

ANNUAL REPORT 2014-2015

SPREADING VISION. SPREADING HOPE



Eye Super Speciality

ICARE EYE HOSPITALS

& POST GRADUATE INSTITUTE
(Unit of Ishwar Charitable Trust)

Managing Trustee's Message

A little over two decades ago we had set out on a lonesome journey - one very close to my heart. We provide comprehensive and quality ophthalmic services to all sections of the community particularly the elderly and the needy from rural areas where hardly any medical facilities are available.



We embarked on a unique outreach programme to be launched in the villages of Haryana, Rajasthan Uttar Pradesh and slums of Delhi to reach the villagers. With the dedication and motivation of our doctors, staff and paramedical staffs over the years we have been able to screen 2649886 (2.65 million) patients through the Community OPD. 68% of these patients belong to the Community OPD and the rest 32% being Paid OPD. Over these years 194952 (1.95 lacs) surgeries were performed out of which 75% constitutes of patients community surgeries and the rest 25% are paid surgeries.

To meet the increasing patient demands, we have been able to increase our facilities and capacity by creating a new Operation Theater Block on the third floor with modular OT's having Air Handling Units and HEPA filters. We have invested in the latest state of the art equipment.

To enhance our services in the community work we have started a Vision Centre at Khora in Ghaziabad, and a Secondary Center with Operation Theater and IPD having approximately 70 beds at ITS Dental College, Greater Noida. This new chapter in the history of ICARE added a special dimension to the charity work and helped us to reach out to new areas in Ghaziabad, Greater Noida and beyond.

The success of any organization is invariably due to the dedicated motivation and team work of the staff. This year for the first time in 21 years I was delighted to see the total involvement and team spirit of the personnel who worked tirelessly and whole heartedly for the visit and inspection of the hospital by the NABH consultants for accreditation.

We have many more miles to go to make all our dreams come true and place ICARE on the world map of ophthalmology.

ICARE takes this opportunity to convey to our numerous benefactors and well wishers heartfelt appreciation and gratitude for their unstinted aid and support to ICARE over the years. Without their help we would not have been able to achieve this level of excellence in the field of ophthalmology.

