

ABOUT US



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To Share and Connect!

Future Centre for Health Education and Community Development



Is a **science and technology organization**,  
Under the **Vietnam Union of Science and Technology Associations (VUSTA)**  
and act for **the future of children, youth** in Vietnam.



**ORIENTATION**





# STRATEGIC PARTNERS AND DONORS



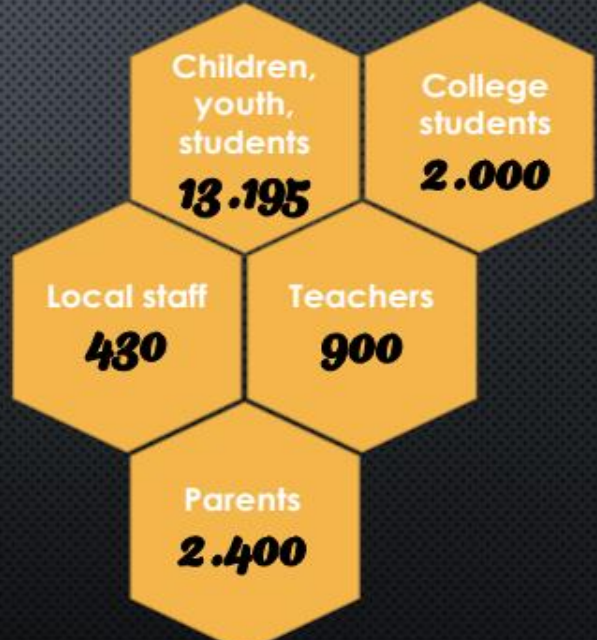
# SCOPE OF ACTIVITIES




# ACHIEVEMENTS

Our center consecutively implements varied Educational programs, projects; Training to build capacity; Community communication; etc. related to children, youth.

Coordinate with many partners such as: The local authorities; Education and Training Committee Division of districts in Ho Chi Minh City, from the level of Nursery school to College, University.





## EXPERIENCE OF THE ORGANIZATION

- Do a research and make a survey on people's needs
- Deploy programs, projects in the community
- Monitor and evaluate influences
- Build the partnership and associate operation networks
- Consult and support technical problems



## OPREATIONAL EXPENDITURE 2014 – 2016



## FIND US AT



**Headquarter:** 457/7 Dien Bien Phu Street, Ward 3, District 3, Ho Chi Minh City, Vietnam



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## PROJECT SUMMARY

### \*GENERAL INFORMATION OF THE PROJECT

#### **1. PROJECT TITLE**

Improving health for immigrant women in difficult circumstances

#### **2. PROJECT LOCATION**

TAN PHU DISTRICT

#### **3. LEGAL NAME OF THE ORGANIZATION PROPOSING ITS PROJECT**

Tuong Lai Centre for Health Education and Community Development

#### **4. CONTACT INFORMATION**

##### **Primary contact person:**

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##### **Secondary contact person:**

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### \*DETAILS OF THE PROJECT

#### **5. BUDGET**

- PROJECT TOTAL BUDGET: 8,245 USD = 187.400.000VND
- PROPOSED COST: 7,497 USD = 170.400.000VND
- CONTRIBUTION OF TUONG LAI CENTRE: 748 USD = 17.000.000VND

#### **6. DESCRIBING THE ISSUE AND PRIMARY PROJECT OBJECTIVES**

Ho Chi Minh is a big city in Vietnam. It also is an economic, trade, cultural and social hub. Therefore, many immigrants come here to do business and earn their living. Among millions of people immigrating to Ho Chi Minh City, women account for 50 percent. Immigrant women often do simple and unofficial jobs such as street vendor, housekeeper, hodman, etc. For that reason, they cannot afford

money to buy health insurances. As a result, it's too costly when they get sick. That is the major reason causing their poverty.

Tan Phu is a new established and poor district in Ho Chi Minh City. It is a suburban district with an area of 1,606 hectares. The administrative border consists of 11 wards, including Tan Son Nhi, Tay Thanh, Son Ky, Tan Quy, Tan Thanh, Phu Tho Hoa, Phu Thanh, Phu Trung, Hoa Thanh, Hiep Tan, Tan Thoi Hoa. The total general population: 500,000 people/43,000 households, including Vietnamese people and Chinese people, in which temporary residents account for 40 percent (about 200,000 people).

