



***The WARIF EDUCATIONAL SCHOOL PROGRAM
WESP INITIATIVE | PHASE I
FINAL COMPLETION REPORT***



More girls are willing to speak out about cases of abuse without fear of prejudice

ACKNOWLEDGEMENTS

On behalf of the Board of Directors, the Women at Risk International Foundation (WARIF) would like to express our appreciation to the Lagos State Ministry of Education for providing the approval to conduct the WARIF Educational School Program (WESP). Our thanks also extend to the Tutor General and the Secretary of the School District IV for their support throughout the process. We also appreciate the efforts of the School Principals, Vice Principals and Club & Activities Teachers of the schools involved in the pilot phase.

Finally, WARIF would like to thank all those who participated in the 4-week intervention program, as facilitators, volunteers, and report reviewers.

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Founder | Executive Director
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1.0 EXECUTIVE SUMMARY

Sexuality and its understanding remains an issue in Nigeria especially amongst young people between the ages of 10-18, due to a continued culture of ignorance and the inability of many family members to discuss openly about sex and other related issues with children and teenagers in their care.

In Nigeria, women are placed in a stereotypical role and are regarded as subordinate to men which limits her from making the choices that may protect her from abuse. On the other hand, men are regarded as the more superior and dominant partner, who in most cases view the female; his more vulnerable partner, as being subservient to them.

Children in our communities are brought up with this disparity being evident between boys and girls, and this is also a source of gender-based violence in later life. The role the girl child is made to accept, chiefly because of upbringing, is one that reinforces this disparity with the boy child, and contributes to gender-based violence.

Over the next 3 years, WARIF will focus on the development and implementation of the WARIF Educational School Program. This program will consist of a series of intervention strategies implemented in secondary level schools which aims to change the mind-set that governs the present belief system and behavior of our young through education and increased awareness and knowledge. This in turn will prevent the inequality that currently exists as a result of the cultural, social and political norms in our environment and will lead to a decrease in the incidence of gender based violence among these adolescents as they reach adulthood.

2.0 PROJECT IMPLEMENTATION

The project was implemented in adherence to the strategy communicated in the concept note.

A baseline survey was conducted with a sample size of 1,038 respondents. The information gathered formed a basis to guide the implementation strategy of WESP. Also, part of the 4-week program involves a session with parents of the direct beneficiaries anchored by the founder of WARIF – Dr. Kemi DaSilva. A total of 40 parents attended the parent forum.

The WESP reached a total of 93 girls in 3 senior secondary schools - SS1 and SS2 with 12 contact hours in total, spread over 4 weeks.

2.1 Session Outline

- **Session 1**
Talk-Talk | Breaking the Silence

- **Session 2**
My Body & I | Sex & Sexuality

- **Session 3**
Unmasked | The Abuser

- **Session 4**
Act Now | Steps to reporting abuse

Prior to event day, Kasher Consulting engaged with all relevant stakeholders towards a successful project implementation. They include:

- Lagos State Ministry of Education
- Education District IV
- School Principals

2.2 Schools involved in the project:

1. Itolo Girls Senior Secondary School Surulere
2. Mainland Senior High School, Fadeyi Yaba
3. United Christian Secondary School, Apapa

Each session was very interactive such that beneficiaries had ample opportunities to ask as many questions as possible. A key feature of the session was the confidentiality moment where students wrote their questions/concern in a piece of paper. These were dropped in a box and passed on to the WARIF counsellors for further action.

Each participating student was awarded a certificate of participation at the end of the program.

2.3 Outcomes

- 96 students were directly impacted with the WESP
- Parents of beneficiaries are eager to support their children to put to practice what they learnt during WESP
- A broader knowledge of sexual abuse in all its forms and consequences
- The community of parents and students are more aware of WARIF as a ¹SARC and willing to explore the services they offer
- Improved linkages between victims of abuse and the support systems
- An improved structure for re-integrating survivors into the community through counselling and other therapy
- Advocacy: parents and the community appreciate the value of sexuality education
- Parents, teachers and students equipped to identify and report abuse to appropriate authorities
- More emphasis on academic excellence as many beneficiaries are willing to focus more on doing well at school
- Beneficiaries have improved self-esteem
- The culture of silence is reduced with most beneficiaries making the decision to speak out at any given opportunity without fear of prejudice
- Beneficiaries are more aware of how to identify a predator
- Beneficiaries are more aware of the damage pornography can cause
- Beneficiaries have knowledge of how to communicate clearly. They demonstrated a clear understating of the dangers of engaging in sexting.
- Beneficiaries are more aware of who their protectors are, for instance WARIF (SARC)
- The post intervention revealed that majority of beneficiaries are more likely to report cases of sexual abuse to WARIF

¹ Sexual Assault Referral Centre

3.0 KEY FINDINGS

Through series of assessment methodologies, feedbacks were obtained from the beneficiaries before, during and after the project. Beneficiaries were tested on their understanding of the terminologies as it relates to rape and sexual harassment. The information gathered were collated and analyzed to come up with the findings.

