# **SERVICES**

### 1. Clinical care, encompassing:

- Home visits
- Hospital visits
- Community clinics
- Rural outreach
- Children and Adults

### 2. Counselling and psychosocial support, including:

- One-on-one counselling
- Family counselling and support
- Trauma debriefing (including EMDR trauma therapy)
- Support groups (widows, bereaved parents, LGBTI, bereaved children, young carers programs, etc)

### 3. Training and capacity building, including but not limited to:

- Health professionals (all professionals, all levels)
- Guardians and foster families
- Faith spiritual leaders (churches and traditional healers)
- Alternative medicine practitioners
- Community leaders and community members



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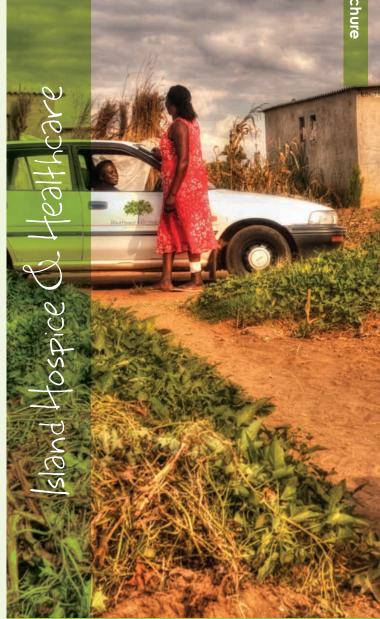


Opening Hours: Monday - Friday 8:00am - 4:00pm (After Hours Please Call: +263 78 5000 539)

For more information visit us at Head Office 6 Natal Road, Belgravia, Harare or email us: enquiries@islandhospice.co.zw or call us on Tel: +263 4 701 674/7

Mutare Hospice Address 1 Arcadia Road, Jason Moyo street, Mutare. or email us: hospice@comone.co.zw or call us on Tel: +263 20 63161

or visit our website: www.lslandhospice.care





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Impact

# sland Hospice & Healthcare

### CARE

At Island Hospice and Healthcare, we believe that our first duty is to care. In palliative care, we believe that care should go beyond cure.

For more than 35 years, we have been caring for those who are facing some of the most difficult times of their lives; whether it is chronic illness, a sudden death, or a traumatic event.

Being faced with the diagnosis of a life-threatening illness can be overwhelming for both the patient and the family. Island can help with both courselling and clinical intervention. We can help talk through the options and plan for the days ahead.

We have expertise in managing the pain and symptoms of serious illness.

Bereavement is something which most of us have to face at some point in our lives. Whether this is anticipated or unexpected, it can have a profound effect on the grieving family and friends. Our trained professionals have dealt with a wide range of bereavement situations and are ready to help you with your unique circumstances.

## IMPACT

Island Hospice and Healthcare is a registered Private Voluntary Organisation (PVO number W.O 27/79) working in palliative and bereavement care. Although we operate mainly in Zimbabwe, we have trained public and private healthcare providers as far afield as Namibia, Zambia, Botswana, Kenya and South Africa. In addition, we have hosted international palliative care providers from Australia, North America and Europe.

While we had at one time 11 sattelite sites within Zimbabwe, we now operate with a network of carers in Mutare, Marondera and Goromonzi. We've trained thousands of health professionals and home-based caregivers.

Our programme work covers a wide range of interventions, including bereaved children's workshops, widows support groups, and health professionals training and mentorship.

We have a professionally staffed monitoring and evaluation department that ensures our reporting is meticulous and our books are audited annually by a professional audit firm

### COMPASSION

At the heart of everything we do, is compassion. Palliative and bereavement care is born out of the fervent belief that there is never "nothing we can do". When all attempts at curative care have failed, there is still a reason to care. We believe that human dignity and value are due to all of us for as long as we live, even to the very end of a life.

When someone has died, Island cares for those who are affected by the impact of that loss.

At Island, we believe that pain is more than just physical; it can be emotional, spiritual, psychological and social. We also believe that with our multi-disciplinary teams working together with families and communities we can help to significantly reduce suffering and manage pain.

