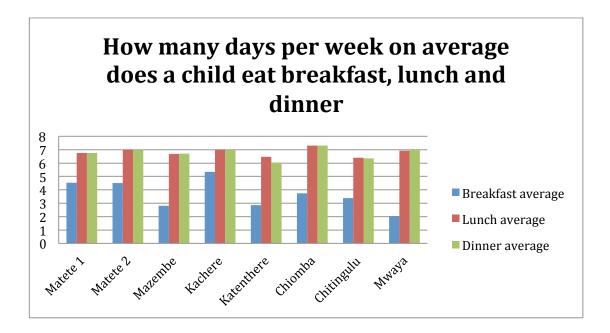
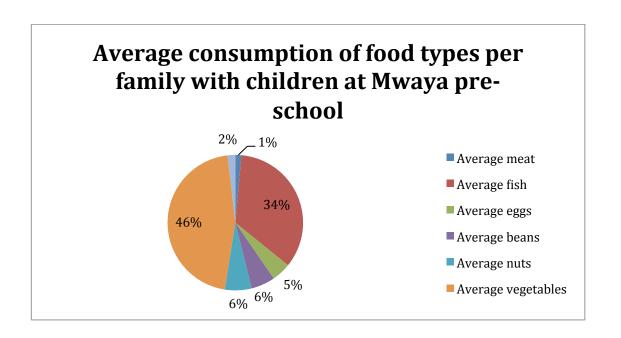


Nutrition Survey of RIPPLE Africa Pre-Schools First results

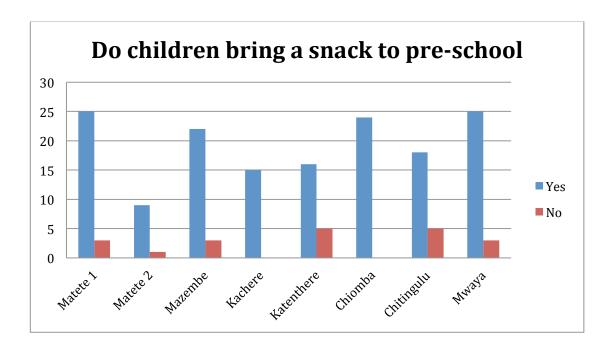
Surveys were recently carried out with parents and guardians of children attending all of RIPPLE Africa's preschools. Some of the findings are shown below and we are in the process of analyzing these as we are keen to work with parents further to improve the nutritional status of the children attending the schools. 46% of pupils had attended a malnutrition clinic in the past and 18% are currently attending the clinic.



Lunch is provided free of charge at the preschool and the good news is that most children also seem to receive lunch on the days that they are not attending preschool as well.



Most families in our area don't have access to meat and many don't eat eggs. Fish is the main source of protein in the diet. We are trying to encourage people to add ground peanuts to their rice and sweet potatoes to increase protein intake and to cook vegetables with their skins on to increase the nutritional value.



Snacks that the children do bring are mainly mandazis (a deep fried doughnut), rice, bread, corn puffs, yams and bananas.