

Journey of HOPE

FALL 2017

THE CHOICE IS YOURS

If someone told you that “school is only for boys,” “your place is in the home,” or “you can’t be what you want to be when you grow up,” what would you do? Would you crumble under the pressure? Or, would you rise up and say “I don’t think so”?

Every day in Central Asia millions of girls are told they aren’t good enough or they can’t live a full life. And every day they make the decision to resist, to stand up and fight for their rights.

Will you rise up and stand with these women or will you allow it to happen?

SAIMA’S GRIT AND DETERMINATION

We hope that you find inspiration in the acts of bravery, like Saima’s, highlighted in this year’s *Journey of Hope* magazine.

Saima was the first woman in her community to become a teacher, returning to her remote village in northern Pakistan after graduation to start a school out of her home. Through sheer determination and grit — things Saima will tell you are expected of a Balti woman — she kept her homeschool running for 10 years. Recently, with the help of CAI’s in-country partner CAET, Saima employed additional teachers to help with the growing number of students and constructed a brand-new washroom to help with sanitation issues. Saima is just one of many fearless women who chose to share their journey with you.

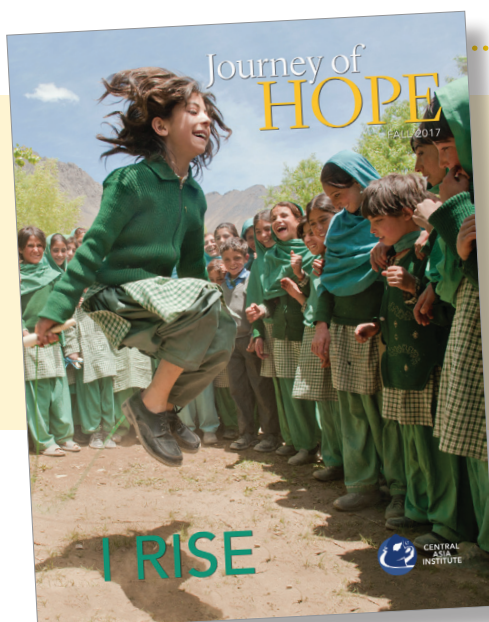
TAKE MATTERS INTO YOUR OWN HANDS

You signed a petition or got in touch with us because you believe in our mission. Like us, you believe that everyone should have the right to get an education, to have a voice, and to have control over their own life. Let’s build the future we all dream of. Give today. Even a small act of kindness can tip the scale in favor of peace, education, and hope.

Visit givecai.org/JOHmagazine to give.



I rise
with
your
help.



Want to read more stories from the field about people fighting for their education and their future?

Get a free copy of *Journey of Hope* at givecai.org/JOHmagazine or call us at 877.585.7841.

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CENTRAL
ASIA
INSTITUTE

2016 IMPACT

PROGRAMS

Since its inception, CAI has initiated over 450 projects, including close to 190 schools. Our programs fall into these broad categories:

Schools

CAI funds new schools, repairs and improves existing schools, and purchases equipment – such as uniforms, furniture, and school supplies – for students and teachers.

Students

CAI supports students in a number of ways, not just with brick and mortar schools. On the innovative forefront Central Asia Institute provides several other types of educational programs.

- Students Education Support Program (SESP) offers girls free afterschool lessons in core subjects.
- Quick Learning Centers help students who previously had no access to education prepare for a formal education.
- Literacy Centers offer free daily lessons in basic literacy, hygiene, sanitation, and nutrition.
- Kankor Exam tutoring gives students the tools they need to take the university entrance test in Afghanistan.

Scholarships

CAI scholarships provide support for tuition, room and board, school supplies, and other expenses to poor and deserving students. These scholarships range from kindergarten to Ph.D. support and are based on need and merit.

Teachers

CAI organizes teacher trainings and pays teachers' salaries.

Public Health

Students can't go to school and learn if they aren't healthy. Maternal health care, infant wellness, nutrition, and hygiene programs, disaster relief assistance, and clean water systems are all provided by CAI.

Community Support

Other projects are occasionally funded by CAI. These projects include bridges, porter trainings, and museums.

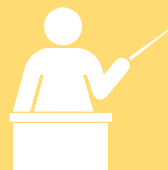


47,069



People directly benefited

from our programs



2,481

**109%
INCREASE***

teachers were trained,
51.6% were women



**36 active construction
projects in 2016**



856

**39%
INCREASE***

scholarships awarded,
79% were women

Numbers may vary due to conditions in the field and access to projects. *Increase from 2016 over 2015.



WHERE WE WORK

Many of the villages of Afghanistan, Pakistan, and Tajikistan where we work have been plagued by poverty, illiteracy, and violence for centuries. Because of this, other organizations don't — or can't — work here. But Central Asia Institute is at home in these places, often high in the mountains, off the beaten path.

INTERNATIONAL PARTNERS

AFGHANISTAN

Central Asia Institute-Afghanistan

www.cai.org.af

Star of Knowledge

www.sko.org.af

Marcopolo Social Services and Reconstruction
Organization

www.marcopolo.org.af

PAKISTAN

Central Asia Educational Trust

www.caet.org.pk

Central Asia Institute-Gilgit

www.centralasiainstitutegilgit.org

TAJIKISTAN

Central Asia Institute-Tajikistan

www.cai-tajikistan.org