**DARE Network 2022 Year End Evaluation Report**

The year end, evaluation took place from November to December 2022 in camps such as Mae La, Mae Ra Ma Luang, Mae La Oo, Umpium Mai and Noh Poe camp where DARE Network provided the activities. The evaluation questions were written and edited by the DARE core staff. There were 214 people participating in the yearly evaluation process who include 33 DARE Network staff, 20 camp leadership, 97 CBOs, NGOs rep & religion leaders and 64 clients and families.

**Table 1: Details of people who are participate in yearly end evaluation.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **No** | **Interview People** | **Male** | **Female** | **Total** |
| 1 | DARE Network Staff | 19 | 14 | 33 |
| 2 | Camp Leadership | 13 | 7 | 20 |
| 3 | Client & Family | 33 | 31 | 64 |
| 4 | CBOs, NGOs rep & religion leaders | 58 | 39 | 97 |
|  | **Total Interviewed** | **123** | **91** | **214** |

**Question for workers**

**1. Why do you choose to work with DARE Network?**

Mae La Oon staff said that we choose to work with DARE Network as to be useful for the community and become good role models to other people, and at the same time will be free with substance abuse too.

For Mae Ra Ma Luang staff said that DARE Network is an organization who is useful for everyone and moreover we are eager to help people who are becoming slaves of drugs and alcohol who need us in the community so that is why we choose to work with the DARE Network team.

The staff from Mae La answered that firstly when we join to work with DARE, we must be free from substance abuse so it’s a good way to work with them and can help the community to reduce the percentage of dealers and users for the future.

For UP staff to become good examples for our family and ourselves also free with substance abuse too. Moreover, we do have a strong point to share addiction knowledge to addiction people and provide treatment programs in our community.

Nu Poe staff said that we choose to work with DARE because we are happy to help people who need us as well as we can. At the same time, we would like to share the prevention education to the addicted people as they will know more about the damage of drugs and alcohol in their life.

**2. Why do you continuous to working with DARE?**

All camps answer that we continue to work with DARE because we still have drugs dealers and users in our community. Moreover, the community still needs us to continuously run our work until our community is free with substance abuse. We love to serve our people and prevent teenager life from the dangerous of drugs because their life is useful for the next generation.

**3. As you are DARE addition worker, do you notice any new drugs entering and the new method of people using drugs in the camp?**

Most of the camp answered that we didn’t have any new drugs entering the camp. But especially for Mae la camp, this year people use a lot of marijuana because it is legal to use it according to Thai law.

**4. What kind of challenge do you face when you working together in the team?**

For the Mae La team we did face withdrawal symptoms from the clients, but we can manage it as well as we can until they are recovered.

Umpium team said that we have less worker because our colleague not working stable. The reason is some staff need to fulfill many things in their house but they do have small income so they choose to go and work outside the camp as will get good income for their family.

The rest of camp said that we don’t have any special challenge that we could not solve in our team. Just sometimes we did have misunderstandings for each other but after setting up weekly meetings we did understand for each other, the same as before.

**5. Do you do manual study every week? Because of doing manual exchange do you see any benefit and improvement?**

For Mae La Oon and Mae La camp we did every week so some topic that we don’t understand clearly, we can talk and explain for each other until we got it. When we provide addiction knowledge it is easy for us not to look down on the book and we can do it by heart too.

For Nu Poe and Mae Ra Ma Luang camp, we did not do the manual exchange every week but while we do have time, we try to do it all the time as well as we can. Because doing manual exchange, the benefit that we got it, we can understand more about DARE program activities and not forget it easily when we are working in the community.

For Umpium team, we do manual exchange every week and check the topics which one we don’t understand clearly. After that we talk and share our experience for each other until we understand well. The improvement is during we provide addiction knowledge and treatment program we can do it by heart. Just sometimes if we have some information and some topic that we are not sure about, then we can look at the manual.

**6. When you provide prevention education, do you see any change and improvement in the community?  - If yes, how (Please give me exactly example)**

The staff in the camps answered that they had the improvement in the community because some people quit it, and some reduced their use after they got addiction knowledge from DARE addiction workers. Fortunately, it is good thing for new arrivals in the camp, they know our organization after they join the prevention education session. Some families refer their family who are addicted to DARE treatment Centre, and some are come by their own self.

**7. When you provide home visit, do you see any change and improvement in the community?**

**- If yes, how (Please give me exactly example)**

The staff in the camps answered that they did see the changes and improvement for providing the home visit in the community.

Mae La Oon staff said that when we conducted the prevention education to the community some families did not pay attention to us but after we did a home visit at their home, they learned and knew more about our activities program in the community.

For Mae Ra Ma Luang said that the first time when we did the home visit to some house, they served us with the betel nut and cigar, but later when we went the second time instead of the belt nut, they provided us with tea and other things. So we have seen the improvement when we did the home visit in the community.

For Mae La camp because we did home visits, we have good relationships with each other. Moreover, some families know more about our activities than we did in the community.

For Nu Poe camp because we did a home visit, new arrivals in camp know our program activities and some come to get treatment at DARE Centre.

Umpium camp, because doing home visits some clients come to treatment by themselves. Moreover, they can share addiction knowledge that they got to their friend and sometimes refer the client to DARE Centre too.

