

JULY
18



**Farmers Market Trip and Nutrition
Demonstration**

FUEL YOUR BODY, FUEL YOUR BRAIN WITH HEAL ONE WORLD

**Location: PATH 11738 Courtleigh Drive
Los Angeles, California
Time: 1:30pm-4:00pm**

Need a new recipe for summer?
Want to learn how to read nutrition labels?
Enjoy Sundays at the Farmers Market?

JOIN Heal One World and PATH for a guided Farmers Market Trip and Nutrition Demonstration. We will be walking through the Farmers Market, making a healthy recipe together as well as giving some nutrition tips and tricks. All are welcome!

For more information: message Heal One World on Facebook or
Call (310) 826-1971