Dr. Sushil Choudhry
(Managing Trustee)
ICARE Eye Hospital, Noida

VISION | MISSION | VALUES



VISION

To excel in comprehensive eye care, education and research

MISSION

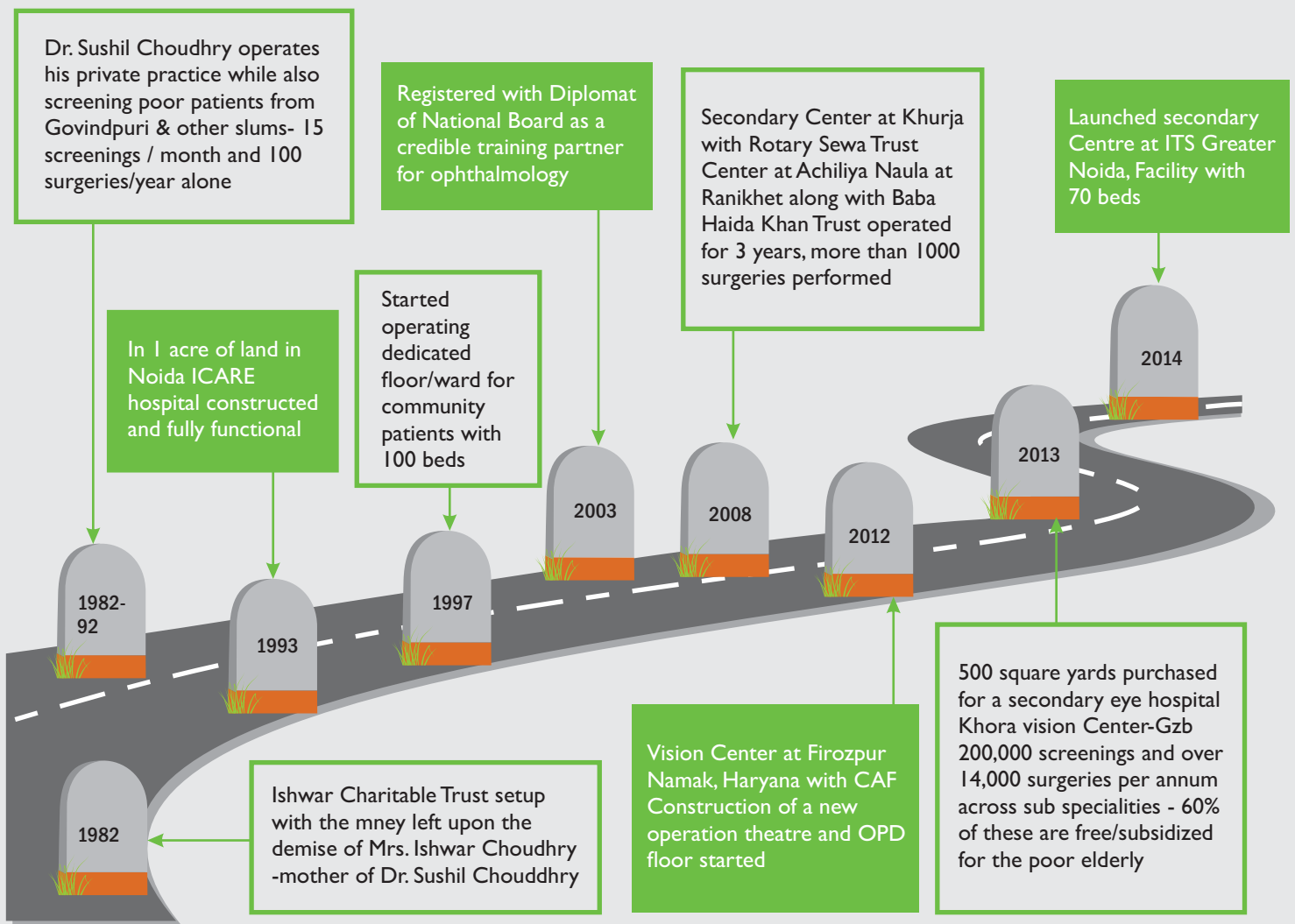
ICARE is committed to provide comprehensive quality ophthalmic services of International Standards to all sections of society at an affordable cost

VALUES

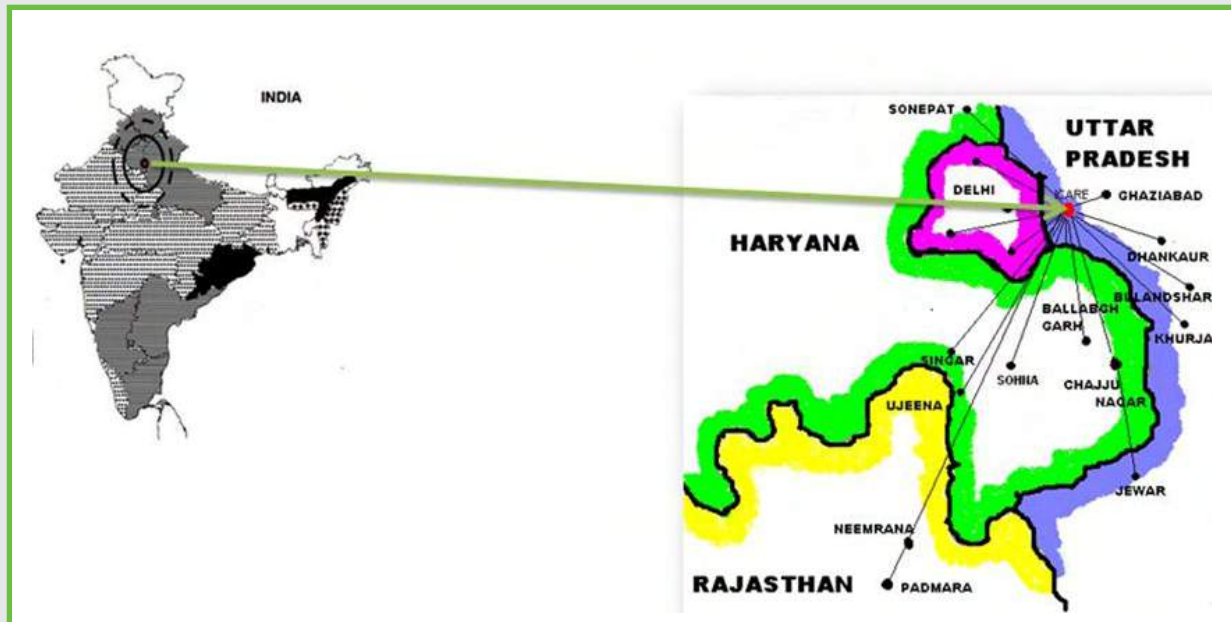
TO deliver quality, ethical, medical and surgical eye care services

