# A. Executive tab (To be completed by all)

<b>Project Name:</b> Building a life with women pregnant women and mothers victims of violence through the defense and promotion of their rights.					
Applicant organization.					
Name: Cristo Rey Center for Children and	nd Adolescent	S.			
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Project scope. Region / is or Department	nt / <b>s:</b>				
Tacna Region. Department: Tacna.					
Province / s: Tacna		D iStrict / s: Tacna			
Project Duration: 12 months					
Direct beneficiaries of the project: ° Men:; ° Women: 90; ° Total: 90					
Budget (soles): ° contribution requested: S / 75000.00; ° own contribution: S / 10000.00; ° Total: S / 85000.00					

## Project objective:

Contribute to reducing the levels of exclusion and violation of rights against pregnant teenagers and mothers, to develop a draft dignified life free of violence d and gender, strengthening the bond with their children and recognizing them as different beings and needs.

### Project Summary: (should not be more than 250 words)

The project aims to influence the development of integral pregnant teenagers and mothers who suffer or have suffered situations of violence and they see some of their rights violated. At all times promoting gender equality, not only as defending human rights, but also as essential for achieving the objectives of comprehensive development not only for them but also for their family and their community environment.

We consider vital to ensure that women have a voice in all aspects of his life, as well as government institutions and civil society, so that they can participate equally in public dialogue and influence decisions that will determine their future, and the future of their families and their community. On the one hand, c on in order to accompany and enable them to defend their rights, leading areas of cooperation in society, reinse rtándolas the educational system and supporting them through collaboration with various institutions providing capacitac technical ions and entrepreneurship to generate their income autonomy. And secondly, providing psychological poyo, legal advice, and ultimately, accompanying them in the process of building a life project so as to provide tools to deal with this situation of violence and social vulnerability that not only Affects the welfare, security, educational possibilities and personal development of this group of women but poses a threat to life and an obstacle to their personal development.

D in implementing this project, Emas bu d s s camo strengthen saw mad re-Nculo son, who might have been affected due to sudden break d e d e vi projects d a d e participants. Through this intervention seek to prevent a circle d and violation of rights that might arise in the home and create emotional ties between the child (a) and mother and father. If the child does not have a good affective relationship with his mother he will have future behavior problems. The idea is to take forward both the mother and child to strengthen the mother and child bond.

Area where the project is inscribed: \_ \_ \_ Educational ° ° ° Social Pastoral \_ x \_ \_\_\_

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#### **DEVELOPMENT OFFICE - SEARCH**

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#### **Description of beneficiaries**

Benefi ciaries are the direct pregnant women aged between 12 and 24 years in vulnerable situations who have lived or are endo lived a situation of violence or violation of their rights.

- Direct beneficiaries: 90
- Beneficiary / os indirect: families: 90; Community: 1800

These women are picked up by mass distribution carried out in health centers, health centers, public schools, fairs, and other places with the highest rate of vulnerable population

They mostly follow their studies in a Center for Alternative Basic Education, not in a regular school and working to cover the costs of your child and / or family, fewer stays at home only taking the child.

In the case of expectant mothers to the extent of its possibilities may attend the scheduled sessions, when advancing pregnancy or when your child is newborn, psychologist go home to provide sessions, mainly the bond between mother and son.

**General purpose** (locate the purpose to be achieved with the project)

Contribute to reducing the levels of exclusion and violation of rights against pregnant teenagers and mothers, to develop a draft dignified life free of violence, strengthening the bond with their children and recognizing them as different beings and needs.

Specific objectives (Locate the one (s) / change (s) you want to create with the project)	Indicator on Sh effect or change that is expected to achieve the project
SO1: To detect, intervene and / or refer cases of rights violations against pregnant teenagers and / or mothers and their children.	I.1.1: are detected, attend and / or derive 90 cases of pregnant teenagers and / or mothers who have been victims of exclusion or violation of their hos Derec or those of their children.  I.1. 2. 100% of mothers strengthen their bond with their children to prevent rights violations in their own home.  I.1.3. 70% of all mothers, workshops are given social skills and acquire those skills and attitudes that enable them to better manage their relationship with their children and others.  I.1.4. 50% of mothers are empowered to deal with the violence they live and decide to stop the cycle of domestic violence.
OE2: Train and develop productive skills to dolescentes s pregnant mothers who have been or are victims of exclusion and / or violation of rights to improve their living conditions.	I.2.1: 70% of teenage mothers who did not finish their studies, are inserted to alternative basic education system. I.2.2: 50% of pregnant teenagers and / or mothers are trained in various production workshops to generate their own income to become independent.
SO3: Engaging beneficiary s in defending their rights through participation in spaces that allow influence public policy and collaborate with agencies working in this line to join forces and fight this roblemática p.	