**8. What were the number of clients who recovered and relapsed after treatment in the period from January 2022 to December 2022? (Included stay in camp/resettled/died outside treatment/Return to Burma) [Table January to December 2022 for Recovery and relapse during (12) months]**

**Table 1: Number of Clients Treat in Addiction Treatment Centre for *residential treatment* this year 2022.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Community** | **Male** | **Female** | **Teenager** | **Total** |
| Mae La | 97 | 4 | 11 | 112 |
| **All Total** | **97** | **4** | **11** | **112** |

**Table 2: Clients Treat in Addiction Treatment Centre for *non-residential* (day) treatment 2022.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Community** | **Male** | **Female** | **Teenager** | **Total** |
| Umpium | 31 | 1 | 4 | 36 |
| Noh Po | 46 | 2 | 30 | 78 |
| **All Total** | **77** | **3** | **34** | **114** |

**Table 3: Residential Treatment Recovery and Relapse 2022**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **No** | **Teams** | **Total Clients** | **Recovery** | **Relapse** | **Died Outside Treatment** | **Resettled** | **Back Burma** | **Recovery %** |
| 1 | Mae La | 112 | 54 | 45 | 3 | 0 | 10 | 54.55% |

**Table 4: Non-Residential (Day) Treatment Recovery and Relapse 2022**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **No** | **Teams** | **Total Clients** | **Recovery** | **Relapse** | **Died Outside Treatment** | **Resettled** | **Back Burma** | **Recovery %** |
| 1 | Umpium | 36 | 25 | 9 | 0 | 2 | 0 | 69.4% |
| 2 | Nu Poe | 78 | 35 | 25 | 0 | 7 | 11 | 58.3% |

**Table 5: All Clients’ Recovery Percentage in 2022**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Total Clients** | **Recovery** | **Relapse** | **Resettled** | **Died outside treatment** | **Back Burma** | **Recovery %** |
| **226** | **114** | **79** | **9** | **3** | **21** | **56.4%** |

**9. Do you follow up the clients after they going back to home? If yes, how?**

Yes, we do follow up the clients after they get back home.

- Sometimes follow up by doing a home visit.

- Sometimes we phone their family and ask about their situation.

- If they have time, we invite them to come to the DARE treatment centre.

- Sometimes doing counseling with them after they are back home.

- Sep up time to visit them one month per time or two time.

**10. How many percentages of people, do you think use drugs and alcohol in your camp?**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MRML** | **MLO** | **ML** | **UP** | **NP** |
| 18% | 20% | 42% | 30% | 40% |

**11. How has Covid-19 affected your work in 2022?**

The staff answered that due to Covid 19 pandemic, they would not be able to conduct their activities as the original plan that they did before. Sometimes they would not be able to cross for each section and gather in the office.

- There were less providing the prevention education in the community

- Even if we get the opportunity to share addiction knowledge, the participants should not be more than 20 people during our activities.

- The price of food rises up and not low easily.

- Can not provide the mass meeting in the camp.

- Difficult travelling and can’t go outside the camp.

**12. What challenge do you face when you working in the community?**

We don’t have any serious challenge that we face to working in the community. The only thing is if we don’t have Covid 19 anymore in the community, our work will go smoothly the same as before.

Especially for the Umpimu team, some staff families are addicts so sometimes when they conduct activities, they are mocked by some people. Therefore, they feel inferiority complex sometimes when they are working in the community.

MLO and MRML we try the best to coordination with local camp leaders and provide awareness education, doing home visit but we still don’t have the client who are willing to come to treatment centre. That is the challenge we face for many years when we work in community.

**13. Due to Covid 19 are there any alcohol dealer and home make brew producer in the camp? If yes, why?**

Mae La Oon, Mae Ra Ma Luang said that we don’t have home brewed alcohol in the camp but for the alcohol dealer we did have because they secretly sell it in the camp.

Nu Poe camp, we don’t have those things in the camp because Thai security strongly takes action for those who do it.

Mae La camp said that due to Covid 19 those things increase in the camp because camp people can’t go to work outside to get a small income in their family. Therefore, they choose to work for an easy way to sell the alcohol in the camp.

For Umpium camp, you can’t produce the home brew alcohol according to the regulation that was set up by camp leaders. But the surrounding villages near the camp come to sell it secretly way so camp people use it a lot.

**14. Do you have any suggestion to improve DARE Network for the future? If yes, what are they?**

We don’t have anything special to suggest improving DARE Network because they already serve people and do great work in the community.

**15. Do you know if any people in the community have stopped using alcohol or drugs by themselves? If so, how do you know this? How many have stopped this way and why do they stop using it?**

MLO, MRML, UP, NP, ML – Mostly answer that they do know through by home visit and prevention education session.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Community | Mae La Oo | Mae Ra Ma Luang | Mae La | Umpium | Nu Poe |
| Prevention Education | - | - | 2 | 14 | - |
| Health Problem | - | 3 | 7 | 4 | 18 |
| Health Problem & Prevention Education | - |  | - | 6 | - |
| Family force and income | - | - | 2 | 3 | - |
| Religion | - | - | 4 | 3 | 9 |
| Resettlement | - | - | - | 4 | - |
| Society | - |  | 3 | 2 |  |
| Total All | - | 3 | 18 | 36 | 27 |

**16. What is the effect of the war in Burma on addiction? How does it affect your feelings?**

- Have lost their job and get depressed because they don’t have any small income in their family, so they started to use drugs and alcohol.

