



EXECUTIVE REPORT OF THE ACTIVITIES CARRIED OUT BY “UN BUEN GRUPO DE AMIGOS, A.C.”, AT THE DAYS OF FREE MEDICAL HEALTH SERVICES



FROM JANUARY 02 2018 TO MAY 23 2018



REPORT OF THE ACTIVITIES CARRIED OUT BY THE SPECIAL MOBILE MEDICAL UNIT (MMU), CORRESPONDING FROM 02 JANUARY 2018 TO 23 MAY 2018

| Locations attended by the Special Mobile Medical Unit (MM) | | |
|--|-------------------|--|
| State | Municipality | Location |
| Puebla | Atzala | Municipal head |
| Puebla | Puebla | San Andrés Azumiatla |
| Puebla | Jolalpan | Municipal head |
| Puebla | Puebla | Humanitarian Aid to Caravan of Central American Migrants, Colonia Aquiles Serdán |
| Tlaxcala | Tlaxco | San José Atotonilco |
| Puebla | Atzitzihuacán | San Francisco Xochiteopan |
| Morelos | Tetela del Volcán | Municipal head |

CONCENTRATE OF ACTIVITIES

| Accumulated productivity | | |
|--------------------------|-----------------------------------|------------------|
| No. | Diagnosis | Cumulative total |
| 1 | Medical consultations | 336 |
| 2 | Dental interventions | 749 |
| 3 | Diabetes detection | 315 |
| 4 | Cholesterol detections | 4 |
| 5 | Detection of hypertension | 456 |
| 6 | Breast cancer detection | 41 |
| 7 | Ultrasound to pregnant women | 19 |
| 8 | Pelvic ultrasound | 10 |
| 9 | Abdominal ultrasound | 6 |
| 10 | Testicular ultrasound | 1 |
| 11 | Electrocardiograms | 21 |
| 12 | Physical rehabilitation | 52 |
| 13 | Health self-care workshops | 26 |
| | Total Free Health Services | 2,036 |



| Detail of dental interventions | | |
|--------------------------------|---|-------|
| No. | Dental intervention | Total |
| 1 | Prophylaxis | 80 |
| 2 | Topical application of fluoride | 2 |
| 3 | Amalgams | 27 |
| 4 | Caries filling | 414 |
| 5 | Abscesses and radicular remains | 6 |
| 6 | Exodus | 100 |
| 7 | Detection and treatment of pulpitis and pulp necrosis | 4 |
| 8 | Preventive dentistry | 1 |
| 9 | Floss | 12 |
| 10 | Detection of dentobacterial plaque | 13 |
| 11 | Brushing techniques | 90 |
| Total | | 749 |



COMMENTS ON THE OPERATION OF THE MOBILE MEDICAL UNIT (MMU)

1. The results expressed correspond to the date of operation of the MMU from January 2, 2018 to May 23, 2018 (Tuesday 02-Wednesday 23).
2. The Mobile Medical Unit of Un Buen Grupo de Amigos, A.C. toured the municipalities of Atzala, Puebla, Jolalpan and Atzitzihuacán, of the State of Puebla; municipality of Tlaxco of the State of Tlaxcala and, the municipality of Tetela del Volcán in the State of Morelos. The Mobile Medical Unit offered health services of first and second level of medical care, dental interventions, dental prostheses, electrocardiography, ultrasonography, physical rehabilitation, dental prostheses, as well as the delivery of complete treatments (medications) to patients attended and orthoses as they are wheelchairs, walking sticks and walkers, to those who requested it and justified the use of them.
3. The dental prosthesis service awarded consisted of providing the entire placement process during the operation, that is, in the locality through the Mobile Medical Unit, the dental impression was made, the prosthesis was made, assembly, adjustment and the final placement.
4. The Foundation provided "Humanitarian Aid in the area of Health" to those who were part of the Caravan of Central American Migrants, who on their way through the City of Puebla, needed health services, with quality and in a complete state (with medication), in a timely and free way.
5. The Foundation carried out an intense humanitarian work with its own team of doctors, dentists, nurses and health promoters.
6. During the Health Days, the social management was developed, delivering an orthosis to who requested and justified the use of it, according to the following table:

| No. | Locality | Municipality | State | Orthosis delivered |
|-----|--------------------------------------|--------------|--------|--------------------|
| | | | | Wheelchair |
| 1 | Municipal head | Atzala | Puebla | 2 |
| 2 | San Andrés Azumiatla | Puebla | Puebla | 3 |
| 3 | Municipal head | Jolalpan | Puebla | 1 |
| 4 | Caravan of Central American Migrants | Puebla | Puebla | 1 |



| | | | | |
|---|---------------------|--------|----------|---|
| 4 | San José Atotonilco | Tlaxco | Tlaxcala | 1 |
|---|---------------------|--------|----------|---|

