



UBGA

Project Report

Provide health services in Mexico
December 01 – March 31, 2026



www.ubga.org.mx

**#AMORPOR
#MÉXICO**



Bringing **health**
to those who
need it the most!



About us

We are a civil association with 20 years of experience, a national and foreign authorized donor, seeking national and international funds to develop aid programmes for the betterment of our society.

What we do

We provide humanitarian health and education assistance to the entire population living in vulnerable communities with high and very high levels of marginalization.

Get to know us: 

Who **we are**

We are people who share our training, professional vocation, and social responsibility to contribute to the improvement of our society.



We work in **alliance** with:



GlobalGiving

**Special thanks for
your generosity!**

We bring **health**

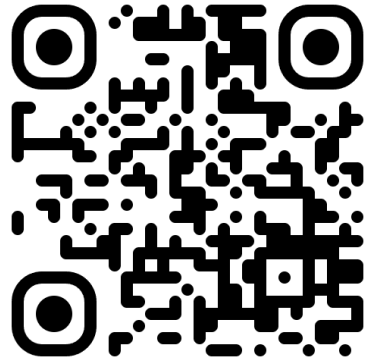
LOVE FOR MEXICO

15 states
and counting...

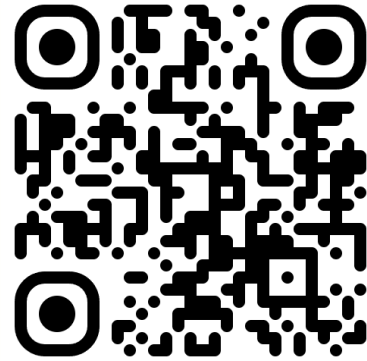
With **your support**,
we will go further



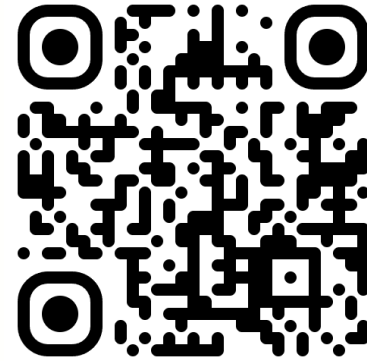
Testimonials



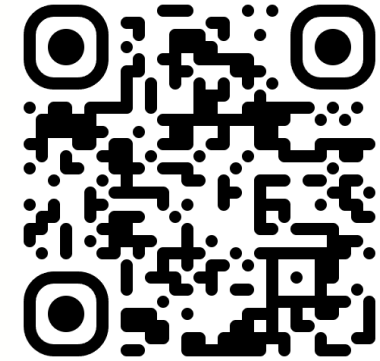
Patria Primary School,
Second Section,
Zacatelco, Tlaxcala



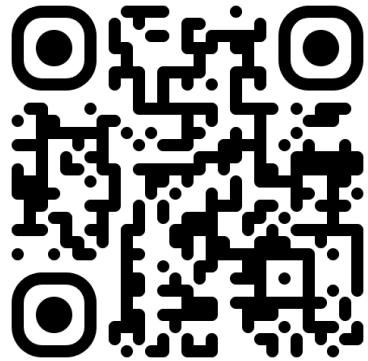
San Miguel
neighborhood, San Pablo
del Monte, Tlaxcala



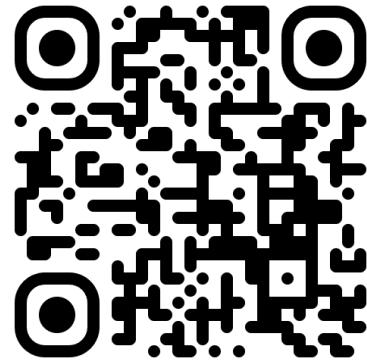
San Miguel
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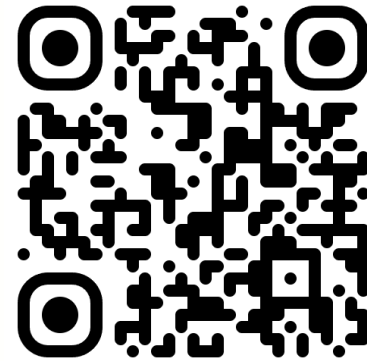
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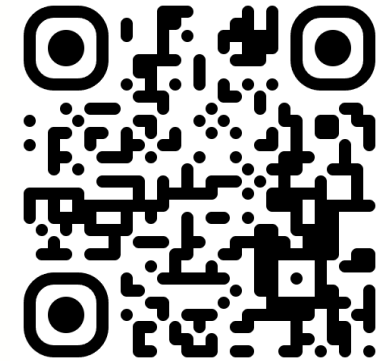
Patria Primary School,
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San Miguel
neighborhood, San Pablo
Del Monte, Tlaxcala



