



Newsletter

JULY 2026

**#LOVE_{FOR}
MEXICO**

“Prevention: Your Ally in Good Health”

Every July 28, the World Health Organization (WHO) observes World Hepatitis Day, an event aimed at raising awareness about the importance of preventing, detecting, and treating this disease in a timely manner. Hepatitis is an inflammation of the liver that can be caused by viruses, excessive alcohol consumption, or certain diseases, and in many cases, it does not present symptoms in its early stages, which is why early detection is essential.

At Un Buen Grupo de Amigos, we believe that prevention is the best way to protect our health. Through our Free Medical Care Days and health promotion initiatives, we encourage healthy habits, educate people on self-care, and emphasize the importance of regular medical checkups, helping more people identify risk factors early and take care of their well-being.



During July

We remain steadfast in our commitment to provide medical care to the most underserved communities through our Free Medical Care Days. This month, thanks to our dedication and joint efforts, we were able to provide care to:

- 9 localities in 4 municipalities in the state of Campeche
- 8 localities in 1 municipality in the state of Oaxaca
- 15 localities in 2 municipalities in the state of San Luis Potosí
- 13 localities in 6 municipalities in the state of Tlaxcala
- 1 locality in 1 municipality in the state of Veracruz
- 38 localities in 12 municipalities in the state of Tabasco

Through teamwork, we provide care in family medicine, dentistry, nutrition, cancer screening via mammography, and health promotion workshops to help communities stay healthy.



Our **impact**

The Free Medical Care Campaigns conducted through Mobile Medical Units in July provided care to 7,985 people in 6 states across Mexico.

Campeche

1,189	Family medical consultations
2,041	Dental interventions
213	Ultrasound and electrocardiograms
100	Breast cancer screenings

San Luis Potosí

1,319	Family medical consultations
1,846	Dental interventions
106	Ultrasound and electrocardiograms

Veracruz

401	Dental interventions
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Tlaxcala

2,593	Dental interventions
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Tabasco

3,266	Family medical consultations
5,111	Dental interventions
272	Ultrasound and electrocardiograms

Oaxaca

3,472	Dental interventions
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Recognition of our

#LoveforMexico



"Thank you for coming to our community and for helping us. We are very grateful. We hope you'll come back soon, because you do us a world of good."

Anastasia P.

(Name assigned to protect patient's privacy)

"Thank you for coming to our community. They treated us very kindly and explained everything to us patiently. We hope you can come back."

Abelardo V.

(Name assigned to protect patient's privacy)



"We thank you from the bottom of our hearts. You treated us with great respect and helped us a lot. May God be with you, and we hope you return soon."

Petra R.

(Name assigned to protect patient's privacy)

"It really helped us that you came. Sometimes we can't afford a doctor's visit, and you helped us a lot. Thank you so much for the medicine and for seeing us."

Nicasio T.

(Name assigned to protect patient's privacy)



Be part of our mission



If you are looking for a way to make a real difference in the lives of vulnerable communities in Mexico, we invite you to consider making a donation to our free medical outreach programs. Your contribution, no matter how small, can make a big difference in each person's health.

Make your donation through our website: <https://ubga.org.mx/en/donaciones/> or make a **DIRECT** donation using the following reference:

Company Name:

Un Buen grupo de Amigos, A.C.

Clabe:

012650001990359826

Account Number:

0199035982

Banco:

BBVA Bancomer

SWIFT/BIC::

BCMRMXMMPYM

(international deposits)

If you live abroad, you can make a direct donation using the **SWIFT/BIC** code listed above, or you can donate through the [GlobalGiving](#) platform and receive a tax-deductible receipt for U.S. tax purposes.

We working in **alliance** with:



GlobalGiving

**Special thanks for
your generosity!**

Your donation has made it possible for us to continue providing medical care to our communities. Your support has been essential to improving the health and well-being of those who need it most.

Thank you again for making a difference in Mexico!



Certifications and authorizations

Nationals

- Member of the Mexican Center for Philanthropy
- Accreditation in Institutional Framework and Transparency
- Certificate of Competence, Quality, and Safety in Medical Care, issued by the Coordination of Quality and Health Education of the Puebla State Ministry of Health
- Authorized recipient of tax-deductible donations from Mexico and abroad. Last published in the Official Gazette of the Federation (DOF) on January 9, 2026

International

- ISO 9001:2015 Quality Management System No. UQSR-9286-UNBGDEAAC
- ISO 37001:2016 Anti-Bribery Management System No. UQSR-9573-UNBGDAAC
- Trace Anti-Bribery Compliance Solution Trace Certification ID: tc7162-5416
- D&B Credibility Certificate, Registration No. 812799196
- Member of Global Giving



Join in!

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