



THE ANOPA CONCEPT

ANOPA (Agoro Ne Obra PA) is a Sport for Development Organization and a registered Non Governmental Organization (NGO) based in Cape Coast, Ghana. ANOPA is an acronym which translates into Agoro Ne Obra PA in our local palance meaning playing for a better life in English. ANOPA project came into existence based upon the agreement about the cooperation and development of friendship between the Republic of Ghana and the province of Northrine-Westphalia, Germany in 2010.

Our vision is to use sports as an instrument for individual development, promotion of gender equity, peace building and conflict resolution, communication as well as social mobilization.

SPORTS

ANOPA Project uses various sporting activities to achieve its social development goals. Some of the sports include Soccer, Volleyball, Tennis, Taekwondo, Basketball and Swimming as its leading Sport. The Project has chosen Swimming as its leading sporting activity due to the fact that the project is located along the coast line of Ghana where the sea abounds.

The swimming Club of ANOPA known as the ANOPAPHINS is officially a member of the Ghana Swimming Association and has represented the central region in numerous swimming competitions in the Country. They have won many medals including gold, silver and bronze and also two trophies.

National Competition, Accra



The ANOPAPHINS represented the Central Region of Ghana in the just ended National Swimming Competition dubbed the Accra Open and won three medals including Gold, Silver and Bronze.

ANOPA Swimming Clinics

The Project periodically organises beginner and refresher courses in swimming to Sports teachers and selected Security personnels in the Cape Coast Region. Such courses are facilitated by qualified instructors from the Schwimmverband (German Swimming Association from Nordrhein Westphallen, Germany. Look out and register for the next swimming clinic in 2017 on our facebook page and website.



Training Session with the ANOPAPHINS SWIM TEAM



The Project receives volunteers from Germany who are quite experienced in swimming planning and coaching to support the ANOPA swim classes made up of the Beginners, Intermediate, Advance and then the Competition Team(The ANOPAPHINS).

ANOPA LIFESKILLS



Apart from the sporting activities, ANOPA also goes to the basic schools and introduces life skills topics to the pupils. The concept ANOPA works with is the NothinLeavesEarth idea which teaches the young kids how to keep the environment clean and also the idea of upcycling which is all part of the efforts to rid the country off filth.

You may visit our website www.anopa-project.com/facebook for more information on our projects or call our office line 0503245330 and or mobile number 0577682115 for further enquiries.

You may also call to enrol your wards in our swimming programs in Cape Coast.

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