ICARE History

Ishwar Charitable Trust (ICT) was established in 1982 with a paltry sum left of her insurance policy for charitable work by Dr. Sushil Choudhry's late mother. Through the charitable work started from his reside , the vision of Dr.Choudhry started to unfold and his dreams became a reality on establishing **ICARE Eye Hospital** in 1993 on an acre of land in Noida,Uttar Pradesh.



Our Coverage



To expand its reach and relevance ICARE conducts a rural outreach program to provide modern Eye Care services at the doorstep of villagers. This hospital over the last 21 years has been providing sight care services to all sections of the society irrespective of the person's ability to pay.

TERTIARY CENTRE

LOCATED IN NOIDA

Referral Centre specializing in all eye related problems - including advanced cornea and retina related problems Patients requiring advanced surgeries are referred from secondary centres to tertiary centre.

SECONDARY CENTRES

2 centres located in Greater Noida & Khurja that perform volume cataract surgeries.

VISION CENTRES

2 centres - 1 in Khora and 1 in Ferozepur Namak. Equipped with full time optometrist and paramedical staff to identify patients requiring surgeries from nearby areas.

SCREENING CAMPS

conducted in 17 districts of Haryana, Rajasthan and Uttar Pradesh patients requiring eye services are identified via screening camps and vision centres which are closely located to their villages.

Full Time Dedicated Team For Each Specialty



**21 Full Time Doctors Dedicating 19000 Hours Annually
To eradicate of Blindness Among The Underprivileged**



**A rigorous Pre-operative & Post-operative follow-up
care is maintained at ICARE for all patients
to ensure best possible surgical outcome**

Various Departments of Eye Service at ICARE

COMPREHENSIVE CARE AND CATARACT SERVICES



Since the inception of ICARE, Cataract consultation and surgeries have been a part of its services. Today ICARE is equipped with world class infrastructure and an expert team of skilled doctors to screen, detect, diagnose and render modern ophthalmic care.

Across the coverage, a total of 8878 cataract surgeries were performed in the FY 2014-15, which involved conventional as well as premium lenses like multifold and Tori IOL Implantation are routinely performed.

GLAUCOMA SERVICES

ICARE is well equipped with trained manpower and infrastructure adding modern diagnostics and catering to clinical management of all glaucoma diseases, by conducting investigations and procedures like IOP, Humphrey Visual Field Analysis, Fundus Photography, Optical Coherence Tomography (OCT) and performs surgeries like Trabeculectomy, combined Trab with cataract surgery.

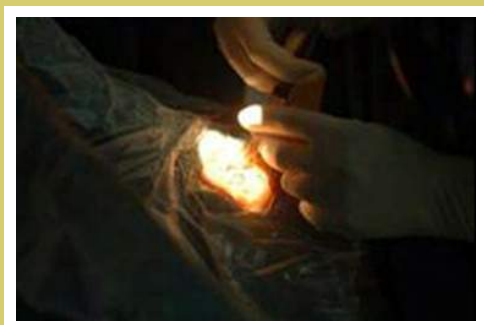


CORNEA AND LASIK SERVICES

A well functioning cornea service is an essential and integral subunit of a complete tertiary eye care center. ICARE offers dedicated corneal services from trivial disorders like allergic diseases to vision threatening conditions like suppurative keratitis. The cornea services have been evolving year on year and has been introducing new surgical techniques for the benefit of those under its care. total of 176 surgeries performed in 2014-15.