-  Some because of the war they lost their property, their house was burned, and some families are dead. Additionally, they feel sad, and they start to use drugs & alcohol, so they become addicted.

- Some people can’t stay in their own village and have to flee in the jungle all the time so they started to use drugs and alcohol as they will forget painful in their mind.

- Especially for those who drugs dealers and users get the opportunity to use and sell it.

Therefore, we have seen and heard that because of the war in Burma our people are damaged by substance abuse, so we are feeling sorry for them. If we have the opportunity, we are willing to help them as well as we can, as they will be free from their using for the future.

**Especially for MLO and MRM**

**17. Do you see the addict people need DARE Network to set up the treatment program again in the community? If yes, how will you do the process?**

Mae La Oon staff said that yes, the addict people need DARE to set up the treatment again in the community. To get the clients we will work with the families and camp leadership closely. We will set up the meeting with them frequently and share the suggestion on how to get the clients to come to the DARE treatment Centre.

The Mae Ra Ma Luang staff also said yes, we need to set up treatment again in the community. We will do the process as we did it before while we treat the clients in the DARE treatment Centre. We worked with section and camp leaders to help us to find the clients and after they were referred to DARE treatment Centre. For our side we share information through doing home visits and prevention education sessions to get clients to come to the DARE treatment Centre.

**18. Why we don’t have the client to come to DARE treatment centre for many years? Please could you explain to us for exactly reason?**

For Mae La Oon, we don’t have the clients in the past because for many ways and reasons. Mostly people who are addict or not addict are going to work outside for a small income in their family so that is why it is a little hard to find clients to come to the DARE treatment Centre.

For Mae Ra Ma Luang,

- Some clients are not ready to come to the DARE treatment Centre.

- Some are not encouraged and support by their family,

- Some are comparing themselves with the leaders who are using so they not coming to get treatment.

**The clients’ stories below include the long-term recovery, short term recovery client and long-term relapse, short term relapse Client.**

**Long Term Recovery Client Story**

I know about DARE activities when some of my friends go to get treatment at the DARE centre. I started to use drugs when I was 15 years old, and it took 10 years for my use. I use opium, methamphetamine, marijuana, and many kinds of alcohol until I overdose using it. Before I come to the treatment centre I do fight with my family and sometimes create problems in the community too. My family encourages me to stop using it and go to treatment. First, I do not agree with them and still use drugs. When I face any problems, my family does not take care of me so later, I regret myself and go to the DARE centre. The first time in the DARE centre I felt angry, could not eat, sleep and craved all the time. After ten days I feel better because I get acudetox, sauna, yoga, and prevention education from addiction workers. Those things help me to lose craving and how to prevent myself not relapse again after I go back to community. After getting a full treatment program I feel better and can eat, sleep well as a normal person. Yes indeed, DARE Network activities are beneficial because I see some addicted people are in poor health and some going to be useless but after they complete a full treatment program, they recover and become useful people in the community. Because of COVID 19 can affect work in many ways. Camp people cannot go outside to find a job for a small income and some activities must be adjusted during in COVID 19.

**Family**

I feel not comfortable when I have addicts in my family. Because we have arguments and different views in the house. His use is very severe, and he cannot stop by himself. So, I found a way to send him to a treatment centre and hope that he will recover soon.  I know DARE activities because DARE addiction workers come to visit us and explain their activities that they do in the community. They encourage addicts in my familyand warmly welcome him anytime to the DARE treatment centre for his use. I support him to quit because I do not want to see anyone in my family become addicted**,**moreover will be free from substance abuse. Everyone has a responsibility to reduce substance abuse in society. Local authorities and camp leaders should strongly act against those who belong to drug dealers. DARE Network doesn’t work alone. Furthermore, we should work together closely and to save our community life from the dangers of drugs & alcohol.

**Long Term Recovery Client**

I started to know DARE when DARE addiction workers doing home visits and provide prevention education to school and, in the community, too. I come to DARE treatment by myself, but my parents encourage me too, to get full treatment and stay away from substance abuse. I overdose and damage myself until I am not a useful person in my family. I started to use drugs when I was 17 years old, and it takes 10 years to become an addict. Drugs that I use such as alcohol, cigars, marijuana, methamphetamine and use it until I become a crazy person. The first time in the treatment centre the problem that I face is craving all the time until I don't want to stay anymore and want to run away. It takes a while to lose craving but after I get treatment from addiction workers I feel better. Addiction workers provide us addiction knowledge, insert the needles in our ears for five points including with the explanation about the benefit of the needles. I wake up early in the morning and do yoga. After that I go to the education session. I meet with other friends and share their experience during the training and know more about each other. It is cool to forget the things that I did before and concentrate on the DARE treatment program. During the treatment period we do have a norm set up by the clients, so I have to eat, play, sleep on time and at weekends I get sauna to take out the detoxification in my body. Those activities are very useful for me to free myself from substance abuse and become a normal person again. Totally different before I came and after I got a full treatment program at DARE treatment centre. Everything is dependent on yourself, if you follow your mind, you will relapse again. But for the DARE program I guarantee they can treat you to free from substance abuse in your life. DARE program is very useful for everyone who is an addict or not addict because their message can remind you before you become an addict. The beginning of this year is several months because of Covid, some activities have to be adjusted and sometimes the school closes too.

