



VILLAGE REHABILITATION THERAPY CENTRE



RURAL AREA DEVELOPMENT TRUST(RUADT)

Thevaram Main Road, Sillamarathupatti
Bodinayakanur, Theni Dist



INTRODUCTION OF - VRTC

IN the Year 2008 discussion with Kadamalaikundu & Varusanadu Block village people and community based workers, a programme suitable for the community people in accordance with their rehabilitation needs was developed. As required, our programme can easily be replicated at multiple locations. Upon coordinating a program and schedule, the required health regulated professionals (Registered medical officer, physiotherapist, occupational therapist and special educator) will be assigned to the location(s).

A private room will be transformed into an on-site clinic vehicle, where clients will be able to come and receive their treatment. Our Professionals will provide all the required equipment and resources to carry out the treatment. Treatments are available for the durations of 20, 30, 45minutes . The mobile therapy vehicle covers 7 villages in Kadamalaikundu & Varusanadu Block. In mobile therapy clinic, around 2530 patients have benefited.

The beneficiary ratio varies each month as treatment is given not only to those with permanent disability but also to those with temporary disability. This programme carried 5 yrs and successfully completed intergraded with village welfare group.

Then we plan to serve Bodi block in the year 2014 with the block medical center support this is easy way to access the needy people. after a long discussion with the health authority and our community level voluntary workers ,we have to select oldest BMC in Bodi block is dompuchery Same way to continue the activity with the district authority support .

Every day morning our mobile therapy vehicle 9 am to 2.00pm Duty medical officer refer the therapy needed patient, based on the referral we continue the treatment . This way the programme continued and established 2 more centres in and around urban rural health centers.

1. VILLAGE REHABILITATION CENTRE, DOUMBUCHERRY

Location : Doumbuchery Govt. Block Health Centre, Doumbuchery, Theni Dist.

- Implementation : June 1st 2014
- No of cases Enrolled : 479
- Current Benefices : 25 to 30/Day
- Legal Registrations : District Collector's & health Dept Approval
No: 18085 / 2016



2.VILLAGE REHABILITATION & THERAPY CENTRE -VEERAPANDI

Location: Veerapandi Govt. Block Health Centre, Veerapandi, Theni Dist.

- ✖ Implementation : April 6th 2015
- ✖ No of cases Enrolled : 571
- ✖ Current Benefices : 25 to 30/Day
- ✖ Legal Registrations : District Collector's & health Dept
Approval No: 18085 / 2016



3.VILLAGE REHABILITATION CENTRE- BODINAYAKANUR

Location :Bodinayakanur Govt. Hospital, Bodinayakanur, Theni Dist.

- ✕ Implementation : August 8th 2016
- ✕ No of cases Enrolled : 485 Nos
- ✕ Current Benefices : 25 to 30/Days
- ✕ Legal Registrations : District Collector's & health Dept
Approval No: 18085/ 2016



TARGET GROUPS

- ❖ Old Age people.
- ❖ Children with Disability.
- ❖ Pregnant mothers.
- ❖ Musculoskeletal disorder patient.
- ❖ Road Traffic Accident patient.

