

## What is ADEDAR?

Africa - Desenvolvimento de Educação e Desportos Através do Rugby [Africa - Development of Education and Sports through Rugby], aka ADEDAR, is an organization to develop rugby in Mozambique and to use it as a tool for education and female empowerment.



ADEDAR came from a love for rugby and a love for Mozambique.



\* Train coaches

\* Have fun

\* Build confidence

## Facebook: Adedar Mozambique

\* Laugh

E-mail: adedar.africa@gmail.com

Check out a short video of ADEDAR at YouTube: Rugby in Mozambique is Maninge nice (https://www.youtube.com/watch?v=IQjUF5d-uqU)