Various Departments of Eye Service at ICARE



VITREO- RETINAL SERVICES

The dedicated retinal department has all the retinal latest state of equipment like Digital Fundus Camera, OCT, ultrasound, B-Scan, Green Laser for operation theater services there is a accurus vitrectomy machine. Treatment like retinal detachment surgeries, macular hole, sturture less vitrectomies etc. is carried out.

PEDIATRIC OPHTHALMOLOGY

ICARE has a child friendly paediatric eye care centre, the department has unique features like child play area, well trained pediatric team. All kinds of diagnosis and management of paediatric eye disorders like refractive error, childhood cataract, amblyopia, squint, glaucoma, retinal disorders, squint, retinal, congenital anomalies are treated.



ORBIT & OCULOPLASTY SERVICES

Oculoplasty is the art and science of plastic surgery around the eye. Oculoplastiy involves management of the eyelids, tear ducts and re-constructive surgery. At ICARE, mostly Oculplastic surgery is performed to correct or treat a medical condition or an injury. Major treatment includes treatment of eyelids, orbit and lacrimal diseases etc.

LOW VISION SERVICES

The person is said to have low vision when conventional spectacles, contact lens or medical and surgical intervention cannot improve vision and finds difficulty in daily routine activities in everyday life everyday tasks, such as reading, shopping, cooking, watching television and writing can seem challenging. When treatments fails to prevent or restore vision loss, vision enhancement services help people with low vision services. At ICARE comprehensive eye care services are offered at the Department of low Vision, including prescription of low vision devices. Low vision assessment includes a full range of different types of telescopes, optical and electronic magnifiers including CCTV and non-optical aids.



Post Graduate Institute and Training Centre

EDUCATION AND TRAINING

A Postgraduate Institute has been set up as a part of the Hospital to cater to the burgeoning unmet demand of quality healthcare education and training. Registered in India with medical boards, Universities and other credible national organizations DNB (Diplomat of National Board), IGNOU and NSSC as credible training providers.

ICARE has collaborated with Alcon for their Phaco Training Program in November 2012, for training their Clinical Assistant Specialists (CAS) - to make an ophthalmologist a competent phaco surgeon, by making the trainee performs surgery in the WET LAB on goat's eye. ICARE's expert ophthalmologists deliver lectures to the trainees with Patient Selection and Pre op, Wound Architecture, Curvilinear Capsulectomy, Hydro dissection, Nucleus Disassembly and Removal Techniques, Phaco Dynamic and Fluidics, OVD, IOL Technology and Implantation Technique, Avoiding and Managing Complications & Anterior Vitrectomy during the two weeks training period.

The Trainee then examines the Post Op patients. After post ops they go the main operation theater and observe experts performing phacoemulsification surgeries. They observe the surgeries through excellent observer scope fitted in Lumera Zeiss Microscope for enhancing their surgical knowledge in the field of ophthalmology. So far ICARE has trained 79 Alcon Trainees. Trained 80 medical and paramedic.



Vision Technician Course

Lack of skilled ophthalmic personnel is one of the main constraints for delivering eye care services. The institute strives to provide quality training and education through a committed faculty, complemented with advanced training methods and tools. Students from the disadvantaged socio-economic background who have not had the opportunity to acquire soft skills etc. because their low educational surroundings. Girls, in particular, take a secondary place with strict fathers and conservative mothers.

The program is aimed to train them adequately to make them self-reliant and also educate their own family. There is considerable shortage of trained Vision Technicians in India and is often expensive hence out of their reach. After completion of the course these Vision Technician Course can cater to the requirements of various hospitals, institutes, old age homes, nursing homes, doctors clinics and provide quality care to the patients.



Cataract Blindness



With 7.8 million blind people in India, the country accounts for 20 per cent of the 39 million blind population across the globe, of which 62 per cent are on account of cataract, 19.7 per cent refractive error, 5.8 per cent glaucoma and one per cent corneal blindness.

