ClownCare project in Tbilisi Childhood Onco-Hematology Department of M. Iashvili’s Hospital

Non-profit legal entity “charitable fund smile donate” (s/n 406154806, the date and number of institutionalization: 14/11/2016, No 31477) has been actively carrying out projects directed for children who are ill with leukemia.

Our job is to help the children with leukemia, which are in the M. Iashvili’s center of onco – hematological section, both psychologically and socially.

The patients from onco – hematological section, are undergoing the most difficult chemotherapy, in order to treat this heavy illness. In most cases, its duration lasts for 4 – 6 hours, sometimes 120 - hours (5 days). Such long term care is difficult for little children. It causes depression, pain, fear, and disturbance. For easing this process, two days a week, we bring a clown to the leukemia center, who tries to cheer the little patients and their parents up.

The “ClownCare” is a well-established method in Europe’s and America’s leading clinics. Bringing the patients a positive effect. The mentioned project does not have an analogue in Georgia and it is not an innovation on Georgian reality. We brought the “ClownCare” model in the Georgian medicine, which left a huge impact on children.

We all know that laughter has a positive effect. Researches showed that when we laugh, the stress hormones (Cortizol and Adrenaline) in our body decrease. The Endorphins “hormones of happiness” actively go in to the blood, abate the pain and trigger a feeling of happiness. With the help of laughter, the “killer cells” become active; they destroy viruses and fight against the cancer cells.

The laughter causes the same affects on a body, as the breathing exercises. While laughing, we breath more often and deeper, which, in the end, is followed by the enrichment of blood with the oxygen.

Therefore, the clown therapy has an absolutely positive healing effect on little patients and their parents, who also need moral support. Because they spent much time with their children and have a big psychological influence on them.

We do not have a right to take away this happiness and hope from these children. During this 1 year, with the help of kind people, we’ve been giving smiles and joy and lightening the suffering and pain, experienced and fought by little patients.

Join us, become the benefaction’s, as the backbone’s vertebra and finance the clown’s service, in the M.Iashvili’s children’s onco – hematological department.