

Project Title:	Assin Wurakese Fostering Youth Centre Construction Project.
Duration of Project:	12 Months, Start From April,15,2018 to April, 2019
Project Geographic Location (District):	Construction and equipping of a Youth Centre in Assin Wurakese at Central Region of Ghana
Name of head of Organization:	Rimmy Francis Amakye
Project Director	Isaac Ankrah
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Total Project Amount:	USD \$ 88,444.20
Total amount to be contributed locally:	USD \$ 5,300
Total Amount of Grant Requested	USD \$ 83,144.20
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Organization Name:	Reproductive Advocate Health Education-Ghana
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Executive Summary coordinator

Fostering Youth Education center project proposal, is a project of Reproductive Advocate Health Education-Ghana, it's a voluntary youth led organization formed by a young social entrepreneurs responding to socio-economic youth development (youth challenges) in Central Region through implementation of community based integrated projects targeting the youth and children.

The main concern is informing, empowering, educating, inspiring and gathering them to solve their problems in which the youth are involved in positive activities that will ensure socio-economic development. The vision of RAHE GHANA is to press the youth into front line to bring sustainable development and becoming community problem solvers.

In order to realize its goals, RAHE GHANA has designed fostering youth education center project that will see construction of a 8 classroom block, kitchen, youth hall, latrines and 1-administration office block, and also equip the center gradually with teaching materials, such as text books, supply of water and others. The construction cost will require USD 83,444.20.

The purpose of the Project. The purpose of the project is to provide the Youth and Community a Centre to enable essential services for young people to be provided. The

Centre also would be available for general community use. It is envisaged that the new facilities will be an inviting and vibrant community space where the community, particularly young people, can meet, connect, interact, receive training, counseling and enjoy a range of social and recreational activities. The services are given to the youths free of charge meanwhile the community (adults) pays for the services.

Organization Objectives.

1. To build the capacity of the youth to be productive and raise household incomes for improved livelihoods.
2. Conduct Educational programs.
3. To initiate and develop programs that address imbalances among vulnerable / marginalized groups.
4. To provide self-reliance and self-determination
5. Provisional of life skills and reproductive health.
6. create a youth to volunteer in community development work,
7. provisional of variety training in economic, education, social and culture
8. To give Information Communication Technology (I.C.T.) education to the rural communities.

Project Goal: is to enhance socio-economic capacities of Young people through asset based community development, thus working hand in hand and collaboration so as to achieve self-reliance and sustainable livelihoods and growth through health, education and poverty alleviation programs at grassroot levels.

Project Objectives:

- Providing psychological, cultural and re-creative activities as a protection of mental health of youths.
- Training youth on: Adolescents and Youth, Sexuality, Adolescent growth and development, Sexually Transmitted Diseases, Family Planning and violence against Women.
- Providing an opportunity to youths to gain positive working habits, as well as knowledge and skills that aren't included in a school curriculum and capacities.
- Encouraging creativity and talents development in adequate and informal surrounding.
- Encouraging motivation among children, youths, trainers for additional education and group work by new methods Socialization of youths through cultural and

Creative work as a kind of a treatment for overcoming and resisting the post traumatic syndrome.

- Education of youths in vocational training and entrepreneurship skills
- Forming youth SACCOs
- Micro credit soft loans
- Provide innovative solution to overcome peer groups and drugs.
- Improving cooperation, communication, understanding, trust and friendship among youths
- Preparing youths for further education and future employment through gaining necessary knowledge and skills.
- Cooperating with wider social community and other non-governmental organizations in designing programs and consulting with parents and with schools and other educational institutions with aim of fitting programs and satisfying wider social needs.
- Giving support to teachers, trainers in gaining additional skills and knowledge.
- Organizing courses, workshops, seminars and other ways of youth's education as addition of regular education in schools and other educational institutions about IT, foreign languages and other areas due the needs of wider social community.

Project rationale

Development does not come to these rural parts of Central region and Assin Wurakese. In these areas there are no youth centers in villages or helping the youth from villages there is only one Christian youth center based in Assin Fosu about five kilometers from Assin Wurakese. RAHE GHANA has taken the initiative to change this situation and is now approaching organizations in order to improve the conditions for the underserved youth who are receiving services from this center.

