



Newsletter

MAY 2026

#LOVE_{FOR}
MEXICO

“Thank you for caring for others with dedication and compassion”

Every May 12, we celebrate International Nurses Day, a day that recognizes the invaluable work of those who, with professionalism, dedication, and empathy, provide attention, care, and support to people at every stage of life. Their work is essential to strengthening health care systems and ensuring dignified, timely, and high-quality care for communities.

At Un Buen Grupo de Amigos, we recognize the importance of nursing staff at each of our Free Medical Care Days. Thanks to their commitment and dedication, we are able to bring healthcare to those who need it most, contributing to the well-being of thousands of families. On this day, we express our appreciation and gratitude to all nursing professionals who, through their dedication, make a difference every day.



During **May**

We remain steadfast in our commitment to provide medical care to the most underserved communities through our Free Medical Care Days. This month, thanks to our dedication and collective effort, we achieved the following:

- 7 localities in 3 municipalities in the state of Campeche
- 2 localities in 1 municipality in the state of San Luis Potosí
- 11 localities in 2 municipalities in the state of Tlaxcala
- 20 localities in 3 municipalities in the state of Veracruz
- 28 localities in 6 municipalities in the state of Tabasco

Thanks to our teamwork, we provided assistance in family medicine, dentistry, nutrition, cancer screenings with mammograms, and health promotion workshops to help communities stay healthy.



Our **impact**

The Free Medical Care Days through Mobile Medical Units in the month of april attended to 9,049 people in 5 states of Mexico.

Campeche

1,017	Family medical consultations
1,612	Dental interventions
221	Ultrasound and electrocardiograms
384	Breast cancer screenings

San Luis Potosí

318	Family medical consultations
532	Dental interventions
15	Ultrasound and electrocardiograms

Veracruz

920	Family medical consultations
1,739	Dental interventions
98	Ultrasound and electrocardiograms

Tlaxcala

3,412	Dental interventions
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Tabasco

4,056	Family medical consultations
4,158	Dental interventions
399	Ultrasound and electrocardiograms
515	Breast cancer screenings

Recognition of our

#LoveforMexico



"We are very grateful to you. You helped us a lot, and we hope you'll come back to our community soon."

María L.

(Name assigned to protect patient's privacy)

"We are very grateful for the way you treated us. You were very kind to us and helped us a lot. Thank you for coming to our community."

Luis H.

(Name assigned to protect patient's privacy)



"From the bottom of our hearts, thank you for your support. We're so happy you visited; this will always be your home, and you're welcome to come back anytime."

Ana G.

(Name assigned to protect patient's privacy)



"It was a huge help to us because we often can't afford to see a doctor. Thank you for seeing us and giving us the medicine we needed."

Carlos R.

(Name assigned to protect patient's privacy)



Be part of our mission



If you are looking for a way to make a real difference in the lives of vulnerable communities in Mexico, we invite you to consider making a donation to our free medical care days. Your contribution, no matter its size, can make a significant impact on the health of each individual. Make your donation through our website: www.ubga.org.mx/donations, or make a **DIRECT** donation with the following reference:

Firm name:

Un Buen Grupo de Amigos, A.C.

Clabe:

012650001990359826

Account number:

0199035982

Bank:

BBVA Bancomer

SWIFT/BIC:

BCMRMXMMPYM

(International deposits)

If you reside abroad, you can make a direct donation using the **SWIFT/BIC** reference provided above, or through the [GlobalGiving](https://www.globalgiving.org) platform to obtain your tax-deductible receipt.



We working in **alliance** with:



GlobalGiving

**Special thanks for
your generosity!**

Your donation has made it possible for us to continue providing medical assistance to our communities. Your support has been essential in improving the health and well-being of those who need it the most.

Thank you again for making a difference in Mexico!



Certifications and authorizations

Nationals

- Member of the Mexican Center for the Philanthropy
- Accreditation in Organization and Transparency
- Certificate of Capacity, Quality, and Security for Medical Care, issued by the Coordination for Quality and Education in Health, from the Health Ministry of the state of Puebla
- Authorized grantee for deductible national donations. Last publication DOF January 09, 2026
- Authorized grantee for deductible international donations. Last publication DOF January 09, 2026



International

- Trace Anti-Bribery Compliance Solution Trace Certification ID: tc7162-5416
- Member of Global Giving
- Certificate of credibility by D&B Record number 812799196



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contacto@ubga.org.mx



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