



# FUNDACIÓN RUACH



PROTECTION  
STIMULATION  
PREVENTION

Normal 1c al Norte,  
75 varas al oeste  
Juigalpa, Chontales



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FOR MORE INFO:  
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# CONTACT US



# FUNDACIÓN RUACH



## ABOUT

With support from external funding and local community efforts, the foundation is able to aid in the protection, stimulation, and prevention of the intellectually challenged within Juigalpa, Nicaragua. Since the opening of the care center, Ruach has made an effort in preventing the abuse and social stigma of the mentally disabled. Services such as these are practically nonexistent in most Latin American countries, however the Ruach Foundation is a growing organization that aims to help families and adults with disabilities.

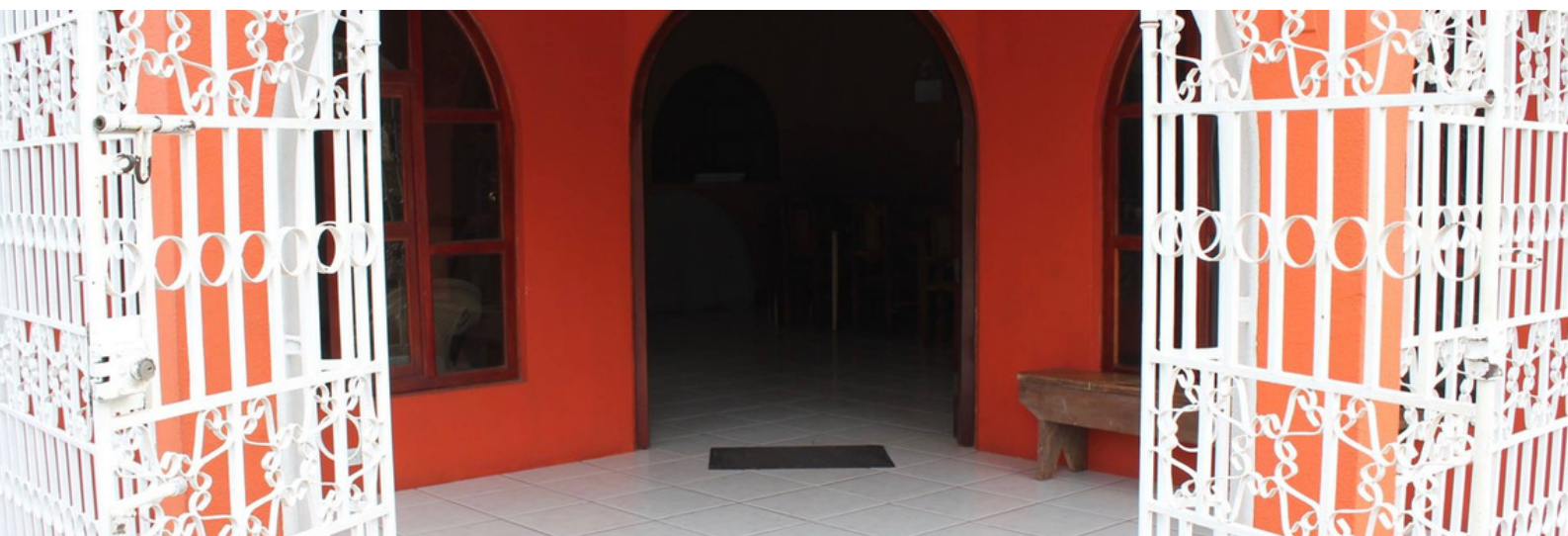
## FOUNDATION PROVIDES

A strong team and community to support the intellectually disabled.

Food preparation, medical support, and grooming services for the residents of the home which are provided from the local community.

Coaching and support for families who have intellectually challenged family members.

Activity center to stimulate social interactions, creativity, and personal growth.



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# FUNDACIÓN RUACH



## PROTECTION

The foundation offers social services to people with disabilities in vulnerable situations (15+ years old). By providing a safe haven for adults with intellectual disabilities, the foundation is able to aid in the protection of these individuals. Ruach aims to protect additional individuals with intellectual disabilities within the next year. There are currently three adults within the home that are protected against neglect and abuse with the help of this small organization.

## HOW RUACH MAKES AN IMPACT

Improves the living conditions and lives of individuals with intellectually disabilities by providing essential care and attention.

## MEET LOYDA AND DANIEL

Loyda and Daniel lived in unfavorable conditions before making their way to the Ruach Foundation. Their living environment was not ideal where they were malnourished, infected with parasites, were not properly toilet-trained, and had little to no social interaction. With the help of Ruach, Loyda and Daniel have made a dramatic improvement over the course of a month.