#### **Expected results**

Result (Locate the temporary goal (s) to be achieved with the project)	Briefly explain why this result / s or products is expected
R.1: Cases of exclusion and gender violence against pregnant teenagers and mothers and their children are prevented, detected early, treated and derivatives to stop cycle of violence.	hopes to prevent more cases of exclusion and gender violence against pregnant teenagers and mothers. W hen
	Modules work affiliation between the mother and her baby to be born and then, modules interaction between the mother and the neonate, to prevent possible cases of rejection of the woman in front of your child, for possible cases of separation or post their projects truncos life.
	Through our direct intervention of social care beneficiaries, supported by a social worker and a psychologist, it empowers women and coping strategies and defense of their rights are generated.
R.2: pregnant mothers and teenagers are reintegrated into the school system and trained in production workshops to generate their own income to improve their living conditions.	
R. 3: Madres women leaders committed their participation in public spaces to generate support networks to influence public policy and community.	It is intended to involve the community in raising awareness and awareness of this problem in favor of a development for these women and their families through joint work and advocacy in the defense of their rights.
	It seeks to create support networks for sharing expertise to local authorities and other public or private agencies working for development thus allowing to share experiences, validate the model and seek alliances for possible aftershocks.

Activities for compliance Results (Locate the actions that will allow each project outcome to be achieved)

Result Activities No. 1	Brief description of each activity		
1.1. Psychological, social, legal and family care and prenatal care for mothers and their children.	<ul> <li>Is performed to the accompaniment of the family team (social work, psychology and advocacy) to detect, monitor, intervene</li> </ul>		
1.2 Workshops games and maternal and child stimulation targeted to be applied mothers with their children.	<ul> <li>We will promote opportunities for interaction between mother and child, both during pregnancy and during early childhood newborn. These play spaces and motor stimulation, will be directed to mothers and themselves must apply with their children, to strengthen the bond that might have been affected by the sudden change in their life projects or abandonment by their partners, parents Of his sons and daughters.</li> <li>The workshops will be monitored by family team professionals, who will guide expectant mothers and</li> </ul>		

techniques of stimulation and affection, and Counseling and psychological assistance will be provided in case of cases of intolerance and / or rejection against their newborns.

- There will be an Integral Psychologist, who will hold sessions at the Cristo Rey Center and also at the pregnant teenager's home when she is unable to come to the institution.
- At the beginning of the intervention with adolescent will work to strengthen the bond with your child, when this relationship is strengthened is reduced mother-child labor and incorporating based on the evaluation of the psychologist, the other social skills workshops, and The productive workshops.
- 1. 3. Implementation of the Program of social skills and health for mothers and children.
- Nutritional health program will be implemented through lectures and the development of healthy environments that promote individual, family and community well - being of both the pregnant mother as the one who already have their sons and daughters.
- Self esteem, conflict resolution, communication, participation, leadership, etc: After strengthening the mother-child bond, the social skills program where issues will be worked will be implemented. The purpose of this space is to improve the relationship with their partners, in case there is predisposition for change.
- A space of care for children is proposed from 0 to 3 years of age, which we call nursery, where in addition to personal attention and entertainment and recreational spaces, offer early stimulation and nutritional support for children to record severe malnutrition or risk. Childcare hours: Monday to Friday from 8:00 a.m. to 12:00 p.m. and from 2:00 p.m. to 5:30 p.m., mainly work in the afternoon as the teenagers go to classes at this time. It is the mother's decision to leave the child in the kindergarten that will be when they work or go to school.
- An children be accompanied by an assistant in care of infants, who stimulate their abilities and motor skills through different visual, auditory and movement techniques.
- We also have a dining room that is open Monday through Friday, and where we can offer balanced lunches for mothers and children who need it.
- 1. 4. Group personal development of women IMAS Vict violence "Suma Warmi" and pregnant teenagers.
- The beneficiary mothers will be included in the group of mothers "Sumawarmi", which is a space offered for women who have been victims of domestic violence, can strengthen their self-esteem and develop as people to improve the living conditions of their sons and daughters.
- They are monitored by a psychologist who assists **them** in group and individual therapies to overcome the difficult times they face.
- It has also been thought of a space entirely for adolescents, through this initiative seeks to strengthen capacity improvement, self-esteem, develop skills for proper communication, control of emotions, develop the potential of teamwork, and develop Autonomy so that they find a path to personal development.