Cataract blindness is by far the leading cause of treatable blindness in India. Lack of access to good quality ophthalmic care is one of the major barriers.

Community Impact

This is the most unique part of our operation in which, we visit remote villages to screen people, there by identifying those who need surgeries for reversible causes of blindness like cataract and other ocular diseases. We transport these patients to the base hospital at Noida where they are admitted for 3 days. We provide them with free accommodation, surgery, medicines, and meals and then transport them back to their homes. At present we have 19 permanent Rural Peripherals Centers (RPCs), where our medical team visits for screening on fixed days of the week.



To us, there is No Greater Gift than Happy and Smiling Patients

Secondary Centers

In collaboration with ITS Dental College, Greater Noida, started a secondary level eye care center on 14th April, 2014. The center has spacious OPD department, basic diagnostic and a fully functional OT for performing cataract surgeries, having a capacity of 20 bedded facilities. In the year 2014-15, patient screened 4453 in the new center and performed 2314 cataract surgeries. The secondary center at Khurja screened 17339 patients and performed 765 cataract surgeries.



Vision Centers

Inauguration of Vision Center at Khora- Ghaziabad under the Technical Guidance of Operation Eyesight Universal, took place on April, 2014. It is a primary health care unit where care facility providing services for eye health such as eye conditions, refractions, spectacles dispensing, counseling and referral to the base hospital for consultation and also to access secondary or tertiary level eye care services. The vision center is managed by trained ophthalmic technicians and provides services mostly to the rural and slum population. It has been found that permanent primary eye care services in rural areas motivate people to seek earlier treatment for vision problems. In the year, 2014-15 we have screened 2413 patients in Vision center Khora - Ghaziabad. Vision Center at Ferozepur Namak, Nuh, Mewat which is been operated with the support from CAF- Canon has screened 5804 patients with refractive errors and other ocular diseases.



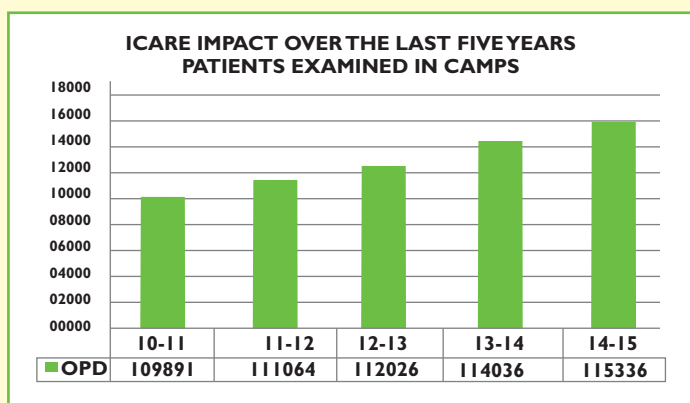
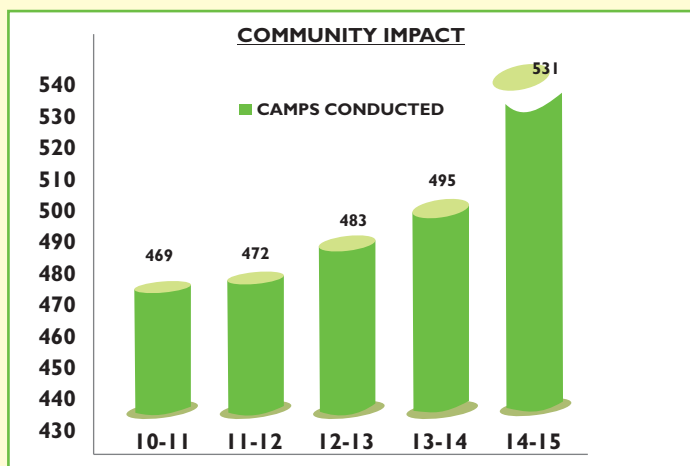
Eye Bank

The Eye Bank at ICARE, established in 2002 is recognized by the Eye Bank Association of India is the only Eye Bank in Noida. It perform over 130 Corneal Transplant every year and is actively involved in conducting wide spread awareness programme for overcoming all inhibitions amongst the people for donating Eyes.