Personal care expenses: \$7,164 per year

General services expenses: \$9,258 per year

## BEFORE



## AFTER



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# FUNDACIÓN RUACH



## STIMULATION

To help with stimulation, the foundation has developed an activities center for adults with intellectual disabilities within Juigalpa. Activities help with social interactions, creative thinking, and activities that utilize their gifts.

With the help of staff members, the individuals are able to participate in various activities including producing piñatas for their local community. This small home has made a direct impact of 12 individuals and their families.

## HOW RUACH MAKES AN IMPACT

Activities helps to boost the individual's self-esteem and overall happiness.

Reminds the neighbourhood that intellectually disabled people have skills that can contribute to society in a positive way.

Initiates goodwill from the Government by providing facilities that offer such services (nonexistent in most of Latin America).

The project hopes to expand its activities program to support 24 disabled people working with the help of three activity leaders.

Workshop supplies: \$6,750 per year



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# FUNDACIÓN RUACH



## PREVENTION

The ultimate goal of this project is to change the perspective of society and the social stigma that surrounds the intellectually disabled. By spreading awareness, we hope to share the talents and gifts of these adults. As well as the understanding that all individuals with intellectual disabilities have the right to their place in society.

## HOW RUACH MAKES AN IMPACT

Offers advice and coaching to families with family members that have intellectual disabilities.

Reaches out to the community of Juigalpa at large by creating involving activities to improve the community's outlook.

Provides a safe place for people with and without intellectual disabilities which offers social protection and economic security. Here members feel at home, safe, and reasonably provided for.

Invites experienced volunteers to aid in the growth of the foundation's role within the community and the individuals themselves.

Public relations: \$740 per year



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# FUNDACIÓN RUACH



## ANNUAL BUDGET

DESCRIPTION	Years		Total
	2017	2018	
<b>General services</b>			\$ 9,258
House rental (*community home, *workshop place anexo office)	\$ 6,600	\$ 6,600	
Utilities (water, electricity etc.)	\$ 2,658	\$ 2,658	
<b>Personnel salaries</b>			\$ 30,275
Supervisor/general coordinator (1)	\$ 6,900	\$ 6,900	
Accountant (1)	\$ 4,820	\$ 4,820	
Assistants: 2 ½ house; 2 workshops	\$ 17,120	\$ 17,120	
Housekeeper (1/2)	\$ 1,435	\$ 1,435	
<b>Office</b>			\$ 200
Office equipment, internet, and equipment	\$ 200	\$ 200	
<b>Workshop supplies</b>	\$ 6,750	\$ 6,750	\$ 6,750
<b>Personal care expenses</b>	\$ 7,164	\$ 7,164	\$ 7,164
Support supplies/medicine	\$ 150	\$ 150	
Food	\$ 6,420	\$ 6,420	
Clothes/shoes for residents (max. 6)	\$ 144	\$ 144	
Transportation: regular y extra's	\$ 450	\$ 450	
<b>Public relations</b>	\$ 740	\$ 740	\$ 740
<b>Repair /changing</b>	\$ 100	\$ 100	\$ 100
<b>Grand Total</b>	<b>\$ 54,487</b>	<b>\$ 54,487</b>	<b>\$ 54,487</b>

The budget was made using the Nicaraguan Cordoba. For this US Budget an exchange rate of 1 USD = C \$30.00 was used. Results were rounded to the nearest tenth.

External donations are needed to run the community home for 2019 and 2020. Available funds will be used on a monthly basis (in line with the activities listed in the elaborated quarterly work plans). Needs for external funding should decrease due to future plans for self-sufficiency.





# FUNDACIÓN RUACH



## FINANCIAL SECURITY AND SELF-SUFFICIENCY

The ultimate goal for this project is to develop a gradual shift from external funding to financial self-sufficiency. In the future, the foundation aims to have a larger share of necessary funding from Nicaraguan sources; including Nicaraguan entrepreneurs. With the progression of the organization, it is expected that local business in the region of Chontales will become increasingly involved in supporting the community home and activities center. By requesting materials that help support the functions of the organization, the foundation is able to collaborate with local organizations to build a strong relationships.

Other small income generating activities may also aid in the financial self-sufficiency of the organization.

Piñata production  
Sale of potted plants

Both of which are produced by the individuals within the activities center.



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# FUNDACIÓN RUACH



## SINCE THE OPENING IN 2016

Started an educational-activity day program taking into account the talents and gifts of the intellectually disabled.

Created support and guidance for family members with disabilities.

Worked towards providing inclusion of these individuals within society, schools, workplaces, or where ever possible.

Worked with the vision and the mission of the international organization '*The Ark*'.

Creation of a home community that includes 3 adults with intellectual disabilities after careful selection.

Constant effort in creating meaningful voluntary involvement within local community for these individuals.



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