



EXECUTIVE REPORT OF THE ACTIVITIES CARRIED OUT BY “UN BUEN GRUPO DE AMIGOS, A.C.” AT THE DAYS OF FREE MEDICAL HEALTH SERVICES



**FROM JANUARY 6TH, 2020 TO JUNE
4TH, 2020**



REPORT OF THE ACTIVITIES CARRIED OUT BY THE SPECIAL MOBILE MEDICAL UNIT (MMU), CORRESPONDING FROM JANUARY 6TH, 2020 TO JUNE 4TH, 2020

Locations served by the Mobile Medical Unit (UMM)		
State	Municipality	Localities
Puebla	Jolalpan	Jolalpan
Puebla	Tehuizingo	Tehuizingo

CONCENTRATE OF ACTIVITIES

No.	Diagnosis	Accumulated total
1	Medical consultations	356
2	Dental interventions	653
3	Dental patients	146
4	Diabetes detection	288
5	Cholesterol detection	288
6	Triglycerides	288
7	Blood Pressure	288
8	Ultrasounds	72
9	Electrocardiograms	70
10	Delivery of orthosis	5
11	Health self-care workshops	32
12	People trained in self-care for health	356
13	Total Free Medical Treatments	242



OPERATING OBSERVATIONS OF THE UMM

1. The results expressed correspond to the date of operation of the MMU from January 6 to June 4, 2020.
2. The Mobile Medical Unit of a Good Group of Friends, A.C. provided health services in the municipality of Tehuizingo and the municipality of Jolalpan, in the State of Puebla. The Mobile Medical Unit offered health services of first and second level of medical care, dental interventions, electrocardiography, ultrasonography, as well as the delivery of complete treatments (medications) to patients attended and orthoses as wheelchairs, walking sticks and walkers, to those who requested it and justified the use of them.
3. The Foundation carried out an intense humanitarian work with its own team of doctors, dentists, nurses and health promoters.
4. The team of the Special Mobile Medical Unit was integrated by health professionals who voluntarily provide their services in the Mobile Medical Unit. The volunteers come from different States of the Mexican Republic, such as Hidalgo, Puebla and Oaxaca. Likewise, the professional team of the Foundation was integrated, such as the General Coordinating Physician, Dentist, General Coordinator, Supervisor, Multipurpose Operator and other administrative team that strengthens with his work the realization of the Free Medical Attention Days, daily.
5. With the importance of joining forces and bringing more health services to places of very high marginalization, the University of the Valley of Puebla (UVP) and the Popular Autonomous University of the State of Puebla (UPAEP), joined the Free Medical Attention Days, as well as Caritas de Puebla, Servicios Caritativos SUD, A.C., Estrella Roja Puebla and Majocca Foundation maximizing the benefit to the population in a highly vulnerable state.
6. The Foundation provided home medical consultation to patients whose serious state of health should be at absolute rest. For medical care, a basic team, made up of a doctor, a nurse and a health promoter, traveled to the home with medical equipment, nursing and medicines. The objective is to provide an integral, professional and very human service.
7. The selection and programming of locations was carried out in coordination with local authorities and institutions that joined this Day, with the intention of sending the health serviceS to areas that were strongly affected by the earthquakes of last September of 2017, as well as of localities whose poverty index is high, according to recent reports of the National Council for the Evaluation of Social Development Policy (CONEVAL).
8. The Mobile Medical Unit (MMU) used legal medical stationery in compliance with official health standards.



9. We observed the social phenomenon that the people of the attended localities did not go to their clinic of adscription, because the number of files is insufficient to be able to attend to the whole population, besides that the dental attention is null, or that the hospitals that they offer are far from your municipality.
10. The Mobile Medical Unit (MMU) used legal medical stationery in compliance with official health standards.
11. It was identified that the majority of the inhabitants do not attend private services because the services have a high price and in some of them they have had bad experiences of attention; One example of this was that during the Medical Attention Day, cases of outbreaks of oral infection were identified due to bad practices at the time when the patients came with the services of particular attention in their community.
12. The residents preferred the proximity of the Mobile Medical Unit (MMU). This group of people sought medical attention from the early hours of the day highlighting the fact that we attended people from other locations different to where the MMU was established.
13. The response of the population was positive, this because complete treatments were provided, since the people of the community were not receiving their treatment drugs to chronic diseases because of the conditions that prevailed due to the tremors.
14. The supply of prescriptions prescribed by doctors and dentists, was 100%, since the complete treatments were given and totally free.
15. The demand for services was met 100% with specialized equipment such as ultrasound, dental x-ray and electrocardiograph.
16. In order to promote good health habits in the population attended, in the work days of the MMU, the strategy of health promotion was developed, where while the population waited for their turn of attention and people who no longer reached to be attended by shift assigned to consultation, they were given workshops on self-care to health.
17. As measures to prevent the Zika disease, through medical consultation and health promotion workshops, people were recommended to wear long sleeves and trousers, to protect exposed body parts. The descacharrization and other sources of reproduction of the mosquito "Aedes Aegypti" were promoted.
18. During the Free Medical Care Days, the children's recreation module was installed to take care of the children while their parents go to a medical or dental consultation.
19. With the support of the local authorities, the volunteer team of doctors and MMU operatives were able to feed themselves and, in some occasions, spend the night in facilities assigned by the



authorities in order to safeguard the safety of the equipment, thus prolonging the service in the locality.

20. With the support of civil society organizations, universities and individuals, it was possible to collect medicines, medical supplies and healing, which made it possible for humanitarian aid to reach more people.
21. Two of our Mobile Medical Units were lent to the Cholula General Hospital and the Hospital of Traumatology and Orthopedics of Puebla, so that the medical staff could be able to perform triage procedure safely. The units continue operating in these hospitals to the day.
22. All COVID-19 specific Hospitals in the state are receiving our donation kits, which include surgical boots and surgical gowns, caps and boots, nitrile gloves, N-95 masks, goggles, face shields and cleaning material. We aim that all hospital staff exposed to contamination is protected, from the security to cleaning and medical staff.
23. Each donation or alliance that UBGA formalizes strengthens the actions aimed at improving the life circumstances of people living in communities of high social backwardness.



Photographic Evidence

Free Medical Care Days, Jolalpan, Puebla



Free Medical Care Days, Tehuitzingo, Puebla





Mobile Medical Unit in Cholula General Hospital



Mobile Medical Unit in Hospital of Traumatology and Orthopedics of Puebla