**Client Family**

While my family was addicted, I felt like some people looked down on me and felt very bad for him too. I know DARE through some time they did home visits at my home and sometimes I join the prevention session in the community that is conducted by DARE Network. Yes, I did try the way for him to get treatment but at the same he is also willing to go and get a treatment program at DARE centre too. I support and encourage him because I don’t want his life to become the slave of drugs and he is still young too. After he got a full treatment program his behaviour changed, his life improved and then after he went back to school to study again. Because of Covid it damages the small income in the family and makes traveling difficult for camp people too.

**Long Term Recovery Client**

One of my friends talks to me about DARE providing a treatment program in the community and they welcome all people who are willing to quit their use. I have been an addicted person for 20 years and all among the drugs that I used the most is heroin. I never created problems in the community, but I did have domestic violence in my family. Later my family and local leaders encouraged me to quit it and I also want to stay away from those things, so I went to the DARE treatment centre. This is the first time I saw the alcoholic withdrawal symptoms in the DARE treatment centre because I was really surprised and never believed that it would be like this. They do have hallucinations, insomnia, lose appetite and yelling so DARE addiction workers take care of them very well. For me I got different treatment with other clients. Addiction workers prepare the tank full of the water and keep me over there for several minutes. “They call it the water treatment”. During the treatment period I went through many kinds of activities such as Yoga, acudetox, massage, group therapy, Narcotic anonymous, Sauna, healing cycle and addiction knowledge. Those things help me to recover and how to prevent myself from relapsing again after going back to the community. Before I went to the treatment centre I always craved for heroin but after getting a full treatment program from DARE I have lost craving. Moreover, I have seen myself with the valuable person and know how to plan for my future life. I do appreciate DARE Network activities for providing treatment and prevention education in the community. I have seen people who got treatment, their mind, physical is changed and when they back to community they are free with substance abuse too. I can help DARE to share addiction knowledge to my friends who are addicted and encourage them to come to the DARE treatment centre. You still have time to stop it and never too late to quit it.

**Client Family**

 I do have stress and people gossip about me while my husband was addicted to my family. I started to know DARE when they provided a home visit at my home and talked about DARE activities in the community. He got thinner and unhealthy, so I tried to talk with local leaders to encourage him and get treatment from DARE Network. I support him because I want him to recover and become a good father in the family. If he is still used like this sooner, he will pass away. To reduce substance abuse we should work together for each role and provide prevention education more in the community. His behaviour changed after back from the DARE treatment centre. I cannot compare in the past, right now he is very nice and takes care of their family as I had a dream before I referred him to a treatment centre.

**Long Term Recovery Client**

I started to know DARE through local security because usually I worked outside the camp, so I don’t know too much about the DARE program. I am being user for 30 years such as alcohol and methamphetamine. The thing that I use the most is alcohol but later when I worked in the jungle cutting woods, I started to use methamphetamine. I used it to work as hard and restlessly as other people. When I use it, I never think that one day will damage me. Later the whole body was in pain and got skinny, unhealthy. Later my neighbor and my son were encouraged to quit and go to get treatment at DARE centre. While in the treatment period lost appetite, insomnia and craving all the time. I got detox from an addiction worker then I felt better. DARE has many treatments such as providing addiction knowledge and doing acudetox programs etc. Those activities really help addicts recover. DARE addiction workers take care of all the addicted people well and treat them all equally. If we follow what they said, I guarantee 100% that we will be free from substance abuse. DARE can help us 20%, community 30% and our own self 50% so we can see clearly that our self-control is very important to addicted people. If we can control, we will be free, if not we will relapse again. After getting full treatment, I can sleep, eat, gain weight and be full of energy as a normal person. After I go back home, I try the best I can day by day to avoid the thing that causes me to relapse again. DARE program activities are useful for everyone who is addicted and not. They treat us for free and there is no need to pay anything during the treatment period. If I am not wrong for other places such as Myanmar and Thailand, if you go to get a treatment program, you have to pay a lot for the treatment fee. I encourage DARE Network to never give up on your great work in the community and try the best for our new generation to free from substance abuse in the future.

**Family**

I really feel bad and stressed when I have an addict in my family. I knew DARE when my neighbour went to get treatment at DARE and share information with me. I request him to quit because I have to take care of him all the time when he has physical weakness. I try to find ways to help him to stay away with substance abuse. I hope one day he will recover and become a useful person in his family. My dream came true when he went back home after getting treatment at the DARE centre. He tries the best as well as he can, day by day until he is free from substance abuse.