There are three cornea specialist dedicated in providing all necessary inputs to make the Eye Bank remain at the forefront, delivering excellent results.

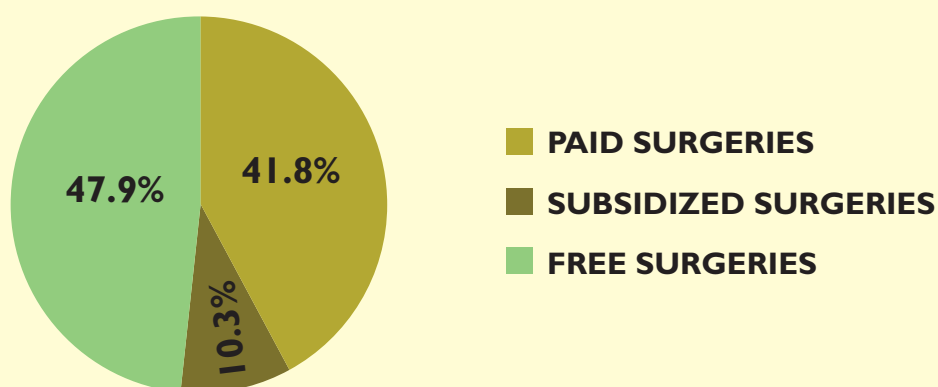
Performance Report-2009-15

SURGERIES PERFORMED DURING THE LAST FIVE YEARS							
SURGERIES	09-10	10-11	11-12	12-13	13-14	14-15	TOTAL
CATARACT	7597	7448	7754	7363	7590	8878	46630
GLAUCOMA	96	33	35	45	69	83	361
CORNEA	131	159	195	261	143	176	1065
OCULOPLASTY	115	139	230	365	140	165	1154
RETINA	158	160	199	301	214	249	1281
PEDIATRIC	11	14	9	41	16	40	131
MINOR SURGERIES	61	272	151	263	680	496	1923
TOTAL	8169	8225	8573	8639	8852	10087	52545



Activity Report 2014-15

Surgeries Performed for the Year 2014-15



Activity report for the year 2014-2015	No. of Surgeries
Paid Surgeries	7240
Subsidized Surgeries	1782
Free Surgeries	8305
Total Surgeries	17327

STAFF REMUNERATION (INR)			
Gross salary plus benefits paid to staff p.a.	Male	Female	Total
less than 5,000	0	0	0
5,000 -10,000	19	20	39
10,000-25000	47	28	75
25,000-50,000	17	6	23
50,000-1,00,000	1	3	4
Greater than 1,00,000	8	12	20

Staff Remuneration (p.a.)
Highest Paid : INR 5625000
Lowest Paid: 78133
Head of the Organisation: INR 3000000



Balance Sheet - 2014-15

ISHWAR CHARITABLE TRUST
(C-57, Basement Defence Colony N.Delhi-110024)

BALANCE SHEET AS AT 31st MARCH, 2015

	Sch	Amount As at 31 March, 2015	Amount As at 31 March, 2014
<u>I. SOURCES OF FUNDS</u>			
1. CAPITAL FUND	A	78,537,305	78,479,305
2. GENERAL RESERVE	A	176,800,307	152,997,023
2. SECURED LOANS Secured Loans from Banks	B	18,010,359	24,374,519
3. CURRENT LIABILITIES	C		
(a) Sundry Creditors		18,753,714	12,821,861
(b) Expenses Payable		12,225,023	9,998,183
(c) Provision for Gratuity		3,205,639	2,058,952
TOTAL		307,532,348	280,729,843
<u>II. APPLICATION OF FUNDS</u>			
1. FIXED ASSETS	D		
Gross Block		293,002,341	257,420,383
Less: Depreciation till date		74,883,654	63,440,405
Net Block		218,118,687	193,979,978
2. INVESTMENTS	E	13,035,282	25,745,607
3. CURRENT ASSETS & LOANS AND ADVANCES	F		
(a) Balance with Banks		7,878,717	6,560,095
(b) cash & cash equivalents		631,802	543,176
(c) Sundry Debtors		22,706,271	10,745,138
(d) Closing Stock of Consumable, Medicine, IOL & Spectacles		17,842,728	15,670,829
(e) Advance Recoverable in Cash or in Kind or for value to be received		27,318,862	27,485,021
TOTAL		307,532,348	280,729,843

As Per Our Report of Even Date Attached

For Ram Bhuvnesh & Co.