Below are some of the feedback from students who participated in the project:

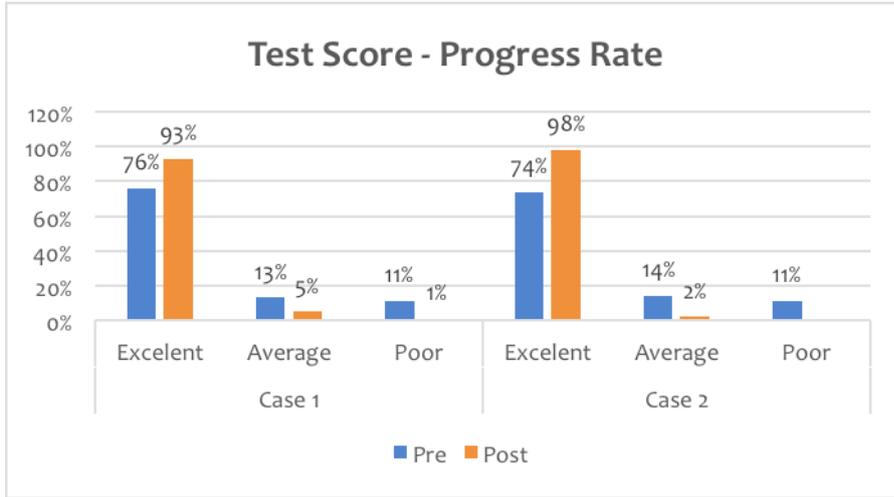
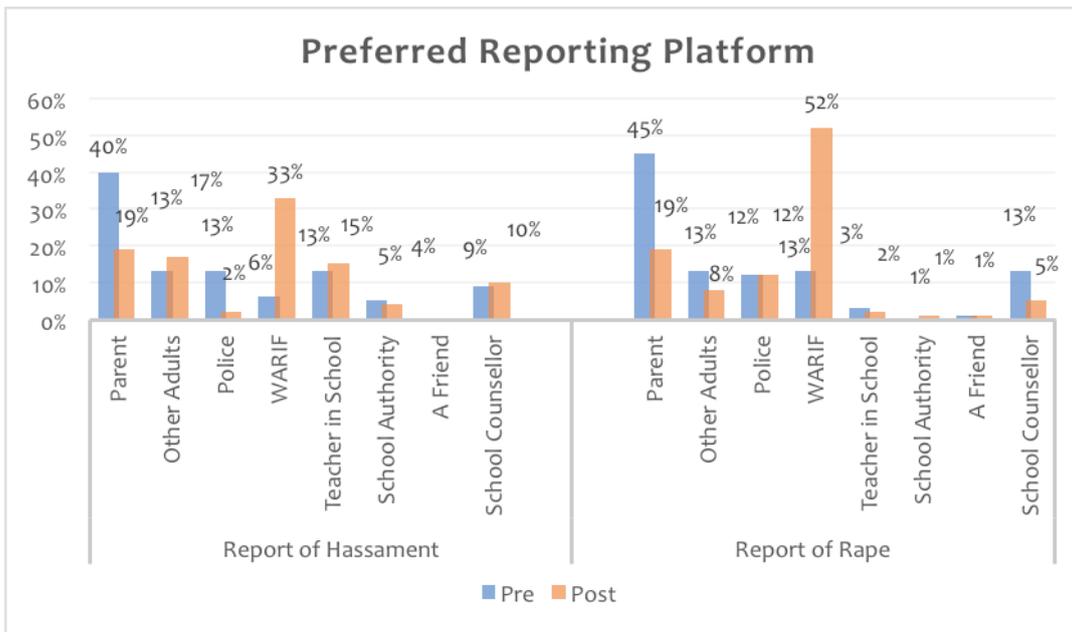
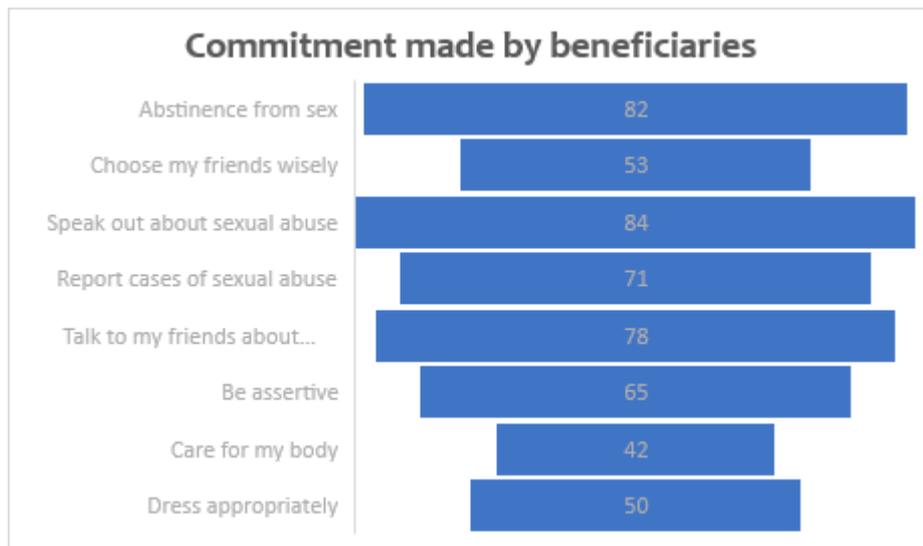


