The Project title: Procure Sanitary towels for 1,000 girls in Kampala City suburbs

**Project summary**

TURGET UGANDA promotes menstrual health among young and adult women living in the suburbs of Kampala-Uganda.

This project will procure 1000 sanitary towels for girls who are enrolled in upper primary school (Primary five, Primary six and Primary seven) and are living in the suburbs of Kampala City-Uganda. Many girls in upper primary school drop out of school due to lack of appropriate menstrual health management practices, materials and facilities.

The project will also train 100 boys knowledge in knowledge of appreciating that menstruation is natural process and a human right, Provide clean water to the girls in schools, Provide changing clothes like knickers and uniforms and train girls on the appropriate use of sanitary towels.

**Project funding**

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| --- | --- | --- | --- | --- |
| **Item** | **Details** | **Units** | **Unit cost** | **Total cost** |
| Sanitary Towels | 2 packets per month for 1,000 girls in 12 months | 24,000 | 1 | 24000 |
| Purchase of Knickers | 5 pieces per girl for 1,000 girls | 5,000 | 2 | 10,000 |
| Provision of clean water | 10 schools in 6 suburbs in Kampala | 60 | 160 | 9600 |
| Training 100 boys | On fighting stigma and discrimination of girls during their menstrual period | 100 | 30 | 3000 |
| Train 1000 girls | Proper use of sanitary towels, use of clean water and menstruation as a right. | 1000 | 50 | 50,000 |
| **Project Total budget** | |  |  | **96,600** |

**Donation Option**

One sanitary towel is bought at 1 dollar. Each girl requires two sanitary towels each month. Therefore 24 dollars will support one girl in upper primary school for one year. Finally, 24,000 dollars will enable TURGET UGANDA procure 24,000 sanitary towels for 1,000 girls in upper primary schools of Kampala city suburbs.

One knicker is bought at 2 dollars. Each girl will be provided with 5 knickers in a year. Therefore 10 dollars will enable TURGET UGANDA procure 5,000 knickers for 1,000 girls in upper primary schools of Kampala city suburbs.

Schools of Kampala city suburbs lack clean water for girls’ use during menstrual period. 160 dollars will enable TURGET UGANDA provide clean water for each school in Kampala city suburbs for girls’ use during menstrual period. Therefore, 9600 dollars is required.

30 dollars will be used in training 100 boys in fighting stigma and discrimination of girls during their monthly menstrual period. 3,000 dollars will therefore be required to promote girls in upper primary schools monthly flow with dignity.

50 dollars will be used to train 1000 girls on proper use of sanitary towels, use of clean water and respect menstruation as a natural process in a woman’s life and a fundamental right. Therefore, 50,000 dollars will enable TURGET UGANDA achieve menstrual health management of girls in upper primary schools in the suburbs of Kampala city-Uganda.

**Problem**

In patriarchal communities of Kampala suburbs, women issues are neglected. Girls children enrolled in upper primary school suffer from lack of appropriate menstrual health management practices, facilities and materials. It is partly a result of culture, policy and income at family level and has resulted into high dropout rates and failure to benefit from free Universal Primary Education provided by Government.

TURGET UGANDA will provide appropriate menstrual health management for girls in upper primary to reduce dropping out of school and manage their monthly flows with dignity.

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**Project Activities**

The project will procure sanitary towels and knickers for 1000 girls enrolled in upper primary schools and living in suburbs of Kampala City. Train 100 boys enrolled in school with girls’ in girls’ body growth, development and rights. Train 1000 girls in proper menstrual health management body growth, development and rights. Provide clean water for menstrual health management practices and facilities at school and encourage parents to support girls in monthly menstrual period and management.

**Project Long Term Impact**

The project will eliminate stigma and discrimination resulting from women’s natural process of monthly menstruation. It will eliminate negative cultural beliefs associated with women natural body growth, development and rights. It will enable 1000 girls enrolled in upper primary school living in suburbs of Kampala city manage their monthly flows with dignity.

Primary