

GlobalGiving Project:  
**Food for HIV-Infected Swazi Children**

By

Taiwan Fund for Children and Families Swaziland Branch Office  
(TFCF Swaziland)

## ORGANIZATION INTRODUCTION

Taiwan Fund for Children and Families Swaziland Branch Office (TFCF Swaziland) was established in July, 2013. The organization has provided children sponsorship programs in Swaziland since August 2013. We provide community based services and focuses on livelihood support. The main goal of our organization is helping needy families and children with basic life need and education. In Swaziland, our services include food assistance, emergency relief, basic construction, save water, vocational skills training, children education etc. Currently, we assist 5,616 children in TFCF sponsorship program who is under the age of 18 and the services scope includes 30 Neighborhood Care Points, 8 Primary Schools, 4 orphanages, 9 SHBC, 3 Caritas and 1 Refugee Reception Centre. We hope to bring and secure a healthy and bright future for children in Swaziland.



## PROJECT SUMMARY

Swaziland is a lower middle-income country that suffered the biggest increase in a Global Hunger Index in recent years. There are 63% of Swazis live below the poverty line. This country is a small landlocked country in southern Africa and has the highest HIV prevalence in the world. 28.8% of Swazis are HIV positive and there were 19,000 children aged 0–14 years living with HIV in 2015. Severe malnutrition in childhood associated with HIV infection presents a serious humanitarian and public health challenge in Swaziland. In children with HIV/AIDS, growth impairment often occurs before opportunistic infections or other symptoms are present. And it's likely to accelerate disease progression, increase morbidity and reduce survival. Nutritional support is very important to the care of HIV-infected children and TFCF food packs will help appropriate growth and development for them.



## PROJECT OBJECTIVE

According to WHO recommendations, nutritional assessment and support should be integrated into the routine care of HIV-infected children. Dietary interventions should consider issues of food security, quantity and quality, as well as absorption and digestion of nutrients. However, most of HIV-infected children are undernourished while receiving antiretroviral treatment (ART). Malnutrition in children is particularly devastating because children are in the process of growth and development. Malnutrition places even higher energy demands on their bodies and immune system, result in severe illness and may affect recovery from infection. However, many of families are impoverished and unable to provide basic food for their HIV-infected children. They need food assistance! Furthermore, to align UN SDGs Goal 2: end hunger, achieve food security and improved nutrition and promote sustainable agriculture, we provide edible food and nutrition to HIV-infected and vulnerable children in Swaziland who are food insecure while receiving treatments.



## PROJECT SOLUTION

Baylor College of Medicine Children's Foundation - Swaziland (BCMCF-SD), known as Baylor-Swaziland, is a non-profit child health and development organization based at the Baylor College of Medicine - Bristol Myers-Squibb Children's Clinical Centre of Excellence-Swaziland. Baylor provides child-focused and family-centered HIV/AIDS prevention and treatment services; tuberculosis screening, control and treatment; and treatment for other concurrent diseases. They also offer mother-and-child health services; health professional training and clinical research. Baylor-Swaziland is the national leader in pediatric HIV/AIDS and TB care and treatment in the country. Baylor has 3 clinics in the north, center and south of Swaziland, which separately located in Mbabane, Manzini and Hlatikulu. They provide free medical services for HIV patients, who are 80% of HIV patients in Swaziland. Their medical resources are supported by the government of Swaziland and international institutions. We've studied their researches and develop our project to provide food packs for HIV-infected children under age 15. Each food pack contains essential nutrients and fiber including 0.5L of cooking oil, 1KG of beans, 2.5KG of maize meal. As many of the families are impoverished, we believe that provision of food supplementation from us will be beneficial. The goal of the program is to empower HIV-infected children and give them an opportunity to recover from infection with more energy. TFCF food packs provide a long-term solution to support HIV-infected children and we hope to help them be free from hunger.

## REQUESTED FUNDING AMOUNT: USD10,000

### PROJECT SCOPE

Per the assessment of Doctors and social workers, we will provide the food assistance to HIV-infected children in vulnerable families who have nutritional needs during the treatment period. We provide edible food to them in Swaziland through TFCF food packs donation services.

**Food Pack Detail:** 0.5L of cooking oil, 1KG of beans, 2.5KG of maize meal.

**Receiver Detail:** HIV-infected children under age 15 with the assessment from Doctors.

**Quantity Received per month:**

- A child aged 0-10 years will receive one food pack
- A child aged 11-14 years will receive two food packs

In general, each food pack holds enough calories to serve one aged 10-15 years child's meals for one week or serve one aged 0-10 years child's meals for two weeks. We budget to donate 2000 food packs and will deliver food packs to three service points of clinical center monthly. Each service point will be given 100 food packs per assessment.



### BUDGET

Description	Units	Unit price	Total
0.5L oil	2000	USD1.3	2,600
1KG bean	2000	USD1.9	3,800
2.5KG maize meal	2000	USD1.8	3,600
<b>1 Food Pack</b>	<b>2000</b>	<b>USD5</b>	<b>10,000</b>

### DONATION OPTION

- USD \$20: Will buy 4 food packs for HIV-infected children.
- USD \$30: Will buy 6 food packs for HIV-infected children.
- USD \$40: Will buy 8 food packs for HIV-infected children.
- USD \$50: Will buy 10 food packs for HIV-infected children.
- USD \$60: Will buy 12 food packs for HIV-infected children.
- USD \$80: Will buy 16 food packs for HIV-infected children.
- USD \$100: Will buy 20 food packs for HIV-infected children.