Common condition to be Treat in Physiotherapy Department

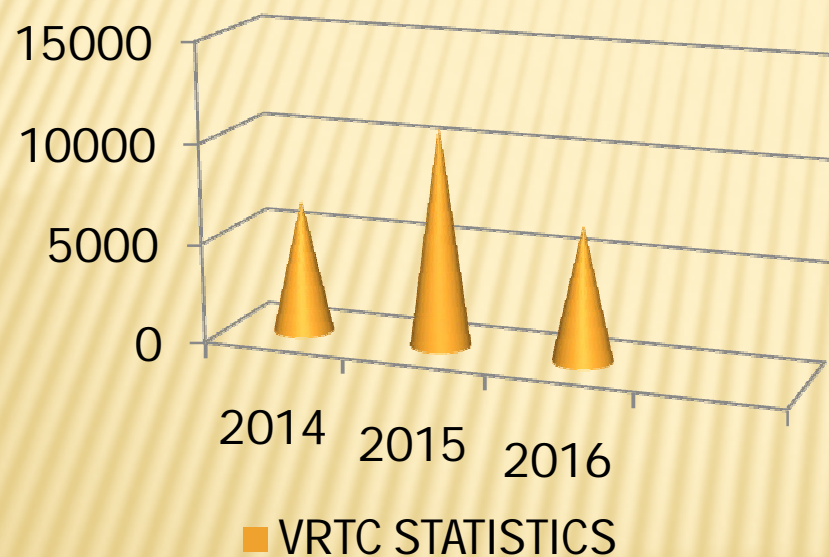
- ❖ Cerebral Palsy**
- ❖ Cerebrovascular accident (Brain Stroke)**
- ❖ Spinal cord injury**
- ❖ Peripheral Neuropathy.**
- ❖ Post operative Rehabilitation therapy.**
- ❖ Chest physiotherapy.**
- ❖ Anti natal & postnatal Exercise therapy.**
- ❖ Low Back Pain.**
- ❖ Knee Pain .**
- ❖ Neck pain.**
- ❖ Ankle pain .**

Common conditions to be treat in physiotherapy department -

- ❖ **Hip Pain .**
- ❖ **Shoulder pain .**
- ❖ **Diabetic Neuropathy.**
- ❖ **Heel pain .**
- ❖ **Sprain & STRAIN of the Musculoskeletal system.**
- ❖ **Delayed development children.**
- ❖ **Leprosy cured deformity correction.**
- ❖ **Stress Relief.**
- ❖ **RESPIRATORY DISORDERS.Etc**

SATISTICS OF VRTC CENTERS

VRTC STATISTICS



Dombuchery	2014	2015	2016 (April to September)
Total Beneficiary	6612	5318	2053
Veerapandi			
Total Beneficiary		5601	3252
Bodinayaknur			
Total Beneficiary			1367

BACKGROUND OF THE ORGANISATION



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Video for institution activity

- The Rural Area Development Trust (RUADT) is a voluntary social service organization exclusively working for the rehabilitation of differently-abled people. It was set up in the village of B. Dharmathupatti in 1991, with the mission of identifying needy differently-abled children in the surrounding areas (around 10 villages) through awareness about disability and its implications for affected families and individuals.
- RUADT started its work with only 17 physically challenged children in 1996 (91-93) done basic survey in the Bodi Block and 93 –96 formation of women community and creating awareness about woman rights), providing basic amenities like foods, clothes, free medical treatment, transport, physiotherapy, and surgery. All these services were provided on, the surveyed need basis and are aimed at enabling the children to participate in community life and attend formal schooling. In 1997,

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- An additional 619 individuals and their families were reached in another 28 villages with support from the CBR Forum, Bangalore.
 - In 1999, the Miriam Dean Trust, U.K supported the RUADT's differently-abled children programme, to which a programme for mentally challenged and Spastic Cerebral Palsy children was added, that included a strong focus on parents' participation.
 - In 2002, RUADT implemented the NPRPD (CBR) programme for the Department of Disabled Rehabilitation of the Government of Tamil Nadu in Bodinayakanur Block of Theni District. One MRW (Multi Rehabilitation Worker), 50 CBR employees, and 2,525 people with disabilities were involved in this programme.
 - In 2004, we implemented a Day Care Centre at Uthamapalayam named Manjari Day Care Centre.
 - The programme was supported by Nandri help for South India, Switzerland Home based rehabilitation programme was also supported by Nandri which opened doors for about 60 children.
 - RUADT started the Community Based Rehabilitation (CBR) Programme for persons with disabilities in rural areas. The programme was supported by German Doctor's Committee, Germany from 1997 to 2001, where 217 differently-abled persons (persons with disabilities including differently-abled children) were benefited by the CBR programme.

