



AL SERVICIO DE LA FE Y PROMOCIÓN DE LA JUSTICIA

Project Activities Report

Prevention of youth violence in Ayacucho - Peru

During the last three months, weekly activities continued in the three areas of action. In addition, the following special activities were carried out and they are important to point out.

SELF-ESTEEM WORKSHOP

The self-esteem workshop was held on June 22, with the participation of 15 adolescents from the Alternative Youth Space of the Carmen High Zone, in charge of the psychologist Luz Marina Dueñas. At first there was a brainstorming session where the adolescents commented what was self-esteem for them, and then these concepts were reinforced with daily activities, later they made a dynamic of union between the adolescents where there had to have physical contact, the dynamic was called "ship sinks", then the screening of a video on self-esteem was held, which was quite clear and dynamic, they also drew a tree where they mentioned the qualities that each one had and the importance of recognizing it for themselves and for the others, in the final part of the workshop the teenagers delivered a letter to their partner about the positive things that they observe in the other companion, and the delivery of a bracelet as a symbol of self-care that each must have. When the adolescents culminated the workshop, they had clearer ideas about self-esteem and how to improve it on a daily basis with self-care, which is complemented by the use of the bathing area, where they can be cleaned.



DISPOSAL ANEMIA

On July 05, the screening of anemia was carried out to a total of 34 adolescents from the Alternative Youth Space of the Quinuapata and La Paz Zones. This activity was carried out with the aim of preventing and identifying possible cases of anemia in teenagers. The biologist Enrique Gutiérrez performed the screening of Anemia in the same area where the adolescents live. We already have the results issued by the professional, which were be given to the parents of the teenagers. A follow-up will also be done to the two adolescents who are at risk of having anemia.



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PREVENTION TALK ON DRUG CONSUMPTION

On the 3rd of September, the prevention talk on Drug Consumption was conducted, led by the DEVIDA institution, who carried out this activity for the adolescents of the Alternative Youth Space in the area of the Carmen Alto, where 18 adolescents participated, 7 girls and 11 boys. This activity was in charge of a psychologist, starting with the introduction about drugs and what adolescents understood about this topic. Then a group work was done, the first group wrote all the drugs they know or have heard about, the second group wrote about the causes of drug use and the third group wrote about the consequences of drug use. The activity ended with the presentation of the groups and a very emotional video about the consequences of drug use and where they can go to ask for help.

SPORTS CHAMPIONSHIP

On September 15 at the IPD facilities, the interdistrict sport's championship "Live Sports without Drugs" was organized by the Multisectoral Committee on Drug Prevention and Surveillance. In this event, 25 teams from the different member institutions of the committee participated: Centro Loyola, INABIF, UDAFF. Listening centers and the family prosecutor's office, where adolescents and young people participated playing football and volleyball, was a space of fellowship among the participants.

ELABORATION OF MURAL

Within the framework of the Youth Day, adolescents from the Alternative Youth Space of La Paz area developed two significant murals to prevent drug use and the good use of free time, messages were expressed through two murals located in the educational EI and in the sports field of their neighbourhood. It was a very nice job that was recognized by the director of the educational institution, neighbours and parents of the teenagers.

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ARTISTIC PRESENTATION FOR THE "DAY OF YOUTH"

On September 21st, as part of Youth Day, the teenagers from the Alternative Youth Space of the Carmen Alto area presented a dance from the province of Víctor Fajardo called "Pumpin" at their educational institution "Javier Heraud Pérez". The director and the teachers of the educational institution recognized the importance of the artistic activity of their students and the importance of the Alternative Youth Space in the neighborhood for the development of skills and abilities of teenagers.