#### Result Activities No. 2 Brief description of each activity It will be implemented and condition a space for conducting 2.1 Implementation of space to work with pregnant women and training and workshops aimed at pregnant women, prenatal adolescents. care, psycho, emotional health, self - esteem and techniques to prepare for the arrival and baby care. In this space will always be the mother and her baby with her. Many of the pregnant teenagers that we will attend, are forced 2.2. School reintegration program to deserter of the school system and other mothers at the time, for teenage mothers and career did not get to finish their studies, by the arrival of their sons and daughters. We offer in our institution the possibility of being

reinserted into the educational system, through an agreement counseling and training through with the Ministry of Education. These adolescents are inserted agreements with other agencies. into the classroom, using a location filter and can complete their school education. In addition, these women are offered workshops on career quidance, business ideas and entrepreneurship. All this counting on the collaboration of other public or private organizations like the Ministry of Labor. Through agreements with institutions of productive technical 2 0.3. Productive workshops for training, the participating mothers will be encouraged to focus mothers victims of violence. on entrepreneurship so that they themselves generate income that allows them to become independent and improve their living conditions. The recently Centro Cristo Rey has inaugurated a School of Aesthetic Education, which offer personal care workshops manicure, pedicure and others. Workshops for modules give 3 months and culminating and can start working and generate income. Here you will work with a workshop that will also match the schedules to provide the workshop according to the availability of the mothers. The groups are on average 15 mothers. It is also optional for mothers to be able to integrate the production workshop. In this section, we will also promote in mothers, their participation in fairs and public spaces, where to show or offer their products and / or services.

Result Activities No. 3	Brief description of each activity
3.1. Participation in areas of cooperation and networking and / or local tables.	Once accompanied and empowered women will be ready to participate in public spaces where this yt problematic issues rabajen violence prevention is addressed, trafficking and adolescent care pregnant women.
3 .2. Training and support for the strengthening of leading women's organizations and community advocates.	It will be to identify the groups of women and men who are involved with their community for their training and training in issues of rights, violence prevention, citizenship, etc. For this training will take into account the characteristics and reality of these women and men, special attention to those who have migrant and indigenous status.
3.3. Participation in awareness campaigns to the community.	Campaigns will be carried out to prevent violence, trafficking in persons, the right to life and early pregnancy. We will participate in public marches and commit the participation of the community in the intervention areas.
3. 4. Presentation and socialization of achievements to the community, authorities and media.	1 1 11 11 11 11 11 11 11 11 11 11 11 11

#### Descri ption work

Teenage mothers have weekly 1 session of 3 hours where the sessions will work in the first mother-child relationship, then art workshops, crafts workshop, weaving and training that they give state institutions (Ministry of Labor, Prosecution, Health Center, etc).

To carry out the sessions will take into account the time of each mother, if she can come more days will not be denied. Sessions are 1 per week working with different groups, 4 per month for a year in total n estimated 40 sessions a year. The work is from Monday to Friday, but depends on the group to capture, is averaged 5 groups of 15 people

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Our goal is to work the mother and child bond, to be held in greater proportion to start working with pregnant women and mothers, based on its development will go giving the other workshops. One of the working methodologies will be through games.

On the subject of age range, we have other programs where we serve children, some of their mothers are under the age of 24, and we have cases in which these mothers having had their child at an early age have not established the ties of Love with them. And we want to work with them, with those who only have one child.