The RAHE GHANA strategy is to construct a fostering youth education center for boys and girls respectively. Implementation will include construction, provision of teaching materials, such as text books for all subjects, and clean and safe drinking water and they will be in two phases of the project.

In phase (1) of the project, RAHE GHANA will construct 8 classrooms which will have two door and four windows each and will be 27 meters long and six meters wide. The walls and the floor will be made from locally baked bricks; the doors will be of wood, and windows of steel and the roof of zinc sheets. There will also be a need to construct kitchen, youth hall, library, an administration block comprising of the executive director'

Office, his deputy and a staff room, and 5 sports ground. Once construction work is completed, classroom will be fitted with chairs in phase two of the project to prepare the center to start operating learning and teaching activities in 2019. The classrooms will be used to teach the youth varieties of training in the morning and evening which would involve sports and each Saturday will be teaching school subject and conduct several youth challenge workshops and seminars, and provide adult education classes (especially for women) in the evenings.

This grant will help to sustain and provide help and assistance to the youth who have been affected with social- economic challenges, by providing potential supportive services; the proposed intervention will expand the capacity of the District to maximize the utilization of its resources without relying on much external expertise. The District also will relay on their own expertise for development and future advancement.

This project will also provide coping mechanisms and starting life strategies to the youth who had risk situation. The proposed intervention in addition will motivate the youth towards behaviors change and participation in socio-economic recovery. The intervention furthermore fits within the framework and Ghana's new constitution.

Problem Statement:

The youth at Assin Wurakese in Central Region of Ghana have got economic and social problems. The economic problem is lack of employment opportunities. Even though youth population is dominant in the town, there are not enough jobs to absorb them and there is a very high rate of unemployment. As a result the youth do involve themselves in illegal activities such as theft, gangsters, kidnapping and so on to sustain their lives. Common social problems are lack of recreational or entertainment centers, inadequate social facilities (health, education, and housing), etc. The lack of recreational center has led to engagement of youth in bad habits such as chewing chat (local stimulant plant) and drinking alcohol. In a study made by youth, sport and culture department of Central region, 75% of the youth indicated that the reason for problems caused by youth is lack of entertainment centers for them. The same study also shows that 66.7% the youth spend their time chewing chat, as there is no place for recreation. In the study 75% of the youth indicated that establishment of youth center could alleviate the problems of the above-mentioned bad habits.

To observe the problems of youth one can easily go to the streets of Assin Wurakese and observe the army of youth wondering jobless. In every streets of Assin Wurakese it is common to see them in a very large number crowding the streets without any work .If these are mobilized in organized manner, they can really bring about great change in their lives and in the society. At present the large number of the youth engaged in using drugs and prostitution for girls this it show how we will miss our future leaders and good generation. Thus it is essential to act as soon as possible to reverse the deteriorating situation of the youth at least to maintain the sustenance of our generation. Their potentials could be used for the development of the nation if attention is paid to them. They could also contribute to attainment of our development agenda that we are hoping

to attain. Recognizing this, we do present this proposal to the development partners to fund this project so that the youth can contribute to the betterment of their own life and of the community.

Strategies of Implementation

The project was proposed by a series of discussion with the local communities, review of baseline data, and also minutes of the District coordination meetings.

At the initial start of the youth center project, the project team will construct 8- class rooms, 6- toilets, 1-kitchen and administration office, and also equip the center gradually with teaching materials, such as text books and the supply of water.

Phase 1

Construction of 8 classrooms, Kitchen, administration office will start as soon as funds are availed. This will be followed by construction of storage tanks for rainwater collection and youth hall. At the end of the project, the last act will be the buying of the text books, chairs and tables

Installation of a 100,000 liters rainwater collection tank and purchase of text books will be done to enable the center to start operating in the second budget of phase two of the project.

Project team will engage the expertise of constructors and other laborers to carry out the actual work. Then there will be procurement of the construction materials which will be done in Assin Fosu and their transportation to the construction site as has been agreed with the communities of Assin North District. The project Manager will prepare all the necessary reports including the financial reports and submit them to the funding organization as will be agreed upon.

Project team will invite the donor representatives and members of the government to carry out their own independent evaluation after the completion of the project. Continuous monitoring of the project will be conducted by the project team and representatives from the youth association for change organization, to ensure that the project achieves its goals and objectives as set out in this proposal.