Chartered Accountants

FRN.050388

Ram Bhuvnesh

(Partner)

Membership No. 084105

DATE: 25.9.2015

PLACE: NOIDA



For Ishwar Charitable Trust

Dr. Sushil Choudhary

Trustee

Dr. Saurabh Choudhary

Trustee

Dignitaries Visiting ICARE



Mr. Mohni Sabharwal- 93rd birthday
ICARE dedicates the 'Retina Wing' to this noble soul for his outstanding contributions to ICARE (21.08.2014)



Ambulance donated by Mrs Agnihotri, in loving memory of Late Shri G. R Agnihotri (16.05.2014)



Ambulance donated by Prof Rameshwar Singh & Mrs Shanti Singh of USA (06.12.2014)



06.12.2014 – Smt. Vilma Batham visited ICARE for the inauguration of ambulance donated by Prof. Rameshwar Singh and for the Puja ceremony for the Lift donated by Mr Sunil Anand and Mrs. Anu Anand of USA for Community Ward.



H.E. Mr. Takeshi Yagi, Ambassador of Japan to India, Dr. Mahesh Sharma, Minister of State of Culture & Tourism & Civil Aviation, Mr. Amitabh Kant (I.A.S.), Secretary, Department of Industrial Policy & Promotion (DIPP) (22.12.2014)



Sh. Ahmad Hasan, Hon'ble Minister of Health UP



On 9th Nov '14- Ms. Africa and Elena from Manos Unidas, Spain visited ICARE



21st April, 2014- Shri P.J. Thakkar, Director (Technical), Shri Sanjeev Garg, GM (Technical) and Ms Taruna Gupta, AGM (F&A)(CP/CSR) visited ICARE for inaugurating REC CSR assisted Eye Surgery related equipment.

Our Donors and Partners

Partners in India for the last 21 years



International partners for the last 21 years



Newspaper Clipping

नोएडा केसरी

यूपरवरी ब्रायलिक रीडिंग की तैयारी को लेकर बर्बाद मिथिला एटर्निटी के

आइए वी नया कॉलेज

यूपरवरी ब्रायलिक रीडिंग की तैयारी को लेकर बर्बाद मिथिला एटर्निटी के। नोएडा केसरी में एक प्रमुख समाचार है।

हिन्दुस्तान नोएडा

मोबाइल पर गेम खेलना बना बच्चों की आंखों का दुश्मन

एनडी टीवी के बच्चों को मोबाइल पर खेलने से रोकने के लिए नोएडा केसरी में एक प्रमुख समाचार है।

वैद्यमान दुर्गियर

आई केयर में खुली रेटिना विंग

मीडियाकर्मी को लगाया दस हजार का जुर्माना

वैद्यमान दुर्गियर में आई केयर में खुली रेटिना विंग का उद्घाटन हुआ। साथ ही एक मीडियाकर्मी को दस हजार का जुर्माना लगाया गया।

आई केयर की हो बात तो रखें थोड़ा ख्याल

आई केयर की हो बात तो रखें थोड़ा ख्याल। यह एक प्रमुख समाचार है जो आई केयर के बारे में लोगों को जागरूक करता है।

पटाखों से परहेज करें तो बेहतर

पटाखों से परहेज करें तो बेहतर। यह एक समाचार है जो लोगों को पटाखों से परहेज करने के लिए प्रेरित करता है।

जापान की सहायता से आईकेयर करेगा गरीबों की आंखों का इलाज

जापान की सहायता से आईकेयर करेगा गरीबों की आंखों का इलाज। यह एक समाचार है जो जापान की सहायता से आईकेयर के कार्यक्रम के बारे में बताता है।