7. The team of the Special Mobile Medical Unit was integrated by health professionals who voluntarily provide their services in the Mobile Medical Unit. The volunteers come from different States of the Mexican Republic, such as Veracruz, Puebla and Tabasco. Likewise, the professional team of the Foundation was integrated, such as the General Coordinating Physician, Dentist, General Coordinator, Supervisor, Multipurpose Operator and other administrative team that strengthens with his work the realization of the Free Medical Attention Days, daily.
8. With the importance of joining forces and bringing more health services to places of very high marginalization, institutions such as the Dental Technical Institute of Puebla, the Mexican Center of Stomatology (CME), the Professional Institute in Therapies and Humanities - Puebla Capital (IPETH) and the Aztec Volunteer of the University of the Americas-Puebla, joined the Free Medical Attention Days, maximizing the benefit to the population in a highly vulnerable state.
9. The selection and programming of locations was carried out in coordination with local authorities and institutions that joined this Day, with the intention of sending the health service to areas that were strongly affected by the earthquakes of last September of 2017, as well as as of localities whose poverty index is high, according to recent reports of the National Council for the Evaluation of Social Development Policy (CONEVAL).
10. The Mobile Medical Unit (MMU) used legal medical stationery in compliance with official health standards.
11. We observed the social phenomenon that the people of the attended localities did not go to their clinic of adscription, because the number of files is insufficient to be able to attend to the whole population, besides that the dental attention is null, or that the hospitals that the They offer are far from your municipality.
12. It was identified that the majority of the inhabitants do not attend private services because the services have a high price and in some of them they have had bad experiences of attention; One example of this was that during the Medical Attention Day, cases of outbreaks of oral infection were identified due to bad practices at the time when the patients came with the services of particular attention in their community.
13. The residents preferred the proximity of the Mobile Medical Unit (MMU). This group of people, sought medical attention from the early hours of the day highlighting the fact



that we attended people from other locations different to where the MMU was established.

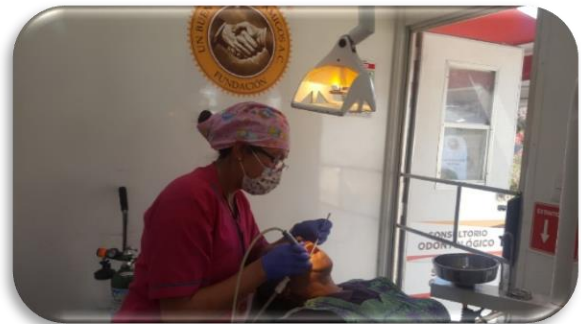
14. The response of the population was positive, this because complete treatments were provided, since the people of the community were not receiving their treatment drugs to chronic diseases because of the conditions that prevailed due to the tremors.
15. The supply of prescriptions prescribed by doctors and dentists, was 100%, since the complete treatments were given and totally free.
16. The demand for services was met 100% with specialized equipment such as ultrasound, dental x-ray and electrocardiograph.
17. In order to promote good health habits in the population attended, in the work days of the MMU, the strategy of health promotion was developed, where while the population waited for their turn of attention and people who no longer reached to be attended by shift assigned to consultation, they were given workshops on self-care to health.
18. As measures to prevent the Zika disease, through medical consultation and health promotion workshops, people were recommended to wear long sleeves and trousers, to protect exposed body parts. The descacharrización and other sources of reproduction of the mosquito "Aedes Aegypti" were promoted.
19. With the support of the local authorities, the volunteer team of doctors and MMU operatives were able to feed themselves and, in some occasions, spend the night in facilities assigned by the authorities in order to safeguard the safety of the equipment, thus prolonging the service in the locality.
20. With the support of civil society organizations, universities and individuals, it was possible to collect medicines, medical supplies and healing, which made it possible for humanitarian aid to reach more people



PHOTOGRAPHIC WITNESS MUNICIPAL HEAD OF ATZALA, PUEBLA



LOCALITY OF SAN ANDRÉS AZUMIATLA, PUEBLA, PUEBLA





MUNICIPAL HEAD OF JOLALPAN, PUEBLA

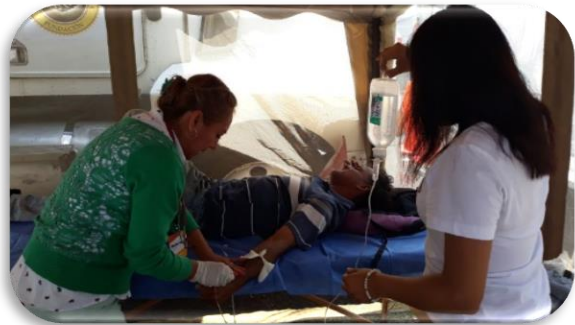


CARAVAN OF CENTRAL AMERICAN MIGRANTS



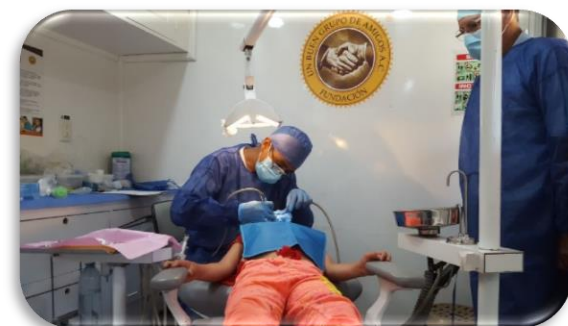


CARAVAN OF CENTRAL AMERICAN MIGRANTS





SAN JOSÉ ATOTONILCO, TLAXCO, TLAXCALA





SAN JOSÉ XOCHITEOPAN, ATZITZIHUACÁN, PUEBLA



MUNICIPAL HEAD OF TETELA DEL VOLCÁN, MORELOS

