



EXECUTIVE REPORT OF THE ACTIVITIES CARRIED OUT BY “UN BUEN GRUPO DE AMIGOS, A.C.” AT THE DAYS OF FREE MEDICAL HEALTH SERVICES



FROM NOV 24 2018 TO FEB 16 2019



REPORT OF THE ACTIVITIES CARRIED OUT BY THE SPECIAL MOBILE MEDICAL UNIT (MMU), CORRESPONDING FROM NOV 24 2018 TO FEB 16 2019

Locations served by the Mobile Medical Unit (UMM)		
State	Municipality	Localities
Puebla	Atlixco	San Jerónimo Coyula
Puebla	Tochimilco	San Miguel Tecuanipan

CONCENTRATE OF ACTIVITIES

Accumulated productivity		
No.	Diagnosis	Cumulative total
1	Medical consultations	50
2	Dental interventions	350
3	Diabetes detection	72
4	Cholesterol detections	52
5	Detection of hypertension	120
6	Breast cancer detection	16
7	Ultrasound to pregnant women	4
8	Pelvic ultrasound	4
9	Electrocardiograms	2
10	Health self-care workshops	6
11	People trained in self-care for health	50
	Total Free Health Services	726



Detail of dental interventions		
No.	Dental intervention	Total
1	Prophylaxis	83
2	Topical application of fluoride	48
3	Amalgams	4
4	Sealing of dental phosets and fissures	13
5	Caries filling	32
6	Elimination of infection focus	6
7	Exodus	18
8	Detection of dentobacterial plaque	73
9	Brushing techniques	73
	Total	350



OBSERVACIONES DE LA OPERACIÓN DE LA UMM

1. The results expressed correspond to the date of operation of the MMU from November 24, 2018 to February 16, 2019 (Saturday 24– Saturday 16).
2. The Mobile Medical Unit of Un Buen Grupo de Amigos, A.C. toured the municipalities of Atlixco and Tochimilco, of the State of Puebla. The Mobile Medical Unit offered health services of first and second level of medical care, dental interventions, dental prostheses, electrocardiography, ultrasonography, physical rehabilitation, dental prostheses, as well as the delivery of complete treatments (medications) to patients attended and orthoses as they are wheelchairs, walking sticks and walkers, to those who requested it and justified the use of them.
3. The Foundation carried out an intense humanitarian work with its own team of doctors, dentists, nurses and health promoters.
4. The team of the Special Mobile Medical Unit was integrated by health professionals who voluntarily provide their services in the Mobile Medical Unit. The volunteers come from different States of the Mexican Republic, such as Veracruz, Puebla, Tamaulipas, Oaxaca and Tabasco. Likewise, the professional team of the Foundation was integrated, such as the General Coordinating Physician, Dentist, General Coordinator, Supervisor, Multipurpose Operator and other administrative team that strengthens with his work the realization of the Free Medical Attention Days, daily.
5. With the importance of joining forces and bringing more health services to places of very high marginalization, institutions such as the Benemérita Autonomous University of Puebla (BUAP) specifically its Faculty of Nursing, Medicine and Stomatology; the Popular Autonomous University of the State of Puebla (UPAEP), the Mexican Center of Stomatology (CME), and the Aztec Volunteer of the University of the Americas-Puebla, joined the Free Medical Attention Days, maximizing the benefit to the population in a highly vulnerable state.
6. The Foundation provided home medical consultation to patients whose serious state of health should be at absolute rest. For medical care, a basic team, made up of a doctor, a nurse and a health promoter, traveled to the home with medical equipment, nursing and medicines. The objective is to provide an integral, professional and very human service.
7. The selection and programming of locations was carried out in coordination with local authorities and institutions that joined this Day, with the intention of sending the health service to areas that were strongly affected by the earthquakes of last September of



2017, as well as as of localities whose poverty index is high, according to recent reports of the National Council for the Evaluation of Social Development Policy (CONEVAL).

8. The Mobile Medical Unit (MMU) used legal medical stationery in compliance with official health standards.
9. We observed the social phenomenon that the people of the attended localities did not go to their clinic of adscription, because the number of files is insufficient to be able to attend to the whole population, besides that the dental attention is null, or that the hospitals that the they offer are far from your municipality.
10. The Mobile Medical Unit (MMU) used legal medical stationery in compliance with official health standards.
11. It was identified that the majority of the inhabitants do not attend private services because the services have a high price and in some of them they have had bad experiences of attention; One example of this was that during the Medical Attention Day, cases of outbreaks of oral infection were identified due to bad practices at the time when the patients came with the services of particular attention in their community.
12. The residents preferred the proximity of the Mobile Medical Unit (MMU). This group of people, sought medical attention from the early hours of the day highlighting the fact that we attended people from other locations different to where the MMU was established.
13. The response of the population was positive, this because complete treatments were provided, since the people of the community were not receiving their treatment drugs to chronic diseases because of the conditions that prevailed due to the tremors.
14. The supply of prescriptions prescribed by doctors and dentists, was 100%, since the complete treatments were given and totally free.
15. The demand for services was met 100% with specialized equipment such as ultrasound, dental x-ray and electrocardiograph.
16. In order to promote good health habits in the population attended, in the work days of the MMU, the strategy of health promotion was developed, where while the population waited for their turn of attention and people who no longer reached to be attended by shift assigned to consultation, they were given workshops on self-care to health.



17. As measures to prevent the Zika disease, through medical consultation and health promotion workshops, people were recommended to wear long sleeves and trousers, to protect exposed body parts. The descacharrización and other sources of reproduction of the mosquito "Aedes Aegypti" were promoted.
18. With the support of the local authorities, the volunteer team of doctors and MMU operatives were able to feed themselves and, in some occasions, spend the night in facilities assigned by the authorities in order to safeguard the safety of the equipment, thus prolonging the service in the locality.
19. With the support of civil society organizations, universities and individuals, it was possible to collect medicines, medical supplies and healing, which made it possible for humanitarian aid to reach more people.



PHOTOGRAPHIC WITNESS SAN JERÓNIMO COYULA, ATLIXCO, PUEBLA



SAN MIGUEL TECUANIPAN, TOCHIMILCO, PUEBLA

