who are roaring in the streets.

Why Need This Project?

This project targets primarily widows, divorced, orphans, poor women and girls. Without any discrimination having with low income who became a heavy burden on society and raises the living level of marginalized group and helps them to overcome the deteriorating situation which reflects negatively on their social condition. In order to help widows and other poor women and girls who would like to learn a skill that they can use to support themselves, their families and their children. Hence, there are lots of issues among their life along with physical, mental, social, economically and financially. That's the reason; they are not able to survive as a normal life due to poverty and discriminations toward the community.

Monitoring and Evaluation of This Project:

Regular monitoring of this project will be done by the organization with the involvement of the executive and its members. Reports will be provided to the donor office with financial reports along with the necessary coverage and through pictorial.

Potential of the project & impact:

This project will be permanently innovative and sustainable. Because each beneficiary will be trained and helpful for direct employment as well as to launch a successful small business, generate income, send their children to school and lift up their families as well. It helps for the surroundings out of poverty, enriching their quality of life in a respectable way. The social life of these women, girls and children will reach higher level and would enjoy better life, education, health and overall developments leading to better citizens of the nation.

Requested Budget:

SFN needs minimum US\$ 5000.00 to start vocational training to the targeted districts of Lalitpur (Nepal). The requested funding budget will support smooth running of this training as well as buying of sewing machines and other necessary materials needed to the trainings.

Description	Purpose	Amount in USD
Buy sewing machine	To give to those who completes training provided by SFN	$60 \times 80 = 4800$
Certified Teacher	To provide high end skill development in sewing and will be provided by SFN Nepal	NA
Rent	To give training	$4 \times 100 = 400$
Materials	Needed during training	$4 \times 150 = 600$
	Total	5800