**United Care Foundation**

**Partner Project Proposal**

**Project Title: Maternal Health Care for Women Unreached**

**I. GENERAL INFORMATION**

* **Introduction:**

This proposed project provides awareness, diagnosis, treatment, and follow up to women in rural areas (Unengaged and Unreached) for maternal health, hormonal disorder/genecology and early child development, with accessibility within local infrastructure.

Women in Pakistan are less aware and less facilitated for their health regarding; hormones imbalance, maternity and early child development. Reasons behind this problem are: inaccessibility to health facility and social & economical insufficiency.

* **Problem:**

Women in Pakistan are less aware and less facilitated for their health regarding; hormones imbalance, maternity and early child development. Women everywhere face hormonal and maternal issues, in developing countries women do not have easy access and awareness to get medical care, in the result they face many maternal health problems and caught with disease caused by inappropriate treatment or less/no treatment for their hormonal and maternal issues, eventually it causes a life threat to women or children.

* **First Reason Why problem persists:**

1. There are three main reasons why problem is persisting: **1-**inaccessibility to health facility and **2-**Social & **3-**Economical Insufficiency. Women in Pakistan face social barriers (Hajab, Burka, women cannot travel alone everywhere, etc) which prevent them get in-time health facility. Mostly rural areas does not have proven health centers or these areas are practicing inappropriate health facilities which are not proven and allowed by medical science and it cause serious health issues. Economical barrier is also a major reason which is why problem persist, women and families do not bother to get appropriate health facility because it is costly, government is not meeting the need, and private medical institutes are not affordable because 80% population of Pakistan living in rural areas.

* **Second Reason Why this problem persisits:**

1. The indifference of Pakistan’s government to health is reflected in the fact that Pakistan spends a mere 0.9pc of its GDP on health. Another indication of the government’s neglect is the fact that public expenditure on health accounts for a little over one-third of Pakistan’s total health expenditure. Pakistan’s citizens rely heavily on private healthcare, which they avail primarily through out-of-pocket payments. The poor quality of government provided health services in Pakistan is the major reason behind the large role played by the private sector in healthcare.
2. Almost 80 percent of maternal deaths are direct obstetric deaths resulting from postpartum hemorrhage (36 percent), antepar- deliver at home without trained assistance, infant mortum hemorrhage (17 percent), infection (16 percent), and eclampsia (14 percent). Hepatitis is the most frequently cited single cause of maternal death from indirect causes . The laws concerning induced abortion are highly restrictive, and death rates over the past two decades have gone higer.

* **Targeted Population:**

Poor and underprivileged Women of Punjab province aged between: **15 to 54 years**: **Children targeted aged group:** 1 to 5 years. (Boys & girls) **Female targeted aged group:** 47.64% is female **15-24 years:**21.31% **25-54 years:**36.87% **Infant mortality rate:** total: 53.9 deaths/1,000 live births, male: 57 deaths/1,000 live births, female: 50.6 deaths/1,000 live births (2016 est.)

**Socio-economic status:** Women social status is affected by dependency ratio of 65.3% & Literacy rate of: female: 45.8%). This is a very alarming vulnerability situation. **Geographical focus is:** Rural area of Punjab province with 50,362 square kilometers of area where access to health centers is impossible or difficult.

* **Why this group could be considering a disadvantage group:**

Punjab is Pakistan's First largest province by area, and its most populous province, with an estimated population of 110,012,442 While total fertility rate is 2.68 children born/woman (2016 est.) 547 children are born in the six teaching hospitals of Punjab every day. We have chosen this people of group and geographical area because the number of population is increasing and vulnerability of women is increasing.

* 1. **What need(s) or opportunity(s) will be met by the proposed project?**
* Women in rural areas will be targeted to provide health facilities for hormonal, gynaecological and child birth issues and diseases
* Women will be preached who will visit health Center. There is a need of preaching & targeting only women in slums and small towns in rural areas.
* Children will be providing medical assistance and they will also be preached.

**Please visit the following online research which supports this proposal.**

[**https://www.dawn.com/news/1168938**](https://www.dawn.com/news/1168938)

[**https://www.dawn.com/news/1180278**](https://www.dawn.com/news/1180278)

[**https://borgenproject.org/maternal-mortality-pakistan/**](https://borgenproject.org/maternal-mortality-pakistan/)

[**https://tribune.com.pk/story/918779/one-death-too-many-one-death-in-childbirth-every-37-minutes/**](https://tribune.com.pk/story/918779/one-death-too-many-one-death-in-childbirth-every-37-minutes/)

[**http://www.who.int/countries/pak/en/**](http://www.who.int/countries/pak/en/)

[**http://documents.worldbank.org/curated/en/225041468757537910/pdf/multi0page.pdf**](http://documents.worldbank.org/curated/en/225041468757537910/pdf/multi0page.pdf)

**Solution:**

UCF will plant Health centres in different rural areas of Punjab for women and children to provide health facility.