**Short Term Relapse Client**

DARE Network went to the community every month for share prevention education so sometimes I met with them in my section. Most people who reside in the camp know their organization but the people who don't know are just new arrivals in the camp. I started to use drugs when I was 13 years old and was addicted for 19 years. Drugs that I use such as marijuana, methamphetamine and many kinds of alcohol. When I was addicted, I did create problems in the community such as domestic violence to my family and yelling in the nighttime until my neighbour can’t sleep anymore. After that the security leader referred me to the DARE treatment centre for my recovery. First time in the treatment period I felt not well, my hands shaking and craving all the time. Therefore, DARE addiction workers provide me with the acudetox and sauna to take out the detoxification in my body to feel better. Before I went to the DARE centre, I created the problem, so I had to go to the detention center several times. After getting a full treatment program I never was in detention and the percentage of domestic violence, using is less. After returning to the community, when I worked outside the camp, I met with my old friends, and I relapsed again. But I do have a plan when I am ready, I will go again to get treatment at DARE centre.  DARE Network is beneficial for those who are addicted because even when they got a full treatment program from DARE Network, they did recover and become a valuable person in the community. Nothing to suggest the DARE Network because they already did the great work in the community and sometimes will face the problem but don’t give up easily. You can continue and serve people who need you until our community is free with substance abuse.

**Client Family**

Everyone will know how to feel when you do have the addicted people in their family.  I do try the way for him to get treatment from the DARE Network. At the same time, he hurt me, and security arrested him and sent him to detention. While in detention, he wants to quit his use and security referral him to a treatment centre. Everyone has a responsibility to reduce the percentage of dealers and users, not only the DARE Network. We should collaborate strongly to reduce the percentage of drugs in our community. After he comes back home, even if he relapses, he uses it in a secret way and not obviously in front of his family. His life has changed a lot, but I still hope that one day he will be free with substance abuse. Because of Covid people cannot go outside and students have less time to study at school.

**Short Term Recovery Client**

I started to know DARE when the DARE addiction workers provide prevention education in the community, school and my friends also have been to get treatment at DARE treatment centre too. I started to use it when I was 16 years old, and it took 10 years for me to use it. I used marijuana, alcohol, methamphetamine, and sniff glues. When I was using those things, I got physical weakness and spent my time at the hospital many times. I never create the problems in the community, only in my family. I steal my parent’s money and buy drugs to use, so it is kind of a problem for my family to keep things safe in the house. Later my parents encouraged me to quit it and go to get treatment at DARE centre. First time in the treatment centre, I felt nervous, lost appetites, insomnia and craving during one or two weeks. During the treatment period, I got acudetox, yoga, massage, sauna, healing cycle, Narcotic Anonymous, group therapy and addiction knowledge so those activities help me to recover from substance abuse. Before I get treatment, I do not dare to have relationships with other people but after coming back, I do it. I go to church every week and after that I join the bible school. People have different views, for me I rely on myself with a religious side as to free from substance abuse. I want to become a good role model and show out good things that DARE did to me. Because of the DARE program, my life has changed and become a valuable person in the community. Covid can damage the time for teenagers not able to go to school and have to stay at home. People who have less income have less food to feed their family because they cannot go outside the camp.

**Client Family**

I felt tired for my son. He spends the time with his friends and back in the midnight all the time. He never tries hard to study and does what he wants. I did usually know DARE through providing education and did home visits. I want my son to change his life and encourage him to quit doing bad things. It takes for many years to get him free from using. Later he decided on his own and went to the DARE treatment centre for his recovery. As parents we did find a way for him to stay away from bad things in his life. I did see his behavior change After he came back from the DARE centre.

**Short term relapse client**

I know about the DARE Network through my friends and sometimes section leaders did the announcement about the DARE in the community. I usually drink alcohol, smoke cigars and chew betelnut. It took 25 years until I quit it. I do not overdose but use it every day with my friends. After I get drunk, I don't go anywhere and sleep in my house. The main things that provide the problems is I felt sick my wife should take care of me all the time. My wife suggests that if you go to get treatment at DARE treatment centre you will feel better. Later I followed her suggestion and then I went to get treatment at DARE centre. During the treatment period, I got addiction knowledge and the process of the treatment program, to improve my future life as to become a good father in the family. Before I came to get treatment, I always spent money with my friends to buy alcohol but later when I got full treatment from addiction workers, my behaviour changed. Instead of using money with my friends I used it for my family and bought useful things for my family too. After coming back to the community, I try to control myself and stay away from my friends who I have been using before for many months but later I fail with their persuasion. I do not blame them; it was my mistake because I follow my mind too. But for the future I do have plans to go again for my recovery. I did appreciate DARE activities in the community. DARE Network is working with the camp leadership and responds to the school community to provide addiction knowledge. Therefore, it is useful for the teenager to not become an addict and go to school without the substance abuse in their life. Covid can damage camp people traveling and daily small business for their income.

**Client Family**

When I have an addiction in my family, I feel ashamed and sometimes I am very tired of his actions. People look down on us and call him an alcoholic. I know DARE when they provide prevention education and come to visit us at home. DARE addiction workers do not look down on us and have a relationship with us well. I want him to quit it and encourage him all the time. I have seen after people get a treatment program from DARE, mostly they recover and become useful people in the community.