Project Description:

This Youth Centre will be built at Assin Wurakese in Assin North District of central region Ghana is a place where youth and the community participate in designing initiatives related to educational, creative and social programs, the need for a youth- focused center in Assin Wurakese area is in line with Assin North Local government plan on young people. A Youth Center needs to be built from where a variety of programs can be presented to Young people throughout the year. The Youth Center will have the following:

- (a) Control desk/check-in.
- (b) Teaching rooms (8) where youths can be taught new skills (computer, music, entrepreneurship, vocational, photography, English, leadership, craft making e.t.c)
- (c) Sports and recreation area for youths.
- (d) Commons/game room
- (e) Library with books to read and educative films to video watch.
- (f) Cafeteria or kitchen area where meals can be prepared
- (g) A Big meeting room/hall where all young people can meet and where indoor sport can take place; concerts, workshops, seminars, weddings are held etc.
- (h) Bathroom facilities.
- (i) Office area
- (j) Outdoor activity areas.
- (k) Mechanical/electrical/communications space.

The main aim is to act as an educational, training and recreational center. During its course the Youth Centre will implement projects that are focused on support to the young people in their growing and becoming mature and independent people, able to take responsibilities for their lives and with their own example to have influence on other youths to get educated for active social life. Some of the projects are peer educator, outreach, education for youths, volunteer actions in the community, campaigns related to bigger involvement of the youth issues at the community agendas. We have a vision that volunteer's groups worldwide will visit the center.

Description of target population.

Youth have particularly shouldered the gruesome effects youth challenges i.e , sexual exploitation leading to high risk of HIV/AIDS, drugs users, prostitution, laborers, early marriage and other social and economic deprivation.

The target beneficiaries will be Youths including the young those who are in school and out of school, child headed households, youth formerly abducted and those out of school. The beneficiaries of this action will be over 3000 youth benefiting yearly from skills training courses, recreational activities, computer classes, indoor games, counseling services e.t.c

.The indirect beneficiaries of this Project will be over 5000 people in the community, benefiting yearly from workshops, seminars, ceremonies/weddings, seminars, Video library, e.t.c.

Programs and services presented from a Youth Center:

1. Kids Club meetings for older children: Teenagers
2. Information regarding HIV and sexual transmitted diseases,
3. Computer lessons and internet service for all ages.
4. Holiday programs for all ages.
5. Leadership Development program for teenagers.

6. Training on: Adolescents and Youth, Sexuality, Adolescent growth and development, Sexually Transmitted Diseases, Family Planning and violence against Women.
7. Sport, Music, craft and English Teaching.
8. Scholarship Program.
9. entrepreneurship and vocational training
10. Recreational activities and social programs.
11. Hire services for workshops, seminars, ceremonies/weddings, e.t.c

- **Engage a contractor to do Construction.**

A suitable building contractor shall be identified through a competitive selection processes to undertake the construction from project initial stage up to handover. This memorable project handover ceremony will attract representation from Central region local Government, youth leaders, donors, Members of Parliament and other stakeholders.

- **Evaluation**

Project evaluation to determine the effectiveness and failures of the project in the project area shall be carried out. Project evaluation will be carried out as a key component of this action to review project activities, measure efficiency, and effectiveness and assess outcomes.

Process evaluation focuses on whether programs or initiatives are doing what they planned to do in the way they planned to do it. For example, a process evaluation will look at how many youth participated in each session of a workshop series. Did as many youth enroll as expected? Do demographics show that the program is reaching the intended audience? How many young people complete the program and how many leave early? What do participants say about their experience with the program or initiative? Are community coalitions involving representatives from all of the different sectors and walks of life that they had hoped to engage?

Outcome evaluation focuses on changes that occur as a result of participation in programs. This type of evaluation asks "What difference has the program made for individuals, youth groups, families, or the community?" For example, do program participants increase their use of condoms and contraceptives? Are they more likely to access testing and treatment for HIV/STDs? Do they delay the age at which they become sexually active, or have fewer sexual partners than youth in the general community? Outcome evaluations can also assess community-level changes. Do the numbers of Medicaid-eligible youth accessing family planning services increase after a community launches new sexual health programs?

Sustainability;

1. The Youth center will generate income from Hall hire services to those who need the space to conduct important occasion i.e. workshops, seminars, ceremonies/weddings, concerts, Music galas. These may be churches, NGOs, Local government workshops. E.g hiring a hall for one day is GHC 300- 350, depending to event if it is hired minimum 5 times in a month this fetches $300 \times 5 = \text{GHC } 1500$.