Patria Primary School,
Second Section,
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Epidemic Preparedness Day



International Epidemic Preparedness Day seeks to raise awareness about the importance of prevention, preparedness, and timely response to health emergencies that can put the health of the population and the well-being of communities at risk.

At Un Buen Grupo de Amigos, we are aware that early care and prevention are essential to reducing the impact of potential outbreaks. Through our Free Medical Care Days, we contribute to strengthening community health by promoting access to medical services and timely detection.

Our Impact

The Free Medical Care Days through Mobile Medical Units in the month of **December** attended to **6,500** people in **5 states** of Mexico.

Campeche

801	Family medical consultations
1,265	Dental interventions
211	Ultrasound and electrocardiograms
58	Breast cancer screenings

Chiapas

634	Family medical consultations
1,310	Dental interventions
86	Ultrasound and electrocardiograms

Puebla

584	Family medical consultations
3,788	Dental interventions
60	Ultrasound and electrocardiograms

Veracruz

1,148	Family medical consultations
477	Dental interventions
84	Ultrasound and electrocardiograms

Tabasco

2,341	Family medical consultations
3,573	Dental interventions
452	Ultrasound and electrocardiograms
501	Breast cancer screenings

December

Recognition of our **#LOVE FOR MEXICO**



“I **can't always afford a consultation**, and here they treated me very well. I'm **grateful** for your **help**” **Karla P.**
(Name assigned to protect patient's privacy)



“**Thank you** very much for **helping us**. You take very good care of us” **Pablo I.**
(Name assigned to protect patient's privacy)

January

2026: A new beginning to continue making a difference



2026 opens the door to new beginnings and more opportunities to change realities. Each new year is an invitation to bring hope and medical care to communities in Mexico that need it most.

Through our Free Healthcare Days, we continue to provide medical and dental consultations, diagnostic tests, medications, and health promotion workshops.

None of this would be possible without your support. Thank you for being part of this #LoveForMexico and for helping us continue to transform lives.

Our Impact

The Free Medical Care Days through Mobile Medical Units in the month of **January** attended **to 8,474 people** in **5 states** of Mexico.

Campeche

952	Family medical consultations
1,500	Dental interventions
233	Ultrasound and electrocardiograms
101	Breast cancer screenings

Chiapas

952	Family medical consultations
1,623	Dental interventions
87	Ultrasound and electrocardiograms

Puebla

1,056	Family medical consultations
2,810	Dental interventions
54	Ultrasound and electrocardiograms

Tlaxcala

3,790	Dental interventions
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Tabasco

3,973	Family medical consultations
4,458	Dental interventions
313	Ultrasound and electrocardiograms
259	Breast cancer screenings

January

Recognition of our

#LOVE FOR
#MEXICO



“**Thank you** so much for coming. **It meant a lot** to us” **Carmen P.**

(Name assigned to protect patient's privacy)



“Thank you for your help and for **treating us** so kindly” **Pablo I.**

(Name assigned to protect patient's privacy)

February

World Cancer Day



On World Cancer Day, we are reminded of the importance of prevention, education, and early detection in saving lives. Often, a timely diagnosis can make all the difference and enable more effective treatments.

At Un Buen Grupo de Amigos, we know that access to medical checkups and health services is essential. That is why we work to bring preventive healthcare to more communities and promote responsible health care.

Our Impact

The Free Medical Care Days through Mobile Medical Units in the month of **February** attended to **8,131** people in **6 states** of Mexico.