**Where?**

UCF has spotted **Sue-e-Asal** rural area a UC of District Lahore to plant Health Centers. UCF has already conducted medical camp in this area.

* 1. **What research or data do we have to support our needs assessment?**

**First Data:**

* UCF has planted a Health Center in Salamat Pura Town near Thokar Niaz Baig Lahore and we have collected following facts and figures:

|  |  |  |  |
| --- | --- | --- | --- |
| **Sr#** | **Month** | **Numbers** | **Condition** |
| **1** | **January** |  |  |
|  | Women with hormonal/ Gynaecological issues, nutrition and diet awareness | 12 | 9 treated & 3 under treatment |
|  | Women with birth child issues, nutrition and diet awareness | 6 | 3 treated & 3 under treatment |
|  | Women with diabetes, different allergies, body pains and wounds | 38 | 27 Treated & 14 under treatment |
| Total | Women | **56** |  |
|  | Children with different allergies and infections, eye infections, body pains | 18 | All treated/ referred to Government hospital |
|  | Infants, nutrition | 3 | All under observation |
| Total | Children | **21** |  |
| **2** | **February** |  |  |
|  | Women with hormonal/ Gynaecological issues, nutrition and diet awareness | 35 | 34 treated & 1 under treatment |
|  | Women with birth child issues, nutrition and diet awareness | 9 | 9 treated |
|  | Women with diabetes, different allergies, body pains and wounds | 34 | 34 Treated |
| Total | Women | **78** |  |
|  | Children with different allergies and infections, eye infections, body pains | 36 | All treated/ referred to Government hospital |
|  | Infants, nutrition | 5 | All under observation |
| Total | Children | **41** |  |
| **3** | **March** |  |  |
|  | Women with hormonal/ Gynaecological issues, nutrition and diet awareness | 21 | 20 treated & 1 under treatment |
|  | Child birth delivery case | 1 | 1 treated |
|  | Women with birth child issues, nutrition and diet awareness | 7 | 5 Treated & 2 under treatment |
|  | Women with diabetes, different allergies, body pains and wounds | 52 | 50 Treated & 2 under treatment |
| Total | Women | **81** |  |
|  | Children with different allergies and infections, eye infections, body pains | 34 | All treated/ referred to Government hospital |
|  | Infants, nutrition | 6 | All under observation |
| Total | Children | **40** |  |
| **4** | **April** |  |  |
|  | Women with hormonal/ Gynaecological issues, nutrition and diet awareness | 31 | 27 Treated & 4 under treatment |
|  | Women with birth child issues, nutrition and diet awareness | 8 | 6 Treated & 2 under treatment |
|  | Women with diabetes, different allergies, body pains and wounds | 51 | 49 Treated & 2 under treatment |
| Total | Women | **90** |  |
|  | Children with different allergies and infections, eye infections, body pains | 72 | All treated/ referred to Government hospital |
|  | Infants, nutrition | 4 | All under observation |
| Total | Children | **76** |  |
| **5** | **May** |  |  |
|  | Women with hormonal/ Gynaecological issues, nutrition and diet awareness | 12 | 10 Treated & 2 under treatment |
|  | Women with birth child issues, nutrition and diet awareness | 18 | 15 Treated & 3 under treatment |
|  | Women with diabetes, different allergies, body pains and wounds | 55 | 55 Treated |
| Total | Women | **85** |  |
|  | Children with different allergies and infections, eye infections, body pains | 34 | All treated/ referred to Government hospital |
|  | Infants, nutrition | 5 | All under observation |
| Total | Children | **39** |  |
| **6** | **June** |  |  |
|  | Women with hormonal/ Gynaecological issues, nutrition and diet awareness | 33 | 26 Treated & 7 under treatment |
|  | Child birth delivery case | 1 | 1 Treated |
|  | Women with birth child issues, nutrition and diet awareness | 17 | 15 Treated & 2 under treatment |
|  | Women with diabetes, different allergies, body pains and wounds | 66 | 61 Treated & 5 under treatment |
| Total | Women | **117** |  |
|  | Children with different allergies and infections, eye infections, body pains | 51 | All treated/ referred to Government hospital |
|  | Infants, nutrition | 7 | All under observation |
| Total | Children | **58** |  |
| **7** | **July** |  |  |
|  | Women with hormonal/ Gynaecological issues, nutrition and diet awareness | 12 | 10 Treated & 2 under treatment |
|  | Women with birth child issues, nutrition and diet awareness | 15 | 15 Treated |
|  | Women with diabetes, different allergies, body pains and wounds | 69 | 45 Treated & 24 under treatment |
| Total | Women | **96** |  |
|  | Children with different allergies and infections, eye infections, body pains | 69 | All treated/ referred to Government hospital |
|  | Infants, nutrition | 9 | All under observation |
| Total | Children | **78** |  |

