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# Team VISION and the Transgender has been invited to participate in a conference where they have to showcase their work from previous workshops

## Plan of Action

## Activity: Plan of Action

**Activity:** Each participant of the group will take five minutes to think of a way to best introduce her/him self in an innovative and engaging manner. The introduction itself will be for one minute. The introduction should tell the participants the name of the individual, education level, skills and future plan of action. The introduction should also include the fact that how this individual will contribute to the conference

**Duration:** 20 Min

**Objective**: The objective of the activity is to introduce one’s self in short, precise, meaningful but interesting way so that the listener is attentive and is willing to continue talking to the person.

**Supplies:** The participants should have the freedom to choose from the supplies that VISION has on its premises i.e. cameras, video-recorder, puppets, magazines, charts, crayons, markers etc.

**Instructions to the facilitator:** The facilitator will oversee this process and provide the participants with whatever they may require to increase the impact and make their introduction impressive.

**Questions:**

1. What kind of planning did each individual do for purposes of making the introduction innovative, engaging and impressive?
2. How was the time management done? Did the individual divide his/her introduction into different portions and time each portion, finally calculating it into full minute?
3. What was the most challenging part of this activity and how did the participants overcome it?
4. What was the least challenging part of this activity and why?

## Activity2:

The conference is taking place outside Pakistan. What will be the first few things that team VISION should be looking at?

**Duration:** 30 Min

**Objective:** To clearly identify the needs as per their priority for any travel outside Pakistan and the preparation that needs to take place.

**Supplies needed:** Flip charts, markersand video camera

**Instructions to the facilitator:** The facilitator should be mindful that any invitation to the conference that is outside the country, travel documents such as National identity card, passport with a validity of at least six months and a visa of the inviting country is essential. In addition to this, the conferences generally have themes and to find out the specific themes one has to visit the website of the conference. These websites are especially constructed for purposes of such conferences. The conferences have different activities such as panel presentations, poster exhibitions, theatre performances, lectures and etc. The invitee organization has to choose from its work what best represents its effort in promoting and propagating the theme of the conference. A single organization can be part of a panel discussion, while another member of the organization can put up a poster exhibition and the third can do a theatre/mime performance.

**Activity: Brain storming**

The participants have to brain storm on a flip chart in one or two groups identifying what all may have to be done before going to the conference. Wherever there are gaps. The facilitator will fill in from the above given information.

**Questions:**

1. How did you feel about this exercise?
2. If this was to happen for real, what else would you do beyond what have been discussed here?
3. Which was the most challenging part of this exercise and how did you overcome the challenge?
4. Which was the least challenging part of this exercise and why?

## Activity 3: A walk through the gallery of work done in previous four workshops

**Duration**: 1 hour

**Objective**: To give glimpse of all the work that has been done by the participants of the workshop themselves and has them understand that there is sufficient body of work to select from; however, this selection should be done with mutual agreement and in consultation with each other.

**Supplies needed:** All the video clippings, river of life, photographs of the workshops, videos of interactive sessions and etc.

**Instruction for the facilitator:** The facilitator will provide all the above materials from the archives of VISION sequentially from workshop 1 to workshop 4. The facilitator after providing a detailed insight into each workshop will now hand out a flip chart to the two groups and have them decide through consultation and agreement which of the activities they would want to exhibit at the conference. Put a limit of maximum two activities from the entire four workshops for each group. Once the group is back together then they have to choose two activities from the four.

**Activity:** Each group will carefully see the select proceedings from all the four workshops one after another and decide the activities that they think will best showcase their strengths and work to the world. Once they have viewed the work, they have to select the most innovative and interesting activities from it. This will be done through mutual consultation in full agreement with each other. They have the freedom to select a leader in each group and work through him/her or they can do it individually as well

**Questions:**

1. Why did you choose the four activities from your entire work?
2. How easy was this selection and how difficult was it? Explain both
3. How difficult was it to further narrow it down to two activities and what helped you in choosing the final two activities?
4. How easy was this exercise and if it was difficult, why was it difficult?

## Lunch Break

## Activity 4: Selection of work that the group may want to showcase in front of a larger audience

**Duration: 10 Min**

**Objective:** Building consensus to select two to three activities from the previous workshops that the participants consider a turning point in their lives in terms of learning something that they could benefit from. This exercise is being done so that the participants choose these activities and build a presentation on it

**Supplies Needed:** Gallery of activities from previous workshops, flip charts, markers

**Instructions to the facilitator:** Run gallery of activities from the previous workshops on the wall and instruct the participants to carefully view the activities

**Activity:** The participants will have to view the activities and choose two or three activities that they may think brought a radical change in their thinking about themselves or their general attitude towards life. Whatever choice the participant make, they will have to explain the rationale behind the choice and will also have to effectively but briefly describe the change.