Campeche

952	Family medical consultations
1,580	Dental interventions
200	Ultrasound and electrocardiograms
110	Breast cancer screenings

Chiapas

1,014	Family medical consultations
1,595	Dental interventions
75	Ultrasound and electrocardiograms

Puebla

144	Family medical consultations
349	Dental interventions
14	Ultrasound and electrocardiograms

Tlaxcala

3,502	Dental interventions
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Tabasco

3,218	Family medical consultations
3,405	Dental interventions
362	Ultrasound and electrocardiograms
628	Breast cancer screenings

Morelos

911	Family medical consultations
1,783	Dental interventions
65	Ultrasound and electrocardiograms

February

Recognition of our

**#LOVE FOR
#MEXICO**



“We really appreciate you coming. **Your visit meant a lot to us**” Rosa M.

(Name assigned to protect patient's privacy)



“A lot of the time **we can't afford to see a doctor. Thank you** so much **for coming** to help us” José L.

(Name assigned to protect patient's privacy)

Oral Health: The Key to Quality of Life



March 20 marks World Oral Health Day, a day that invites us to reflect on the importance of taking care of our oral health as a fundamental part of our overall well-being. Oral health directly influences our ability to speak, smile, and eat properly, significantly impacting people's quality of life.

At Un Buen Grupo de Amigos, we recognize the importance of oral health in daily life. That is why, through our medical outreach programs and community initiatives, we promote prevention, oral hygiene education, and access to healthcare services—especially in communities that need it most—thereby contributing to comprehensive and timely care.

Our Impact

The Free Medical Care Days through Mobile Medical Units in the month of **March** attended to **8,851** people in **6 states** of Mexico.

Campeche

1,062	Family medical consultations
1,772	Dental interventions
284	Ultrasound and electrocardiograms
173	Breast cancer screenings

Chiapas

1,112	Family medical consultations
1,639	Dental interventions
88	Ultrasound and electrocardiograms

Veracruz

466	Family medical consultations
643	Dental interventions
41	Ultrasound and electrocardiograms

Tlaxcala

188	Family medical consultations
4,723	Dental interventions
21	Ultrasound and electrocardiograms

Tabasco

2,983	Family medical consultations
3,346	Dental interventions
490	Ultrasound and electrocardiograms
890	Breast cancer screenings

Morelos

669	Family medical consultations
1,359	Dental interventions
52	Ultrasound and electrocardiograms

March

Recognition of our

#LOVE FOR
#MEXICO



“Thank you for coming. We look forward to seeing you soon” **Maria L.**

(Name assigned to protect patient's privacy)



“We don't have much money, but they help us and treat us with respect. I feel grateful.” **Juan P.**

(Name assigned to protect patient's privacy)

Be part of our **mission**



If you are looking for a way to make a real difference in the lives of vulnerable communities in Mexico, we invite you to consider donating to our free medical care days. Your contribution can make a significant impact on the health of each individual. Make a donation through our website: www.ubga.org.mx/donations, or make a DIRECT donation with the reference:

Name: UN BUEN GRUPO DE AMIGOS, A.C.

Clabe: 012650001990359826

Account number: 0199035982

Bank: BBVA Bancomer

SWIFT/BIC: BCMRMXMMPYM

(International deposits)

If you reside abroad, you can make a direct donation using the **SWIFT/BIC** reference provided above, or through the GlobalGiving platform to obtain your tax-deductible receipt.


Thank you

Your donation has made it possible for us to **continue providing medical assistance to our communities.**

Your support has been essential in improving the health and well-being of those who need it the most.

Thank you again for **making a difference in Mexico!**

Contact us:

 contacto@ubga.org.mx



UBGA FOUNDATION



CERTIFIED
ID: TC7162-5416



**INSTITUCIONALIDAD
Y TRANSPARENCIA**
Cemefi



SECRETARÍA
SALUD
SERVICIOS DE SALUD DEL
ESTADO DE PUEBLA
GOBIERNO DE PROGRESOS



**DIARIO OFICIAL
DE LA FEDERACION**

ORGANO DEL GOBIERNO CONSTITUCIONAL DE LOS ESTADOS UNIDOS MEXICANOS

Authorized national
and international
donee (January 9,
2026)



Certifications and authorizations

We have both national and international
accreditations.