There are 10,150 poor households in the whole district, and the majority of immigrants account for 23.60 percent. Tan Phu District is centered 18 kilometers from the center of Ho Chi Minh City, by land. The economic structure includes production, service and small business. Major jobs of people are workers, free labor and small business. The average income of people in Tan Phu District is 1,320 USD/person/year. This is quite a low rate comparing with the average income in Ho Chi Minh City – 4,180 USD/person/year.

### **Project goal**

Contribute to improving health for the group of immigrant women in difficult circumstances (or IM) in Tan Phu District, Ho Chi Minh City by consulting, providing information about free health services, health insurances, knowledge, and the skills of self-care. Via these activities, Immigrant women' health will be improved, and their lives will become better.

### **Detailed objectives**

- In the sixth month, the project will collect information and provide free 300 health insurance cards (HIC) for immigrant women in difficult circumstances in order to give them a chance to access to health services.
- In the second, the forth and the sixth months, the project will invite specialist doctors to workshops and consult about health for 300 immigrant women in difficult circumstances.

### **Activity**

- **To achieve the first detailed objective:** In the sixth month, the project will collect information and provide free 300 health insurance cards (HIC) for immigrant women in difficult circumstances in order to give them a chance to access to health services.

**Activity 1.1:** Accessing to and getting information of 400 immigrant women in Tan Phu District, Ho Chi Minh City. To collect information of immigrant women in difficult circumstances, the project will collect information in 2 following ways:



**Way 1:** Contacting with ward officials in charge (officials of the Labor, War invalids and Social Affairs Committee Division, Women's Union) to make a list of immigrant women in difficult circumstances in the ward. In each ward, there will be officials in charge; therefore, these officials will seize the list of immigrant women in difficult circumstances in the area of the ward where they manage. According to this list, we'll come to each family of immigrant women to collect and identify their circumstances.

**Way 2:** The project staff will directly visit the community and access to immigrant women to collect information. Most these immigrant women are street vendors who make end meet by free jobs such as: collecting junk, selling lottery tickets, etc. Because of their temporary residence, they cannot receive benefits from the local area, in which health insurance card is one of it. The project will focus more on immigrant women in this case.

**Activity 1.2:** On the total list of 400 immigrant women accessed to collect information, the project will choose 300 immigrant women in the most difficult circumstance to support health insurance cards in accordance with the right target people as the original design of the project.

**Activity 1.3:** Collecting some paperwork to make application for buying health insurance cards for immigrant women.

The project staff will base on the approved list of the right criteria and target people and come to meet the immigrant women face to face to collect the paperwork: 01 identity card (copy), and 01 family-register (copy). In case they do not have the family-register, the project staff will collect the temporary resident permits for 6 months (copy) to make application for buying health insurance

cards. In fact, some immigrant women rent houses and live in it for more than 6 months in the local area, but they do not register their temporary residence. In addition, there is case that they lost their identity cards. If these above cases happen, the project staff will guide or go to the ward with immigrant women to approve their temporary residence or remake their identity cards.

**Activity 1.4:** Buying health insurance cards

After collecting enough documents, the project staff will directly go to the headquarter of the local authority to buy health insurance cards. Normally, after buying health insurance cards, one month later, immigrant women will receive it and can use it for 12 consecutive months.

**Activity 1.5:** Updating the project's information on the center's website

Monthly, the project staff will update information about major events

**To achieve the second detailed objective:** In the second, the fourth and the sixth months, the project will invite the specialist doctors to give a speech and consult about health for 300 immigrant women in difficult circumstances.



**Activity 2.1:**

Access to and invite specialist doctors to share information and consult about health for immigrant women.

**Activity 2.2:**

Organize 3 workshops to communicate and consult about health for 300 immigrant women. In each workshop, we will invite 100 immigrant women. People participating in the workshops are immigrant women whose ages ranged from 35 to under 60 years old, local government officials, specialist doctors and representatives of the donor organization. The workshops will mention common diseases in women; and from there, helping them prevent the diseases or acknowledge the diseases' symptoms in order to detect and treat it early. Cut costs and increase protection for immigrant women.