2. The Youth center will generate income from hire of chairs and tents, for special events ceremonies/weddings, this will be used for running the project when the donor assistance ceases.

E.g hiring one chair for one day is 0.50 Pesewas if it is 200 chairs are hired minimum 5 times in a month this fetches $0.50 \times 200 \times 5 = \text{GHC } 100$.

Hiring a tent is 10 in case it is hired 5 times this fetches = $\text{GHC } 50$

3. The Youth center will generate income from Photo coping, video coverage, printing and internet services provided to the neighborhood.

For one day with one computer connected to internet fetches $\text{GHC } 10 \times 5$ computers in a day this fetches $50 \times 6 = \text{GHC } 300 \times 24 \text{ days} = 7,200$. Plus photocopying services and video coverage this will come up to about

$\text{GHC } 900$ per month.

4. The Youth center will generate income from baking i.e. bread / cakes for ceremonies/weddings and making special Meals /Dishes for sale.

This activity will fetch approximately $\text{GHC } 600$ per month.

BUDGET FOR FOSTERING YOUTH EDUCATION CENTRE PROJECT.

NO	ITEM	QTY	COST IN	AMOUNT	COMMUNITY	REQUEST
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			USD	IN USD	CONTRIBUTION	ED FUND FROM DONORS
A	Construction					
1.	Proposal writing	1	300	300	300	---
2.	Land	5 acres	5,000	5,000	5,000	---
	Construction Youth centre Hall	1	20,200	20,200		20,200
	Sub total			25,500	5,300	20,200
B	Construction for youth center					
3.	cement	500 bags	12 @ 1	6,000	---	6,000
4.	stones	30 lorries	46 @ 1	1,380	----	1,380
5.	Small stones	10 lorries	100 @ 1	1,000	----	1,000
6.	sand	200 lorries	34	6,800		6,800
7.	Iron steels	200 pieces	10	2,000	----	2,000
8.	Wood (2 X 4)	1000	8 @ 1	8,000	---	8,000
9.	Windows mirrors	50	34 @ 1	1,700	----	1,700
10.	Smooth wood 6nch	300	5 @ 1	1,500	----	1,500
11.	Bricks	10,000	0.8 @ 1	8,000	----	8,000
12.	Copper tins	20 bundles	167 @ 1	3,340		3,340
13	Doors	8	100 @ 1	800		800
14	Wiring installation	All houses	3,500	3,500	----	3,500
15	tires	1000	0.8 @ 1	800		800
16	Others materials			5,000		5,000
C	Equipping					
17	Internet connection	12 months	50	600	---	600
18	Desktop computer	10	230 @ 1	2,300	----	2,300
19	Television, DVD Player/recorder,	Block figure	500	500	----	500
20	Overhead projector and VCR.		1,000	1,000	----	1,000
21	Chairs	300	30	900	---	900
22	tables	300	200	600	----	600
23	Video camera	1	900	900	----	900
24	Tents	2	1,200	2,400	----	2,400

	Sub total	59,020		59,020
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D	Kitchen/ Cafeteria					
26	Saucepans small	3	10	30	----	30
27	Saucepans big	3	67	201	----	201
28	Kettles	2	11.60	23.20		23.20
29	Cups	200	0.30	60	----	60
30	Plates	200	0.60	120	-----	120
31	Water Tank plastic	1	460	460	----	460
	Sub total			894.20		894.20
D	ADMINISTRATION					
32	Transporting equipment, materials	4 times	100 @ 1	400	----	400
33	Communications (airtime)	12 months	20	240	-----	240
34	Writing and submitting project report	1	150	150	----	150
35	Photography	12 months	20	240	-----	240
36	Monitoring and evaluation	---	Blocks figure	500	----	500
37	External Audit	1	1,500	1,500	-----	1,500
	Sub total			3,030	-----	3,030
	GRAND TOTAL			88,444.20	5,300	83,144.20

The Total project budget is USD \$ 88,444.20 Or GHC 395,787.79
the community contribution is USD \$ 5,300 Or GHC 23,717.50

AMOUNT REQUESTED IS USD \$ 83,144.20 or GHC 395,787.79

Rimmy Francis Amakye

(Executive Director)

Reproductive Advocate Health Education-Ghana