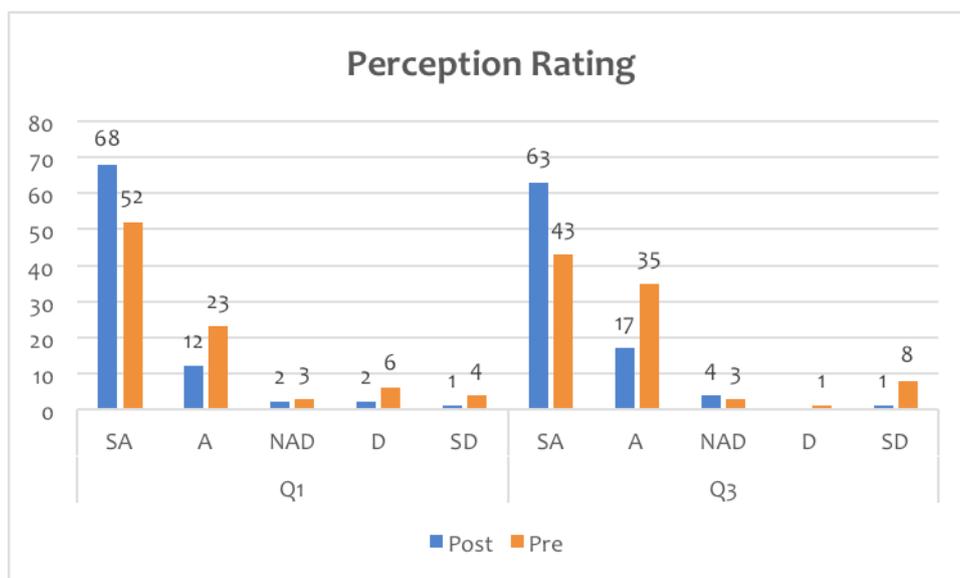
Fig 1 above shows an overview of knowledge gain of the students. For instance, more students moved from average and poor performance (pre-test) to excellent performance (post-test)

