

### Contact Us

#### Yes, I make a stand. and wish to

- Become a monthly sponsor, paying INR \_\_\_\_\_ per month, which will help cover general costs for the well-being of the teenagers and babies.
- Make a one-time donation of INR \_\_\_\_\_.
- Donate in kind \_\_\_\_\_ kg (rice, dhal, green gram, sugar, etc) on a monthly basis.
- Become a volunteer; I can give \_\_\_\_\_ hours per week of my time to help with studies / teach creative activities/ other \_\_\_\_\_
- Organize a support event (i.e.: sponsored run, bake sell, dinner and dance, treasure hunt, etc.)
- Offer my skills to the project as a fund raiser, an advocacy social worker, a graphic designer, an artist, a lawyer, etc.
- Spread the word.

**DIL SE**



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Mobile : +91 98950 31123  
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DIL SE

ICICI Bank Ltd.

A/C number : 001005009735  
IFSC code : ICIC0000010

*For donations from overseas -*  
Federal Bank Ltd.  
A/C number : 10040100336449  
IFSC code : FDRL0001004

*Contributions to DIL SE are  
exempted u/s 80G of the Income Tax Act 1961*

**BIRTH FOR  
CHANGE**



Priyanka Idicula  
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Website : [www.birthvillage.in](http://www.birthvillage.in)

BIRTH FOR CHANGE,  
Canara Bank.

A/C no : 3567101000347  
IFSC code : CNRB0003567

Email : [tejusinfo@yahoo.in](mailto:tejusinfo@yahoo.in)

**We look forward to  
hearing from you.**

# TEJUS HOME





It is taboo to talk about sex in our culture – it is difficult to talk about sex abuse and talking about child sexual abuse is even more difficult.

Across cultures it has been shown that one in every five children is sexually abused, and that in 90% of the cases, the abuser is somebody known to the child.

India's ability to protect children from sexual abuse falls far short of meeting the existing needs. In addition, there is a widespread lack of awareness among parents, teachers, children, policy makers and the criminal justice system about the existence and complexities of this issue.

Child sexual abuse has both short-term and long-term consequences – for the child and the family. Preventing sexual violation of children and offering professional support to children who have been abused is a huge challenge.

**Tejus Home** is a partnership between two NGOs- Dil Se and Birth for Change. Working with children, Dil Se came across abused, pregnant teenagers. These girls not only faced stigma and rejection by the family and the community; they had no place they could go to which would care for them adequately and appropriately. Dil Se felt called into action – and Tejus Home opened in November 2012. This home, with its caring environment, provides the girls a safe and nurturing place to live in during one of the most difficult times of their lives. Thanks to Birth for Change, the home offers the possibility of a healthy pregnancy, a natural delivery and the time to repair their bodies and mind following an often traumatic situation of abuse. Counseling support enables the girls to deal with the abuse, and not just survive, but thrive. As far as we know, Tejus Home is the only home in India, which is specifically for pregnant teens.

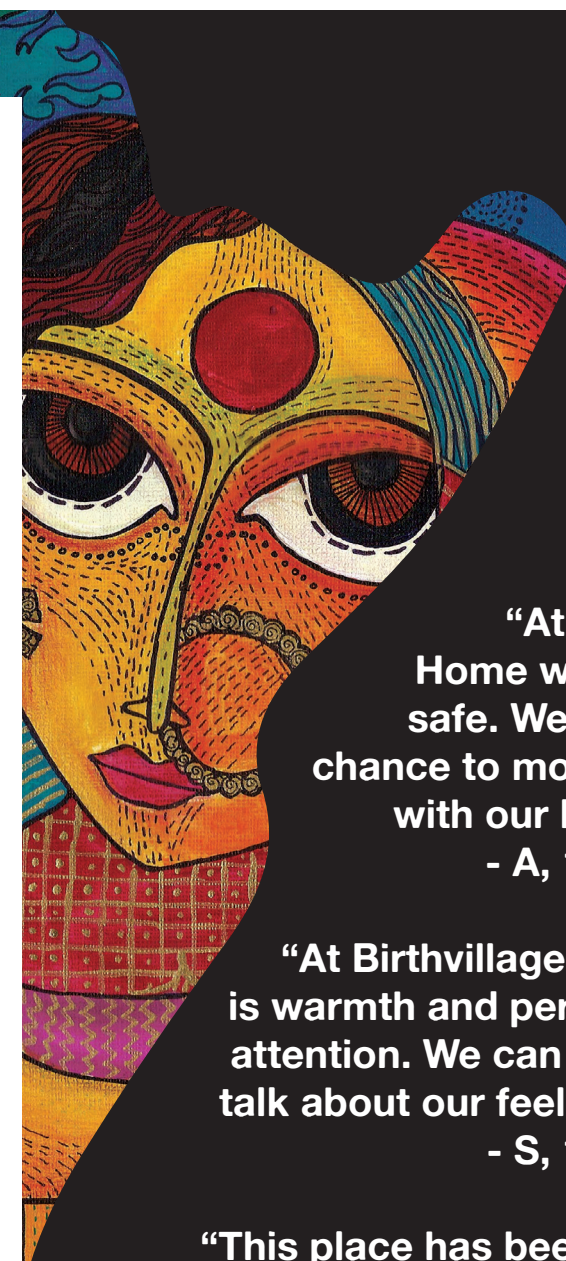
**Here are some of the services we offer:**

- Information and resources to help the girls make choices about their pregnancy, their baby, and their future.
- Encouragement to continue education during pregnancy and after birth.
- Birth preparation and education classes
- Individualized health care: prenatal, birth and postnatal care with a midwife.
- Legal Support
- Sexuality education.
- Life-skills training: self-confidence and self-esteem, assertiveness, finances, home management, gardening etc.

**Dil Se** is legally and financially responsible for the home. We are a registered non-profit organisation (reg.no. 28/9) based in Kochi, Kerala. Our main focus is on prevention and healing of child sexual abuse. In March 2016, we opened a Child Advocacy Centre which focuses on this issue. The girls from Tejus Home, as well as their families, get the necessary support and counselling from our specialized staff: social, legal and psychological.

**Birth for Change** is responsible for running Tejus Home. They are also responsible for the pre-natal care, the delivery and post-natal care of the girls in the home. Birth for Change is a social responsibility venture (reg. no.104/111/2012) created by Birthvillage Natural Birthing Centre. It was formed to respond to the need for quality, respectful maternal health care for all women and girls, in all sectors of the population. It is dedicated to educate, advocate and support to ensure that our young community gets back to life with renewed commitment.

*Tejus Home, protects, nurtures and empowers abused, pregnant teenagers.*



**“At Tejus Home we feel safe. We get a chance to move on with our lives.”**  
- A, 13 yrs

**“At Birthvillage there is warmth and personal attention. We can really talk about our feelings.”**  
- S, 17 yrs

**“This place has been like heaven compared to my earlier life.”**  
- D, 14 yrs