

# ReCover NEPAL

Helping families rebuild their lives in rural Solukhumbu.



## Our Mission.

Nivas exists to bolster under-resourced communities in their ability to construct safe, healthy environments for their families and citizens. We bring skilled experience in program development, design and construction techniques, outcome evaluation, and funding to community driven projects; helping families struggling against a natural disaster to find dignity once again.

Nivas has been working with communities in rural Solukhumbu, Nepal since 2013. Our relationships in the region are strong as well as our dedication to the partnership. We are committed to getting every family in our village network back into safe housing.

## Facts About Nepal.

### GENERAL

**31,551,305** TOTAL POPULATION

**46%** UNEMPLOYMENT RATE

**8 MILLION** LIVING BELOW THE POVERTY LINE

**16 MILLION** LACKING SANITATION FACILITIES

### 2015 EARTHQUAKE

**8,786** PEOPLE KILLED

**16,808** PEOPLE INJURED

**2.8 MILLION** PEOPLE DISPLACED

**510,762** HOMES DESTROYED



[www.nivas-built.org](http://www.nivas-built.org)

## Make an Impact.

**Donate to help more families rebuild their homes and their lives.**

In rural Nepal, it only takes \$1250 to help a family build a new home where they will be protected from the elements and can eat together, study, and recuperate from long days in the field or at school. That means 10 people donating \$125 each will put a family back indoors for many years to come. Or one business can show their generosity by sponsoring a family for \$1250. A donation of \$30 sends one villager to earthquake resistance construction training, building a life-long skill set that they can use to help their community and to find employment to better their economic footing. Any amount is extremely helpful in this remote region and brings dignity to people in need.

Visit [www.nivas-built.org](http://www.nivas-built.org) to donate today. Or send it via snail mail, we love paper money too!

PO Box 300631  
Denver, CO 80218

**Join our email list to watch the progress.**

Sign up at [www.nivas-built.org](http://www.nivas-built.org) and we'll send you our newsletter every so often. We don't email much, but when we do we have some great news to share!



**Follow NivasBuilt on social media to see weekly updates.**

Facebook, Instagram and Twitter are where we tell the story of our work in real time. Find us as **nivasbuilt** on all three.





# Dhamku Village

Rural Solukhumbu Region



## Project Components

Our program begins at the community level. Together we are 50/50 partners in the success of this endeavor, each bringing our resources to the table. For Nivas, that means providing **education** so that families learn techniques to build EQ-resilient homes as set forth by the National Society for Earthquake Technology and the Nepal government. This is an opportunity for skill training to benefit the community long-term. Our certified Nepali engineers are teaching EQ-resilient construction workshops to all participants and construction staff. These workshops provide marketable skills while simultaneously increasing the overall safety of future structures in the region.

Our partnership also means providing concrete, steel, corrugated tin, and other **materials** that are otherwise extremely difficult to attain in this remote region for families living in poverty.

And most importantly, we provide on the ground **support** around the clock so that families are able to achieve the completion of their home quickly.

The families in turn provide manual labor, reclaimed materials from their previous home, and vast amounts of dedication. Together Nivas, our donors and the citizens of Dhamku are rebuilding this village stone by stone.

## Local Family: Tek, Nirmala & Binisha Bhujel

“When we had no support, no resources, no idea where to begin, we were really scared we would not be able to construct our house again though we wanted to. Without a safe place to stay, we could not really do anything. We could not focus on our farm or any other work. Now getting support from Nivas is helping us build our home so we are very happy. I was worried that we would have to spend all rainy season under a tarp but now we will be living under roof by the help of Nivas.”



## Impact

Life under a tarp is difficult. It breeds illness, keeps children from their studies and triples the workload for parents constantly needing to maintain the shelter and work harder to make meals. Having a safe home means the families of Dhamku can get back to growing their endeavors: planting their fields, studying to make it to graduation, expanding their job skills, working toward a brighter future.

Rebuilding means this community can bounce back from the earthquake and move forward toward prosperity. Help us show the 68 families in Dhamku who lost their homes they have not been forgotten.