



Youth mentoring programs have a profound effect on the quality of life for 'at-risk' identified children everywhere. Mentored kids are significantly *less* likely than their peers to use illegal drugs or alcohol, skip school or be welfare dependent as adults. In addition, these children were significantly *more* likely to graduate from high school and from a college or university.

You probably also know that LGBT youth are at higher risk than their peers. All too often, LGBT youth are met with harassment and violence at home, at school, and in the community at large.

That can lead to significantly higher rates of substance abuse, suicide attempts and completions; truancy; school drop-outs; running away and homelessness. The **True Colors Mentoring Program** brings the benefits of mentoring to lesbian, gay, bisexual and transgender (LGBT) youth across Connecticut.

HERE'S HOW YOU CAN HELP in TWO EASY STEPS!

True Colors' focuses our holiday efforts on helping our young people make new and very special memories. For many, the holidays are especially difficult – everyone's talking about 'family' and they have been rejected by theirs... When people donate tickets to activities, the youth and their mentor get to do something unique and special.

- 1) **PURCHASE 2 OR MORE TICKETS TO ANY ACTIVITY IN CONNECTICUT**
(some ideas are below for your convenience, but feel free to be creative!)
- 2) **MAIL THEM TO: True Colors, Donate a Memory Program,**
30 Arbor Street, Suite 201A, Hartford, CT 06106

- Laser Tag: <https://www.laserquest.com/ct-newington/> (860) 666-2097
\$10 - \$25 per person
- Pottery Piazza: <http://www.thepotterypiazza.net/> (860) 517-8553
\$26 per person (all inclusive)
- Stone Rock Wall: <http://www.stoneagerockgym.com/> (860) 645-0015
\$15.25 per person (day pass)
- Mystic Aquarium: <http://www.mysticaquarium.org/> (860) 572-5955
Prices vary based on day between \$30 and \$40 with slightly lower prices for youth
- Wallingford On Track Karting: <http://www.ontrackkarting.com/> (203) 626-0464.
\$24.00 per person per ride
- Shubert Theater: (New Haven) <https://shubert.com/> Prices vary by show
- Theater Works: (Hartford) <https://www.theaterworkshartford.org/> Prices vary by show
- Hartford Stage: (Hartford): <https://www.hartfordstage.org/> Prices vary by show