

Community Health Worker Empowerment Programme, ACELP, Karachi March 2023

ACELP is a voluntary organisation in Karachi working for over 30 years for the welfare of children with developmental delays. It provides diagnostics, special education, therapies, and vocational training.

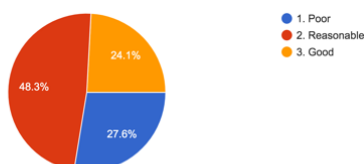
In October 2020, MAITS trained four therapists from the organisation on the Community Health Worker Empowerment programme. Following this, the trainees trained 15 CHWs, who in turn visited nearly 60 families in the local community. Over the course of a year, the CHWs with the help of the ACELP therapists submitted feedback from their visits to these families in order for MAITS to monitor the effect of the programme.

The majority of the children visited were aged 2-12 (62%), 2 were toddlers, the rest were teenagers.

On the first visit, the CHW filled in the baseline report. Below the baseline information is used comparatively against future visits. The CHW visited the families frequently over the course of the year, providing feedback to MAITS every quarter.

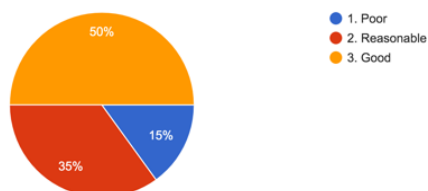
Baseline visit: Asking parents about the child's health compared to other children.

Ask parents about the child's health compared to other children
58 responses



Final visit:

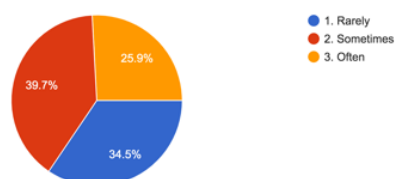
Ask parents about the child's health compared to other children
20 responses



The general health of the children visited seems to have improved.

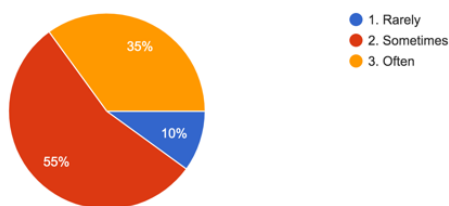
Baseline: Parents were asked how much the child participates in social activities.

Ask parents how much the child participates in social activities
58 responses



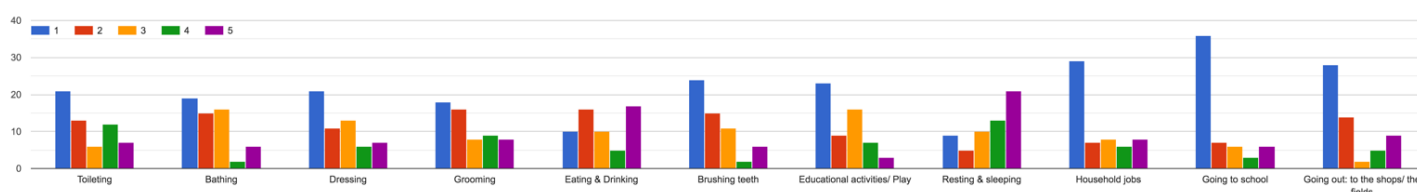
By the final visit, this had improved by 10%

Ask parents how much the child participates in social activities
20 responses



Baseline

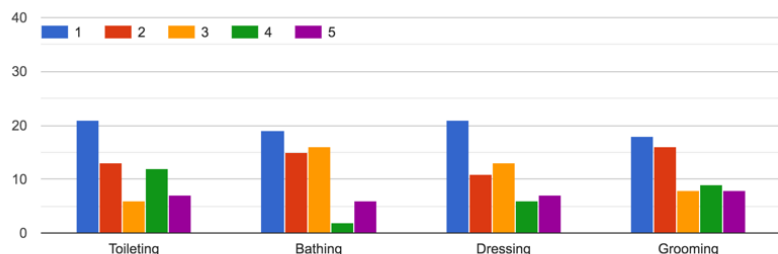
Ask the parent, and child if possible: "How well is your child managing in the following?"