## Activity 5: Identifying the reason behind the activity and how it helped them to better the participants life

**Duration:** 15 Min

**Objective:** The objective of this and the successive exercises is to introduce the participants to write an abstract for a mock presentation.

**Supplies needed:** Flip charts and markers

**Instructions to the facilitator:** The facilitator will instruct the participants in each group to write two lines describing the problem indentified in the activity along with the solution that they thought would resolve the problem.

**Activity:** The participant in their own groups, through a consultative process will identify the problem in the activity and will also think-through how from beginning to end the activity was able to resolve this problem.

**Questions:**

1. How did you identify the problem?
2. Through what mechanism were you able to find a solution to the problem for purposes of resolution?
3. Do you think that the two line you have put together will impress the reader to go through the remaining document and if so, why? And if not,
4. In your opinion, is there a more effective way that you could have communicated the same thing to the reader?

## Activity 6: How was the activity implemented or in other words what were some of the steps taken to bring the activity to the point where the benefits of the activity started emerging

**Duration:** 15 Min

**Objective:** Introducing the participants and putting together a section on methodology in their abstract

**Supplies needed:** Flip charts and markers

**Instructions to the facilitator:** The facilitator will tell the participant briefly but clearly in their groups to identify stepwise, how from the point of beginning did they progress to the point where they perceive that the activity had an attitudinal or life changing impact upon them.

**Activity:** The facilitator will clearly explain the participants this activity. On the flip charts, the participants will have freedom of using a five steps procedure (each step should not exceed 1 single sentence) to explain how each step helped them to get to the next and finally to the outcome of the activity

**Questions:**

1. What helped you the most in putting together these five steps?
2. What helped you the least in putting together these five steps?
3. What was the most challenging aspect of putting together these five steps?
4. Do you think that you still have some important steps missing? And if so, in your opinion can they be merged in these five steps by merely changing some words?

## Activity 7: Describing the outcome and explaining how the activity will bring a positive change in the life of the participant and their peers

**Duration:** 15 Min

**Objective:** To orient the participants in writing an outcome in an abstract

**Supplies needed:** Flip charts and markers

**Instructions to the facilitator:** The facilitator will clearly and precisely explain the activity to the participants

**Activity:** The facilitator will tell the participants to get in their small groups and brainstorm for five minutes to see how from the beginning of this activity i.e. activity 4 to this point enabled them to use the entire activity in their benefit, clearly pointing out the benefit i.e. the point of change in their lives or attitudes

Once the brainstorming is completed then they put their conversation in maximum four to five lines on the flip chart

**Questions:**

1. What was the most challenging part of this exercise? Why do you think it was challenging?
2. How did you overcome the challenge?
3. Do you think that you would want to add anything to what you have already written? And if so, why?
4. If something has to be added can you think of some words that may help you to say more things without increasing the number of lines

## Activity 8: Concluding the abstract

**Duration:** 10 Min

**Objective:** To orient the participants in writing a conclusion in an abstract

**Supplies needed:** Flip charts and markers

**Instructions to the facilitator:** The facilitator needs to give clear instructions to the participants

**Activity:** The facilitator will tell the participant that in this final activity, once again they will have to get into their small groups and sum-up this entire activity from activity four to the conclusion in two line adding how it has benefited them as well as others from the same population. If there are numbers such as that the participants after doing the activity, took the activity out in the lager population and could see change in their lives or attitude, mention an approximate, if not exact figures whose lives benefited from this activity

**Questions:**

1. At the end of this all, if you were asked to put together an abstract for a presentation, will you be able to do it?
2. If there is any portion where you may need assistance, which one will be that?
3. Is there anyone in the group who may be able to help others to better the portion that has been highlighted? And if so, can you volunteer yourself and improve the portion for the group?
4. Are there any other ways that you can think of improving your skills in abstract writing? If so what may be some of those resources?
5. How can the organization help you in improving all your skills? We are filming each one of you and you will have to come-up with at least one skill per person for us to work on with you in future

## Activity 9: Final feedback of five skill building workshops

**Duration:** 10 Min

With your permission we will film this feedback of each individual

Your feedback should describe in one sentence, one positive skill that you have acquire through these workshop. You must tell us something that you not like in these workshops in the same sentence and finally provide us how would you want us to continue engaging with you on regular basis in future