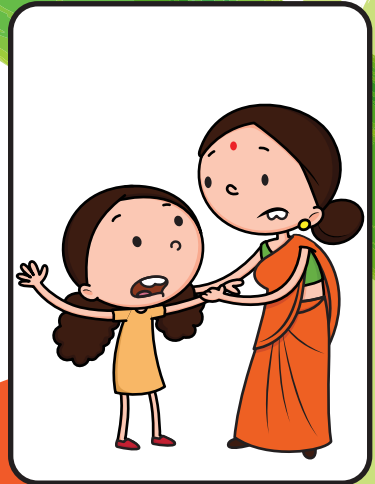
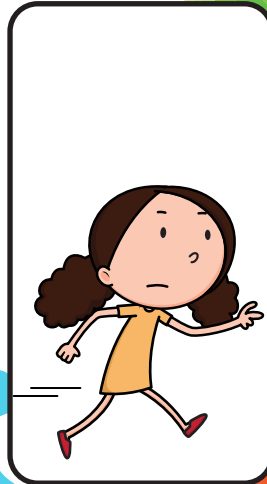
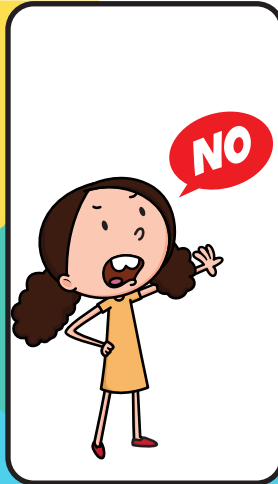


# SAFE AND UNSAFE TOUCH

## I AM THE BOSS OF MY BODY!

If a touch feels comfortable then it's usually a safe touch. If a touch ever makes you feel uncomfortable, scared, confused or icky inside, it may be unsafe and you should SHOUT NO, GET AWAY and TELL A TRUSTED ADULT.



**SHOUTING  
NO**

SHOUT 'NO' loudly as possible.



**NO**



### To Teachers

Safe and Unsafe touches ([Teacher's note](#)) have a couple of stories you could use to help the children understand the difference between safe and unsafe touches. Feel free to change the names or certain parts of the stories to adapt them for the children.