हिन्दुस्तान नोएडा

हर चौथे दिन नई रोशनी से गुलजार होती है एक जिदगी

हर चौथे दिन नई रोशनी से गुलजार होती है एक जिदगी। यह एक प्रमुख समाचार है जो नई रोशनी के कार्यक्रम के बारे में बताता है।

जापान ने दिया नोएडा को रोशनी

जापान ने दिया नोएडा को रोशनी। यह एक समाचार है जो जापान की सहायता से नोएडा को रोशनी के कार्यक्रम के बारे में बताता है।

Trust Board Members

S.No.	Members	Position, relation to other member
1.	Dr. Sushil Choudhry	Managing Trustee, Related
2.	Mr. Arju Malhotra	President & Chairman, Un-related
3.	Dr. Saurabh Choudhry	Secretary, Related
4.	Dr. Rewa Choudhry	Treasurer, Related
5.	Dr. D.V. Kapur	Trustee, Un-related
6.	Mr. R.c. Bhargava	Trustee, Un-related
7.	Mr. Hiralal Zutshi	Trustee, Un-related
8.	Mr. Rameshwar Singh	Trustee, Un-related
9.	Mr. S.R. Wadhwa	Trustee, Un-related
10.	Mr. Dinesh Mathur	Trustee, Un-related
11.	Mr. Surinder Malik	Trustee, Un-related
12.	Mr. Sunil Anand	Trustee, Un-related

Governance

REGISTRATION DETAILS	
S.No.	Type of Registration
1	Trust [No.5524]
2	PAN Number:AAATI0312B
3	TAN Number : MRTI00299F
4	12-A [No.DLI(C)(T-1070)]
5	80G [No.D.I.T(E)80G/10-11/1-290/765]
6	FCRA [No.231650416]
7	35AC [No.F.NO.270/41/1995 SO(NAT.COM)]
8	Charity Status in US under 501(3) C, EIN – 27-5399354

Support us
to light up the dark and
lonely world of the sight impaired !!!



Cash/Cheque

Please make a Cheque/DD in favor of **"Ishwar Charitable Trust"** with your complete address and PAN details.
Mrs. Aloka Das or Mrs. Geeta Sawoo
Contact detail: 9871153832, 9818151678
Email: wecare@icarehospital.org

CSR Projects

Mrs. Sushila Joshi or Ms Tripti V Pal
Contact detail : 9811408953, 9643404831
Email : admin@icarehospital.org, triptipal@icarehospital.org

Net Banking

Name: Ishwar Charitable Trust
A/c No. 06518480000063
Bank Name: HDFC Bank
IFSC Code: HDFC0000651
Branch: Sector 26 Noida



Donations to ICARE Eye Hospital & Postgraduate Institute (Unit of Ishwar Charitable Trust) are eligible for 100% and 50% tax exemption under 35AC and 80G of Income Tax Act 1961 (applicable in India only)
E3A, Sector-26, Noida – 201 301. U.P. Tel. +91 91 2477600, 2477690, 2477691, 2477615 Fax: +91 120 25576389
Website : www.icarehospital.org



ICARE CHARITABLE FOUNDATION

ASPIRA Of New York, Inc 630 Ninth Avenue, Suite 302, New York, NY 10036, Contact Person: Mr Sunil Anand
Contact Number: (646) 763 8378 (Office) Cell: (917) 856-3388, Email: sanand@nyaspira.org,
Website: www.aspirany.org

US Donors can avail 100% Tax Exemption in USA under 501(C)(3) of the Internal Revenue Code(USA) and exemption from Estate Duty EIN: 27-5399354



ICARE EYE HOSPITALS
& POST GRADUATE INSTITUTE
(Unit of Ishwar Charitable Trust)

E-3A, Sector-26, Noida 201301 (U.P.) India
E-mail: wecare@icarehospital.org, admin@icarehospital.org
Web: www.icarehospital.org
Tel: (+91) (120) 2477600, 01, 02, 91