From the baseline reports, we can see that toileting, brushing teeth, dressing and bathing were a particular area of improvement for this group.

Toileting

Ask the parent, and child if possible: "How well is your child managing in the following?"



(1 = very poor, 5 = independent)

1 – 21

2 – 13

3 – 6

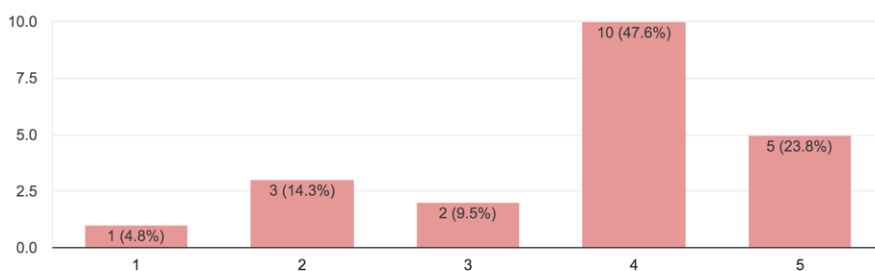
4 – 12

5 – 7

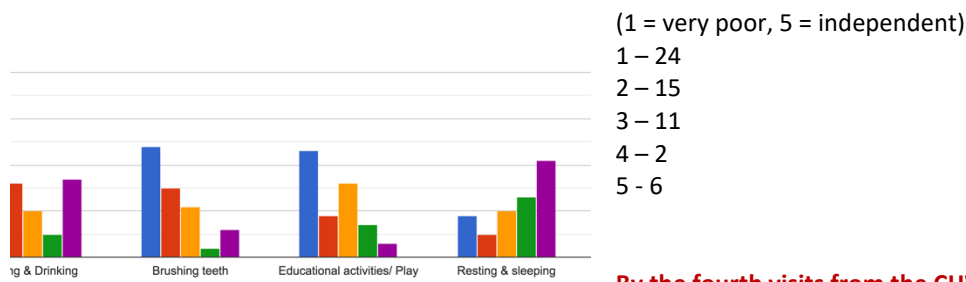
Toileting was one of the areas that most families were struggling with. After the visits from the CHWs, 76% of families had seen an improvement in this area.

How is your child managing now?

21 responses

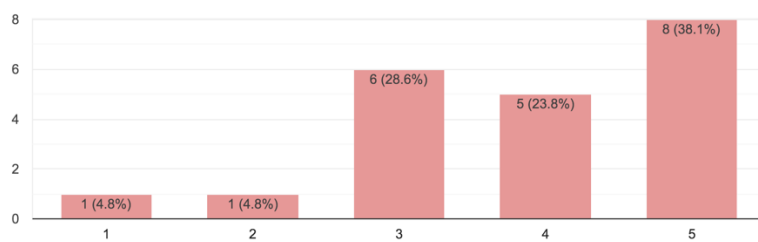


Brushing Teeth



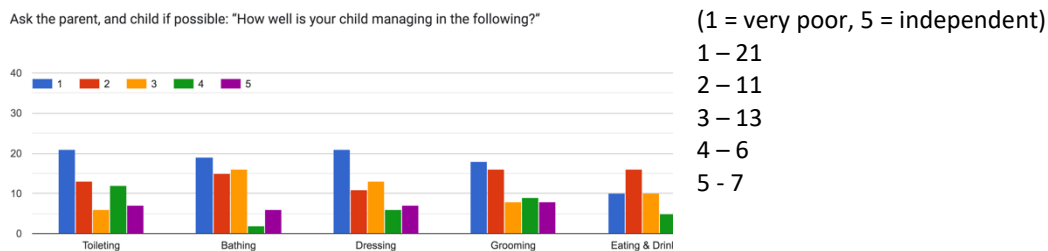
How is your child managing now?

21 responses



Dressing

Ask the parent, and child if possible: "How well is your child managing in the following?"



57% had seen an improvement on the final visit from the CHWs.

How is your child managing now?

21 responses

