



REPORT OF CARE LEAVERS IN INDIA

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Young adults in state care will remain in care system until they reach the age of 18. Young adults, out of home care often struggle to build stable lives. This is not surprising: typically young care leavers not only have to overcome a difficult childhood, but also tend to receive less support during the crucial period of early adulthood than youth living with their parents. In that period they require handholding support to built their life perfectly. They need support in the field of financial support, training in skills, handholding for career development, counseling for managing emotions and such other measures that contribute to the process of their mainstreaming in the society.

Activities in this quarter:

Life Skill Training was conducted for the young adults on their leadership, self confidence, and social relationship. It makes their life easy and simple; it also plays an important role in independent



life. Life skill is an essential tool for personal development and can help individuals achieve their goals and lead a successful life.

Life coaching on conflict resolution session was conducted in this quarter for the care leavers. Around 30 nos of care leavers participated in the session. Conflicts are a part of life, conflict resolution skills for teenagers are important to help them deal with things more efficiently. Conflicts may lead to challenging situations for youth since they often lack the necessary skills to tackle them. Conflict comes



up throughout life in all types of relationships. It deals early to build productive communication skills to have a healthy relationship. Conflict comes up throughout their life in all types of relationships, and learning

productive communication skills to have healthy relationships now and in the future. It was a great session for them to deal the issues and challenges happens in their day to day life like manage their emotion, communicate the issue and solve their issue. After the session they came to know the how to manage the conflict situation together.

Care Leavers faces multiple of hurdles when they start they adult life. They need proper guidance to cross the hurdles. During the pandemic, many young people lost their income, faced difficulties in securing the job.

However, young entrepreneurship can prevent these issues from difficult circumstances. The entrepreneurs can help to generate income by starting a small business, making it easier for the care leavers to leave in a smooth life. In this quarter YCDA supported financially to 10nos of Care Leavers to start a small business to manage their livelihood. YCDA is giving technical support to Care Leavers to do business plan in a concrete way to choose the right path of their business. We are linking them with skill development agency to do short term training on entrepreneurship. The small business is a perfect opportunity to grow and secure a future in their life.

Shine A Light...

Ram (Name Changed) belongs to a poor family where his parents were daily wage labourer. After family disturbance, his mother sent him to the Child Care Institution (CCI). He grew up in CCI. In CCI, he was going to school there. After finished his schooling, he did diploma course in civil engineering. Then he did another course in fitter. After the course it was very horrible in his life. He was struggling a lot to get a good job for his livelihood. YCDA counsellor conselled him in regular basis and helped him in preparing a business plan as per his choices and interest. After counseling and training from YCDA, he came to know that, there's scope of getting income. So he was interested to do a small business in his area. With



the support of YCDA and GlobalGiving, he started his business in his area for the benefit for the communities. His passion and determination are more powerful than age and experience. His dream is shining a light in his entrepreneur among more professionals.