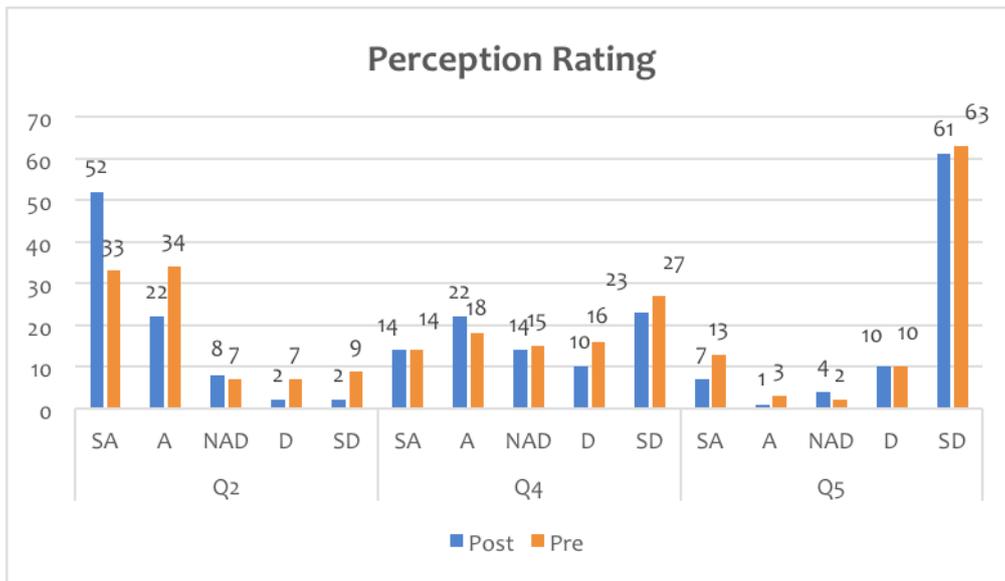


Part of the awareness program involve reporting cases of sexual abuse. Fig 2 above illustrates the knowledge base of beneficiaries before and after the intervention program. Pre-intervention, beneficiaries focus on reporting cases mostly to parents. However, the post intervention survey revealed that beneficiaries are most likely to report cases of sexual abuse to WARIF. Other significant choices by respondents are parents, trusted adults and a teacher in school (sexual harassment cases) and the police & parents (rape cases).



The 4-week awareness program emphasized on beneficiaries becoming change agents and influencing others positively. It is hoped that these girls become ambassadors of WESP/WARIF. Therefore, fig 3 above highlighted the decisions made by beneficiaries on attitudinal changes. Speaking out without fear of prejudice about sexual abuse and abstinence from sex stood out.





Q4: Sexual abuse is an act of lust and passion that can't be controlled

Q5: There is nothing we can do to prevent sexual violence

SA: Strongly Agree

A: Agree

NAD: Neither Agree nor Disagree

D: Disagree

SD: Strongly Disagree

3.1 Beneficiaries comments about the facilitators

Facilitators		
Ruth Goma Mainland Senior High School Yaba	Chichi Ogbonaya United Christian Senior Secondary School Apapa	Tolu Osoba Itolo Girls Senior Secondary School Surulere
A mother to all	Outspoken	Friendly
Understanding and calm	Friendly	A motivator
Kind Hearted	Confident	Confident
Outspoken	Disciplined	Kind hearted
Humble	Kind Hearted	Patient
Caring	Good looking	Good looking
A good listener	Teaches well with illustrations	Outspoken
Beautiful		Humorous (funny)

3.2 Feedback from Beneficiaries

“I learnt a lot about the statement of encouragement (affirmation) I AM UNIQUELY SPECIAL”

- **Akinnusoye Jumoke**; Mainland Senior High School Yaba

“I now know how to use my sixth sense, think fast, use my intuition and say words of encouragement to myself”

- **Philip-Nwokoro Glory**; Mainland Senior High School Yaba

“I learnt that SEX and MAKING LOVE are different. Sex refers to intercourse between a boy and a girl (both unmarried) which is wrong while making love refers intercourse between a man and a woman who are married”

- **Chioma M Favour**; Mainland Senior High School Yaba

“I will abstain from sex and encourage my friends to do same”

- **Mumuni Salimot**; Itolo Girls Senior Secondary School Surulere

“I am an ambassador of WARIF. I will always be bold to speak out and report cases of sexual abuse”

- **Onyekpndu Chidera Wisdom**; Itolo Girls Senior Secondary School Surulere

“I will be on the lookout for signs of sexual abuse in young boys and girls in my neighborhood. My duty will be to educate any survivor on how to CALL FOE HELP”

- **Atueyi Chioma**; Itolo Girls Senior Secondary School Surulere

“I have decided to choose my friends wisely, build a good relationship with God, say no to sex and become a role model for others”

- **Joshua Juliet**; United Christian Senior Secondary School

“I won't visit a guy alone henceforth, I will stop receiving any sex chats from any guy and above all make my study my priorities”

- **Joshua Juliet**; United Christian Senior Secondary School

4.0 APPENDIX

4.1 Suggestions for scaling up: Phase II

- Curriculum review
- Set up a club in the schools with beneficiaries of the Pilot phase
- Scale up to reach more students
- Focus on boys
- Redesign flyer to make it more attractive
- Choose ambassadors from beneficiaries
- WARIF centre tour
- Police Station tour
- Remand home tour
- Conversation café with celebrities
- Build a more effective and sustainable communication plan