Total Women per year: **1032**

Total Children per year: **612**

**Second Data:**

* During last year in 2015 and in 2016, UCF has conducted several medical camps (for diagnosis of Hepatitis B, C Thyroid and Hormones in different rural areas where communities or masses are living underprivileged.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Total Individuals Attended in 2017** | | | | | | | |
|  | **Total Patients** | **Hepatis B** | **Hepatitis C** | **Thyroid** | **Hormones** | **TB** | **Diabetes** |
| **Total** | 1035 | 106 | 160 | 38 | 78 | 46 | 182 |
| **Female** | 571 | 63 | 87 | 30 | 78 | 25 | 105 |
| **Men** | 464 | 43 | 73 | 8 | 0 | 21 | 77 |

**Total Individuals attended in 2016**

Total individuals attended 209- Male:100- Female:109

Hepatitis C Positive: 53- Male: 26- Female: 27

Hepatitis B Positive: 4- Male: 2- Female: 2

Thyroid Factor: 9- Male: 1- Female: 8

Female Hormones: 15- Male: 0- Female: 15

**Total Individuals attended for diagnosis in 2014-15**

Total individuals attended 2342- Male:1054- Female:1288

Hepatitis C Positive: 464- Male: 229- Female: 235

Hepatitis B Positive: 112- Male: 54- Female: 58

Thyroid Factor : 56- Male: 2- Female: 54

Female Hormones: 976- Male: 0- Female: 976

**Total Individuals attended for diagnosis in 2013**

Total individuals attended 399- Male: 43- Female: 356

Hepatitis C Positive: 81- Male: 32- Female: 49

Hepatitis B Positive: 43- Male: 13- Female: 30

Thyroid Factor : 12- Male: 0- Female: 12

Female Hormones: 158- Male: 0- Female: 158

* 1. **What are the distinct project objectives we hope to accomplish?**
* To provide medical assistance to women for hormonal, gynaecological issues with easy accessibility.
* To provide mother and child care, medical assistance/ counselling, during pregnancy and after delivery.
* To preach the gospel, counsel and providing medical assistance to women and young girls who are involved in any sexual abuse by any means.
* To preach the gospel to women of any age with medical assistance.
  1. **What is unique or new about our approach to this project? What success can you show in previous or similar projects?**

**This project;**

* Provides preaching, counselling and medical assistance to women health issues.
* Provides health assistance with easy accessibility.
* Targets low income communities, rural areas, living under poverty line.
* Targets to prevent mother and child health issues during and after child birth. This prevents annual early age child death or mother death during delivery.
* Targets to help mother and child for nutrition awareness to promote mother and child growth.

In our previous projects we could assist women suffering from thyroid and hormonal disorder in low income communities who were living geographically far and unreached areas to get medical assistance.

1. **What are the quantitative planned activities and expected measurable outcomes of this project?** 
   1. When submitting the final report at the completion of the project, you will be asked to report on the activities funded by Samaritan’s Purse funds, which should be represented in this chart. It is important to include only the activities that will be funded by Samaritan’s Purse, for purposes of accurate reporting.
   2. The expected outcomes at this stage are understood to be estimates.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Expected Outcome #1** |  |
| Planted Health Center in March & April 2018 | Health Center starts working | (Average Women per year: **1032**)  (Average Children per year: **612**)  For one health center |
| Attending women and mother child care in Health Center with diagnosis and treatment | Approximately 86 per month women attended, preached and assisted for medical treatment | Women with hormonal/ Gynaecological issues, nutrition and diet awareness: **156**per Six Months |
| Project Manager oversees all the activities and collects data of beneficiaries and records the outcomes. | Expected Outcomes recorded. | Women with birth child issues, nutrition and diet awareness: **80** per six months |
|  |  | Women with diabetes, different allergies, body pains and wounds: **365** per six month |
|  |  | Children with different allergies and infections, eye infections, body pains: **314** per six months |
|  |  | Infant Nutrition: **39** per six months |

