

# **Progress on Solar Cooking in Haiti**

# United Nations High Level Political Forum July 2022

David Stillman, PhD Executive Director, PPAF

www.ppafoundation.org















Instructions: Open file, save as \*new file\* with today's date in file name; do NOT overwrite blank file

					SOL	AR COOKER DATA SHEET						
Date		We	ather		Cost	Food Cooked	Start	End		Re	sults	
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		ੴ	$\langle \rangle$		Gourdes	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	//////	//////	$\odot$	$\odot$		People Fed
22-Jun-22	x				650 gdes	Boiled Bananas with Malanga and Fish Sauce	8:50	10:20	x			7
WHO PREPAR	RED TH	E DAT	A SHEET	Γ- Fed	no Lubin							
NAME OF THE SOLAR COOK					ines.2 _X_	(We used wo cookers) Solav	ore	uroe _	_ Oth	er		
CITY/ TOWN				Jacı								
USUAL FUEL - ESTIMATED F			-	_	. –		Today - O GOU	•	1			
ESTIMATED N	MONEY	SAVED	D BY SO	LAR CO	OKING IN	THIS TEST200 GOURD		ın for the	e test.			
	nanas, nes , Oi	, 2 Mala ne big t	angas ,	Some sa		vinegar to keep the Bananas cl r, 1 onion , Oil , Spice , pasta , l						
ister Francia ishes with th	laced t cleane e spice	wo Hai d the f and al	ines # 2 ishes a II the ot	in the s nd wash ther ing	sun - My o ned them. redients.	old one and my little brother's r I peeled the Bananas and the I And I cleaned and washed the nd the rest each in their own So	Malanga Bananas	s. Third with th	of all s	he sea	soned	the
	nga coi	•				m 8:50 to 10:20 ( 8:50 to 9:30 t orgot them in the sun. When I						
	The Fis	sh sauc	•	•		oictures and shared the food wi ras very delicious.	th every	one. Th	e food	was d	one	

# SOUPE JOUMOU









### Ingredients:

- 1/2 Large Joumou (Giromon squash)
- 5 Carrots
- 2 Yams
- 4 Malangas
- 1 Small Cabbage
- 3 Leeks
- 2 Militons
- 2 Turnips

Some Goat meat

1 Small Bag of Macaroni

Spice

Maggi powder

Butter Salt

Time: 3hr 51 min Serves: 4 persons

#### Directions:

- 1. Put the water on to heat in the solar cooker.
- 2. Wash and peel the vegetables.
- Cut the vegetables and goat meat into bite size pieces.
- 4. Add journou to pot and begin cooking.
- Add the rest of the vegetables, goat meat, and pasta to pot along with seasoning.
- Simmer until meat is fully cooked and vegetables and pasta are tender.
- 7. Adjust seasoning to taste.
- 8. Allow the dish to cool before serving.

This is the traditional Haitian dish enjoyed on Independence Day, January 1st!

Credits: Photos & reporting, Fedno LUBIN Cook, Sourette TIDA

## CHICKEN IN TOMATO SAUCE









#### Ingredients

8 small pieces of Chicken

Tomato Ketchup

Tomato Paste

2 Bunches of Green Onions

3 Limes

1 Large Green Bell Pepper

1 Packet of Mayonnaise

1 Packet of Sazon

Maggi

Maggi powder

Mustard

Salt

Oil

Vinegar

8 oz. Water

Time: 1hr 40min

Serves: 4 persons

#### Directions:

- 1. Clean the chicken and rub with limes.
- At the same time boil 4 Oz of the water with some spice for 40 minutes.
- 3. Cut the onion and bell pepper
- With more lime juice soak the chicken in the boiled spicy water.
- 5. Mix all the ingredients in with the chicken.
- 6. Add the other 4 Oz of water.
- Cook for about 1 hour until done.

Credits: Photos & reporting, Fedno LUBIN Cook, Sourette TIDA

# PPAF - User Questionnaire erinobrien92@gmail.com (not shared) Switch account $\odot$ \* Required For the Surveyor To Answer SURVEYOR - What is your name? (Title, Given Name, Family Name) \* $\Box$ Your answer SURVEYOR - What is your contact information? (Phone, WhatsApp, Email) \* Your answer What date and time is it now? \* Date Time mm/dd/yyyy □ : AM ▼ What is your location? City, Town, Country \* Your answer

## PPAF Solar Needs Questionnaire

This survey is intended for gathering data to assess community need and expressed desire for solar cooking. This survey is based on a survey by the Food and Agriculture Organization (FAO) of the United Nations and should be conducted before the start of a project to help identify and select communities and households for solar cooking.

Goal of assessment: to determine if solar cooking is an expressed, felt need by the residents in a household, community, refugee or internally displaced persons (IDP) settlement

Instructions to person conducting the survey:

- Interview the primary cook in the household
- Give a brief description of solar cooking (a technology that captures free solar energy for cooking and making water safe to drink)
- Let the respondent know that decisions regarding the solar cooker project, location, and selected participants will be based on many factors. Therefore, respondents are requested to answer these questions as honestly as possible.

S	urveyor's name *
	hort answer text
S	urveyor's contact information *
	hort answer text
С	ook's name *
	hort answer text
_	ook's contact information *
C	ook's contact information
SI	hort answer text









David Stillman PhD Executive Director

Tel in USA: +1-914-924-0108

ppafoundation@gmail.com

www.ppafoundation.org