## **Essential results**

The project aims to the following essential results

- The project accesses to 400 immigrant women to collect information and introduce the project's activities
- Providing 300 free health insurance cards for immigrant women in difficult circumstances (ages ranged from 35 to under 60 years old) in Ho Chi Minh City
  - 5 news about the project's activities are posted on Tuong Lai Centre's website
  - 300 immigrant women are provided knowledge about how to acknowledge some diseases and prevent common diseases in women via 3 workshops of health communication and consultancy
  - 03 speeches about health for immigrant women provided by doctors

## **7. WHO WILL BENEFIT FROM THE PROJECT, AND HOW DO THEY PARTICIPATE IN THE PROCESS OF DESIGNING, BUILDING AND IMPLEMENTING THE PROJECT?**

- Project staff: Including 3 people (in which 1 person is the director of Tuong Lai Centre, 1 project staff is an immigrant, and 1 accountant is also an immigrant).
- Volunteers: 10 volunteers support the project.
- 400 immigrants whose ages ranged from 35 to under 60 years old in difficult circumstances in Tan Phu District under Ho Chi Minh City can benefit from the project.
- Before designing the project, we will have a group discussion with 30 immigrant women to listen to their proposed opinions. Over 80 percent of women participating in proposing are supported in buying health insurance cards and consulting about health. As a result, the project will focus on this essential field.
- In the process of implementing the project, immigrant women will be people who monitor the activities and budget of the project.

## **8. HOW LONG WILL THE PROJECT FINISH?**

The time of implementing the project is about 6 months. The project will start from November 9<sup>th</sup>, 2017 and end on February 30<sup>th</sup>, 2018.

**Work plan with activities, inputs and expected results**



Activities' description	Inputs	Timeframe (month)						Expected results
		1	2	3	4	5	6	
Accessing to immigrant women in difficult and lonely circumstances to collect information	Personnel							Accessing to 400 immigrant women in the area of Tan Phu District, Ho Chi Minh City
Synthesizing the list of immigrant women accessed to collect information and approve it	Personnel							On the total list of 400 target people, choosing 300 immigrant women in the most difficult circumstance to support health insurance
Making documents to buy health insurance cards	Personnel							Collecting paperwork of 300 chosen immigrant women for documenting to buy health insurance cards
Buying health insurance cards	Personnel							Buying 300 health insurance cards for 300 immigrant women in difficult and lonely circumstances
Organizing workshops about health communication	Personnel, location, equipment							Organizing 3 workshops for 300 immigrant women
Periodical report	Information, data							01 quality report (final report)

## **9. WHO WILL IMPLEMENT THE PROJECT?**

Mr. Tran Minh Hai - Ph.D of Social Work in Philippine Women's University will be the project manager. Mr. Hai is the main person who is responsible for the whole project. Mr. Hai has nearly 20 years of experience in managing and operating health education's projects for residents in Ho Chi Minh City and the Mekong Delta's provinces. Mr. Hai is also an expert in training for non-governmental organizations working with residents on the topics: Behavior Change Communication, Health Education, Monitoring – Evaluating Projects, Life Skills, Active Education, etc.

## PROJECT BUDGET

Calculation Unit: Vietnam Dong

INDEX	Content	Unit price	Person/turn	Total cost	Budget source contributed by Tuong Lai Centre	Proposed cost
<b>Fringe benefits and contact information</b>				<b>18,000,000</b>		<b>18,000,000</b>
1	Project staff	3,000,000	06	18,000,000	0	18,000,000
<b>Activity 1: Accessing to and getting information, buying health insurance</b>				<b>124,800,000</b>	<b>0</b>	<b>124,800,000</b>
1	Buying health insurance cards	621,000	200	124,200,000	0	124,200,000
2	Pressing health insurance cards (to keep health insurance cards in good condition)	3,000	200	600,000		600,000
<b>Activity 2: Organizing 3 workshops about health</b>				<b>44,600,000</b>	<b>17,000,000</b>	<b>27,600,000</b>
1	Hiring the conferences with the capacity of 100 people	3,000,000	3	9,000,000	6,000,000	3,000,000
2	Hiring project reporters (specialist doctors)	3,000,000	3	9,000,000	3,000,000	6,000,000
3	Buying combo presents for immigrant women participating in the workshops (sugar, sodium glutamate, milk, etc.)	50,000	300	15,000,000	5,000,000	10,000,000
4	Printing banderol, backdrop	700,000	3	2,100,000		2,100,000
5	Hiring support equipment	1,000,000	3	3,000,000	3,000,000	0
6	Buying water bottles for the workshops	5,000	300	1,500,000		1,500,000
7	Designing and printing communication leaflets about health education for immigrant	1,000	5000	5,000,000		5,000,000
<b>Total</b>				<b>187,400,000</b>	<b>17,000,000</b>	<b>170,400,000</b>