1. **Timeline of key activities requried to accomplish this project. Include any necessary planning or assesment stages.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Planning / Assessment** | **Activity** | **Activity** | **Impact** | **Impact** |
| **March- April 2018** |  | Health Centre Plantation |  |  |  |
| **May 2018** |  | Registration of Health Center from Punjab Commission of Health |  |  |  |
| **May- December 2018** | Survey and Data collection of Project supervisor | Health Center starts working | Health Center starts working | # number of women and children are being served and preached on monthly basis | # number of women and children are being served and preached on monthly basis |
| **December 2018** | Survey and Assessment of Punjab health Commission |  |  |  |  |
| **January 2019** | Survey and Data collection of Project supervisor |  |  |  |  |

**III. BUDGET**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Item or Activity** | **# Units** | **Cost Per Unit** | **Total Cost Pak Rs** | **Total Cost US $** |
|  | | | |  |
| **Equipments and Medical Supplies** |  |  |  |  |
| Examination Couch  IV Stand  Crown Stool  Dressing Drum  BP Operator  Delivery Set  Baby Wait Machine  Height and Weight Machine  Patient Bed  Delivery Bed  Thermometer  Gluco Meter  Boiler / auto clave (10’x20’)  Kidney Tray  Duck Speculum  Sim’s Speculum (set)  White Bed Sheet  Wall Screen | 2  2  2  4  1  1  1  1  3  1  2  2  1  2  2  2  12  6 | 4200  1250  1850  800  5000  4300  2400  6000  15000  16000  450  2700  15000  125  450  650  700  2100 | 4800  2500  3700  3200  5000  4300  2400  6000  45000  16000  900  5400  15000  250  900  1300  8400  12600 |  |
|  |  |  | **137650** | **1233.64** |
| **Office Furniture** |  |  |  |  |
| Chairs  Sofa Set  Table  Cupboard  Racks  Wheel Chair  Bench | 6  1  3  2  4  3  8 | 1200  8500  4000  8000  5000  7000  1200 | 7200  8500  12000  16000  20000  21000  9600 |  |
|  |  |  | **94300** | **845.13** |
| **Washroom** |  |  |  |  |
| Washroom Set, Towel, Soap etc | 1 | 5420 | **5420** | **49** |
| **Kitchen** |  |  |  |  |
| Microwave | 1 | 6000 | 6000 |  |
| Electric Tea Pot | 1 | 2500 | 2500 |  |
| Tea cups & Glasses | 1 | 1000 | 1000 |  |
|  |  |  | **9500** | **85.14** |
| **Computer** |  |  |  |  |
| Computer for digital record maintenance  Printer  Printing Paper | 1  1  12 | 14500  8500  485 | 14500  8500  5820 |  |
|  |  |  | **28820** | **258.29** |
| Inj R/L 1000 CC, Inj Venofer, Inj S/ D/w 1000CC, Tab CaC 1000, Tab Fefol vit, Tab Glucophyge, Tab Bislen, Cotton, Brarnala, Syringe, Sample Vial, Insulin, R+ Syringe, Drip Set | 12 | 60840 | 730088 | **6600** |
|  |  |  |  |  |
| **Ultrasound & Imaging Supplies**  Antepartum Fetal Monitor, Condoms, Bulk, Fetal Doppler, Fetal Monitor, Gel Warmer, Printer Ultrasound, Printer Paper Ultrasound, Probe Cleanser, Probe Covers, Ultrasound Scan Gels | 1 | 1245000 | **1245000** | **11157** |
| **Sterilization/Instrument Care**  CSR Blue Wrap, Forceps Jars, Haemo-Sol Instrument Cleaner, Instrument Cleaning, Instrument Trays, Instrument Lubricant, Self Seal Pouches, Steam Indicator Tape, Sterilization- Rolls And Pouches | 1 | 47000 | **47000** | **421** |
| Communication and Internet |  |  |  | **45** |
|  |  |  |  |  |
|  |  |  |  |  |
| **Salaries of Staff (This is One Year Salary) Doctors, Nurses and Helpers, Cleaners** |  |  | **630530** | **5700** |
|  | | | | |
|  |  |  |  |  |
| **Utility Bills and building Rents** | | |  |  |
| Electricity Bill  Gas Bill | 12  12 | 15000  800 | 180000  9600 |  |
| Building rant | 12 | 15000 | 180000 |  |
|  |  |  | **369600** | **3312.42** |
|  |  |  |  |  |
| **Total** |  |  |  |  |
| **Total cost in Pak Rs** |  |  | **4475750** |  |
| **Total cost in US $** |  |  |  | **40460.78** |

**Cotact Details:**

**Pastor Raja Shaleem**

**Executive Directo**

**0092-322-533-2622**

[**ucfpakistan@gmail.com**](mailto:ucfpakistan@gmail.com)

[**www.ucfpakistan.wordpress.com**](http://www.ucfpakistan.wordpress.com)

**Office#7, Floor#1, Jinnah Plaza Oposite Jinnah Hospital, Lahore**