

# **Report of Care Leavers in India**

Prepared By: Youth Council for Developments Alternatives (YCDA)  
[www.ycdaindia.org](http://www.ycdaindia.org)



Young adults who have grown up in Child Care Institution (CCI) or other alternative care arrangement (Institutional and non-institutional care arrangement) have left from the care arrangement attain 18 years need guidance and support in their transition period. In this aftercare programme they can realize and enable them to become an independent and mainstreamed in the society. Aftercare programme enable them to achieve social and life skills systematically which lead them to self reliance and mainstreaming in the society. This process enable such young adults to adapt themselves to society and to encourage them to move away from institution life to an independent living.

Life skill Education is giving frequently to the care leavers to enable individuals to deal effectively with the demands and challenges of everyday life. It helps to the care leavers in confidence to take decisions, communicate effectively with others and developing their skills and manage themselves to build a perfect life in the society.



YCDA giving frequent training to care leavers on life skills, career counselling, psycho social support to make them confident, self reliant and job placement. They can also learn problem solving, learning accountability, financial literacy. Career guidance supports them to manage their career and get a good career path.

Young adult after the age of 18 years not only have the responsibility of the society but they are very much responsible for their personal growth and development. Personal development helps



them to set a goal for their life. Their confidence level increase towards their career development. They are the changemakers. In that stage young adults build their social relationships, career path, and be a proactive person.

### ***A Story on an Independent Life.....***

Hii ... I belongs to a poor family where my parents were daily wage labourer . after my father's death & my sent me to the Child Care Institution (CCI). I grew up in CCI. I was going to school there. During covid pandemic, I came back to my home with the knowledge of Child Welfare Committee and YCDA. . Now I am with my mother. She is working as a daily labour. YCDA Counsellor came to me in regular basis and helped me in preparing career planning as per my choices and interest. I was studying then she enrolled me in dress making trade in Vocational education and supported me . I got training on life skills, career counseling. I am very much happy that now I have completed my training and got support of a machine for my earning .Now, I am a self employed careleavers and sustained by life through my earning of rs 6000 per month. Me & my mother are living happily .



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