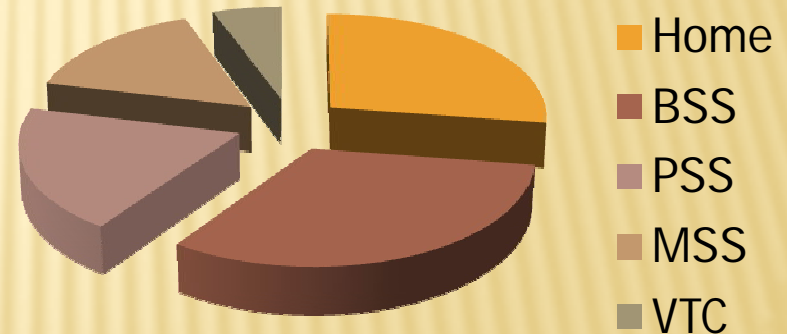
➤ In 2005, Kamarajar Day Care centre was established to identify the children aged 0- 6 years affected by brain damage and growth retardation. After identifying the children, the EIC Rehabilitation treatment plan was discussed with our rehabilitation professionals according to the impairment. The treatment of Early Intervention centre includes Physiotherapy, Occupational therapy, Special Education, Sensory integration and Play Therapy.

➤ In 2008, we replaced Kamarajar Day Care Centre to Pushparani Children's Village which became permanent now. The Early intervention centre capacitates 50 – 65 children. The therapy treatments, food and transportation charges are provided free of cost. Now the centre is elevated to special school and vocational training centre. Rural Area Development Trust is emerging to become a strong foundation with the help of our Board of Governors, reliable Donors, dedicated rehabilitation professionals, Caretakers, Well-wishers' and Parents.

RUADT PROJECT STATISTICS - IBR

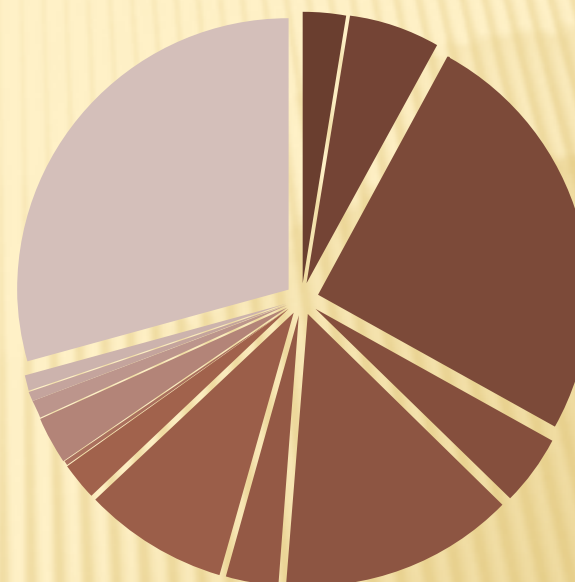
Project (Years)	Home (HCP)	BSS & DMC	PSS (KDM C)	MSS & DMC	VTC
2006	100	76	40	45	-
2007	100	82	40	45	-
2008	100	81	42	38	-
2009	100	84	45	36	-
2010	75	90	45	35	-
2011	49	99	53	32	-
2012	44	96	51	30	-
2013	43	71	53	30	38
2014	37	74	47	34	35
2015	40	60	54	34	35
2016	41	46	41	54	41

RUADT PROJECT STATISTICS -IBR



RUADT PROJECT STATISTICS -CBR

Sl.No	Project	Total No. of Beneficiaries
1	CBR	219
2	ECBR	468
3	NPRPD	2175
4	SSA – IED	367
5	Vazhnthu Kattuvom	1205
6	SAMARTH	272
7	Nirmaya Health Insurance	742
8	Thenkoodu	192 Nos
9	CAPART	25 (Groups)
10	Badhte Kadam	240
11	Nagajothi Corrective Surgery	89
12	Mothers Training Programme	44
13	Rural Housing for Disabled	83
14	MTC	2530



- CBR
- ECBR
- NPRPD
- SSA- IED
- VAZHNTU KATTUVOM
- SAMARTH
- NIRMAYA
- THENKODU
- CAPART
- BADHTE KADAM
- NAGAJOTHI
- MOTHERS TRAINING
- RURAL HOUSING