**Long Term Relapse client**

I know DARE through my parents who referred me and told me about DARE activities that they do in the community. I started to use it when I was 17 years old, and I still use it until now. I use methamphetamine until sometime unconsciously. I did create violence to fight with my family and steal things into the house. The local leader took action on me and put me in detention. I did know the bad and good things, but I never regret myself. While in the treatment centre I have withdrawn symptoms such as hallucination, can’t sleep and craving. But DARE addiction workers give themselves to take care of me well until I have lost the withdrawal symptom. I got many kinds of lessons through the DARE program. But the most important thing is your self-control, for example “The one who pretends that he/she is sleeping, you can wake them up, more difficult than the one who really sleep”. After coming back home when I met with my old friend, I relapsed again because I followed my mind. First time I thought just one then enough but later the consequence is drinking every day. I am not sure if I will go to DARE again but one day when I am ready, I will go by myself, and I do not need anyone to refer me. I know the DARE program is good for addicts and for those who have never used it. Their message can prevent people, community as to free with substance abuse.

**Client Family**

I really did not feel good when he was drunk. He created trouble every time. I know DARE while the section leader announced that DARE will come to share prevention education in my section. I already try my best to find a way for him to quit using. The most important thing is his mind, he has to control it as he will stay away from those things in his life. After he came back his behavior changed but later, he became the same as before. Anyway, thank DARE Network for their working hard and they don’t have discrimination to the addicted people. They treat all addicts equally during the treatment program.

**Question for camp justice, social affair, camp leader or vice camp leader and camp security leader**

**1. How many percentages of people using drugs and alcohol in your camp?**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MRML** | **MLO** | **ML** | **UP** | **NP** |
| 20% | 15% | 35% | 25% | 30% |

. **2. If you compare in the past and present day, is the abuse of drug and alcohol increase or decrease?**

**- If increase how? - If decrease how?**

For Mae La Oon and Mae Ra Ma Luang camp the drug abuse is decreased as below.

- Camp local leaders working together with other departments and take action to the drugs dealer.

- Local security takes more responsibility in the camp.

- Some camp leaders are free from substance abuse and become good role models to camp people.

- To provide addiction knowledge in the community and work closely with the camp leaders.

For Mae La and Nu Poe camp the drug abuse is increasing as below.

- Fighting in the border line and drugs easily entering into the camp.

- Some people don’t have a job, so they choose to sell the drugs and easily get money.

- Some stay in the camp and have no hope for the future, so they follow their mind and become addicted.

- The present-day methamphetamine price is low, and people can buy it.

- According to Thai law, using marijuana is legal so young people use it a lot in the camp.

- Some shops are near the camp so camp people can easily take it.

**3. How drug and alcohol entering to the camp, and which one is entering the most?**

- People entering the camp secretly and bringing with them alcohol.

- Some local authorities got money from the dealers, so drugs are easy to come into the camp.

- Some camp people who are working outside when they come back and bring with drugs and alcohol.

 - The villagers near the camp, bring alcohol and request camp people to sell it for them. If something happens to the seller, they will take responsibility for them.

All camps answer that among all the alcohol which enter the most into the camp is home brewed alcohol.

**4. Which kinds of drug & alcohol people use the most in the camp? And why people use it the most?**

All camps answered that the homemade brew alcohol is used the most in the camps for adults, young people and teenagers. They use drugs and alcohol for working, social relationships and some for stress in their life. Alcohol is what people use the most because they feel like it is legal a little bit more than other drugs in the camp. The other things are that the price is low and easy to buy. Some people feel that if you drink and do not create any problems, the local leader does not take any action against you, so that is why people use it more in the camp.

**5. Do you see that DARE Network activities are benefit in the community?**

**- If yes, please give us with example**

Yes, we do see DARE Network activities benefit our community.

- Because DARE addiction workers provide addiction knowledge and do home visits in the community. The activities are useful also for camp leaders to become good examples to the camp people.

- Benefit for people who are addicted to reduce their use and prevent the teenager from staying away with the substance abuse in their life.

- People know more about the damage of drugs and alcohol to their family and after they come to get treatment at DARE treatment Centre.

- Reduce domestic violence and less cases to solve in the community.

- Some addicts quit using it, and some are reducing their use.

- Some people are hopeless and cannot be useful anymore but after they complete a full treatment program, they recover as normal people. Therefore, DARE Network save addiction life and become useful people in the community.

**6. Do you collaborate with DARE Network? If yes, how?**

We do collaboration with DARE Network in the community.

- While we have the drugs issue, we invite the DARE team to come and join us.

- We go community with the DARE team and encourage the addicted people to come and get the treatment.

- We refer clients who are in detention that are willing to get the treatment at DARE Centre.

- Sometimes we do the encouragement speech during the prevention education session.

- During when DARE will open the treatment program, we do the announcement in the community.

- We refer the clients and talk about how to reduce the percentage of drug issues in the camp.

**7. Which one of DARE activities are useful the most and benefit in your community?**

We cannot make the decision which one of DARE activities is useful because all activities are useful and benefit our community. But the most activities that have value to reduce addictions in the community are prevention education and treatment programs. Both of activities relate and important so should go together as to reduce percentage of substance abuse in our community.

**8. How many people are arrest with the drug and alcohol problems in 2022? Please share with us the numbers.**

- Over 18 years old male and female

- Under 18 years old male and female

For Mae La camp mention that, over 18 years old they do have over 100 people who arrest with the drugs problem in 2022. Especially for Umpium camp they are not providing us the number.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Camp** | **Over 18 Years Old** | | **Under 18 Years Old** | | **Total** |
| **Male** | **Female** | **Male** | **Female** |
| Mae La Oon | 88 | 0 | 11 | 0 | **99** |
| Mae Ra Ma Luang | 0 | 0 | 4 | 0 | **4** |
| Nu Poe | 3 | 0 | 68 | 0 | **71** |
| **Total All** | **91** | **0** | **83** | **0** | **174** |

**9. Do you have any idea that we can work together to reduce drug and alcohol abuse? - If yes how?**

**-** DARE should conduct the activity of anti-drugs day on 26 June to remind people to stay away from substance abuse.

- Should work closely together with local security, camp leaders, villagers who live near the camp and talk about how to reduce drugs in the community.

- DARE staff should provide more prevention education to the dealers and users in the community.

- All organizations should work together to improve the community to free from substance abuse.

- Camp authority should strongly take the actions of the people who are trafficking drugs, and the leaders should not take the corruption to people in the camps.

- Camp authority should free from substance abuse and become good role models to the people in the camps.

- People who are under 18 when they go to buy anything related to drugs & alcohol the shop owner should not sell to them.

**10. After DARE provide prevention education, do you see any change and improvement in the community? - If yes, how (Please give me exactly example)**

**-** Providing addiction knowledge, I have seen some people know more about drug problems and some reduce their use.

- Some families refer the addicts to the DARE treatment Centre.

- Less domestic violence and people fighting in the community.

- Some addicts decide when they get prevention education and go to the DARE treatment cycle by themselves.

- Some addicts reduce their use, and some quit.

Therefore, prevention education improves our community and can save our community life from the danger of substance abuse in the future.

**11. How has Covid-19 affected your work in 2022?**

- We cannot conduct the activities and do the mass meeting.

- School closes often and students cannot go to school as the original plan.

- People cannot go outside to work to get a small income in their family.

- We cannot work as planned. We have to adjust the schedule and work depending on the situation in the camp.

- If we do some activities, the participants should not be more than 20.

Moreover, the price of food and things are increasing, and it is creating problems for some families who don’t have enough money to buy those things.

**12. Due to Covid 19 are there any drugs dealer and home make brew producer in the camp? If yes, why?**

Usually in the camp we do also have rules and regulations that are set up by the camp committee. According to selling and to make home brew alcohol we are not allowed to do it in the camp. If you see that people are drunk and selling, you have to know that those things are from outside the camp. We try the best to make it as our community free from substance abuse but for the secret way still comes in our camp. We all have responsibility for each of our roles and what can we do to reduce the percentage of dealers and users in our community.

**13. Do you know if any people in the community have stopped using alcohol or drugs by themselves?  If so, how do you know this?  How many have stopped this way and why do they stop using it?**

We do have some people stop using drugs & alcohol by themselves because they face the problem of physical weakness, family force and they start to reduce and after that they quit it by themselves. We know it through when we do the monthly meeting with the section leaders.

**14. Do you see the addict people need DARE Network to set up the treatment program again in the community? If yes, for your side how can you help the DARE Network? (Especially for Mae Lo Oon and Mae Ra Ma Luang)**

Yes, we do need the DARE to set up the treatment program in the community. We should work together with all the organizations, camp leaders and local Thai security in the camp to find a way for those who are addicted and don’t want to come to the DARE treatment Centre. If all the local leadership has a green light, we can strongly take action against those who are addicted and need treatment. After that we can talk with the DARE team and refer them to the DARE treatment Centre.

**15. What is the effect of the war in Burma on addiction? How does it affect your feelings?**

- People have to flee in the jungle frequently so full of depression, after that they start to use drugs and alcohol to feel better in their life.

- People cannot stay in their own village and must sleep overnight in the forest all the time. Therefore, the consequence of some addicted people taking more opportunity to use drugs and alcohol.

- Especially for those who are dealers and users get more opportunity to use and sell drugs & alcohol.

-  Some are because of the war they lost their poverty; their house was burned, and some families are dead. Additionally, they feel sad, and they start to use it drugs & alcohol, so they become addicted.

- Lost small business and don’t have stable work to get income so later they choose to become the dealer as will get money for their family.

- Some are no hopeless for their future, so they become addicted.

Therefore, we have seen clearly, the consequences of war in Burma bring many crazy things to our people. As our people have suffered, we are feeling the same with them so if we have the opportunity, we are happy to help them in many ways as they will be free from substance abuse.

**Question for**

**Camp residents’ people, NGO, CBO, Teacher, Medic, Section leader, Section security, Section social leader, Teenager in camp, religious leader.**

**1. Do you see and know that substance abuse gives the problems in the community?**

**- If yes, what are they?**

Yes, we do see that substance abuse causes problems in the community.

All camps answer that yes, substance abuse gives the problem in the community. Family divorce, domestic violence, stealing, yelling in the nighttime, fighting, so it makes more work for local leaders and some teenagers are not going to school for study.

**2. Do you notice any new drugs entering and the new methods of people using drugs in the camp?**

All camps answer that they do not have any new drugs entering the camp. We do have the same drugs as before such as alcohol, methamphetamine, marijuana, ice and opium.

**3. Which kinds of drugs people using the most in the camp? How do you know it? Why do people use the most?**

All camps answer that home brewed alcohol is what people use the most because the price is low and easy to find it in the camp.

**4. Do you collaborate with DARE Network? If yes, how?**

Yes, we do work with the DARE Network team in the camp such as

- We help families who face the addiction problems then we refer them to the DARE treatment Centre.

- We participate with them when they provide addiction knowledge and when they open a treatment program, we announce it in the camp.

We do the meeting and discussion about how to manage the problems of substance abuse in the camp.

- We do referral clients and have communication with the DARE team.

- We arrange and manage the place for addiction workers to provide prevention education in the community.

- For the health sector we are working closely with the DARE Network team all the time.

**5. In the last year, have you seen an increase or decrease of violence related to drug and alcohol use?**

**- If decrease why?**

**- If increase why?**

All camps answer that the violence related to drugs & alcohol are decreasing a little bit. Because camp local leaders set up the rules for the camp people and take action for those who create the problems in the camp. Another thing is the travelling is restricted by Thai local authorities, so it is not easy to go out in the camp. Moreover, DARE provides addiction knowledge and treatment programs, so it is helpful to improve the community to free from substance abuse. Therefore everyone, every organization should work together to anti-drugs abuse in our community, as our new generation will be free from substance abuse for the future.

**6. Do you notice and hear any people are dead because of substance abuse in 2022?**

**- Health problems**

**- Suicide**

**- Violence**

**- Accidents**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Camp** | **Health Problems** | **Suicide** | **Violence** | **Accidents** |
| Mae La Oon | 6 | - | - | - |
| Mae La | 2 | 2 | - | - |
| Nu Poe | 2 | - | - | 3 |
| Umpium | 1 | 1 | - | 1 |

**7. Which one of DARE activities are useful the most and benefit in your community?**

The answer that we got from the community is that providing prevention education and doing treatment programs are the most useful for addiction people and people who are staying in the camp. These two activities should work together to reduce the percentage of dealers and users in the community.

**8. After DARE provide prevention education, do you see any change and improvement in the community? - If yes, how (Please give me exactly example)**

- New arrivals know the problem of substance abuse and reduce their use.

– Some families get addiction knowledge from addiction workers, so they continuously share this knowledge to their family.

– We have less domestic violence, and the percentage of users and dealers are decreasing.

– Because of providing prevention education people change their mind and some come to treatment Centre.

– Some people who are not using, they know how to prevent themselves after getting addiction knowledge.

– Some reduce their use and come to the DARE treatment Centre.

– Useful for family and less domestic violence in the camp.

**9. Do you have any idea that we can work together to reduce drug and alcohol abuse in community?**

- We should work together for each of our roles to reduce the substance abuse in the community.

- Should provide more addiction knowledge in the society.

- Everyone has responsibility for the drug issue, not only jobs for DARE Network.

- Local camp leaders should join with DARE Network during the prevention education session. At the same time, they need to provide encouragement speeches to camp people.

**-** Local leaders should free themselves from substance abuse and become good role models for camp people.

- All organizations should participate with DARE Network and talk about how to reduce the percentage of users and dealers in the community.

 - Local authorities should strongly take action, for those who are drug dealers and users in the camp.

**10. How many percentages of people using drugs and alcohol in your camp?**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MRML** | **MLO** | **ML** | **UP** | **NP** |
| 15% | 20% | 45% | 33% | 37% |

**11. How has Covid-19 affected your work in 2022?**

- We cannot work as planned; we have to adjust the schedule.

- Some families face the problem that they don’t have a small income in their family because they are not allowed to go outside for work.

- Students can’t go to school and study regularly as before.

- Cannot conduct the activities in the camp.

-  The prices of foods and things are raised up and not down easily.

- We can’t go to church and worship as normally.

**12. After Covid 19 are there any dealer and home make brew producer in the camp? If yes, why?**

- We can say that it decreased because local authorities set up rules and took strong action in the camp. Moreover, camp people can’t go out, so drugs are not easy enter to the camp.

**13. Do you know if any people in the community have stopped using alcohol or drugs by themselves?  If so, how do you know this?  How many have stopped this way and why do they stop using it?**

Yes, we do have some people stop using alcohol by themselves in the community.

- Some quit because they have physical weakness and create problems for their family to take care of them all the time.

- Some get addiction knowledge from addiction workers so later they decide themselves to quit it.

- Local authority and family forces so they start to reduce their use and after that they quit it.

We know through it from our neighbour and some information from the leadership side.

**14. What is the effect of the war in Burma on addiction? How does it affect your feelings?**

- Because of the civil war some people have to leave their homeland and run away.

- Some houses were burned, and families are dead.

- Even if they have their own village, they can't stay in it anymore and have to flee it in the jungle all the time.

- Some have lost their own business and are full of depression.

Therefore, the above of suffering create people to start using drugs & alcohol to forget everything that they go through very hard in their life and no hope for the further, so they choose to become addicted people. We really feel sorry for what happened to them and if we had a good opportunity, we would like to help and save them from the dangers of substance abuse.