



May 01, 2018 was celebrated as Memorial Day at Karunashraya. This was the day when our first patient entered the hospice. To commemorate this special day, family members of various patients spoke about their experiences at the hospice and highlighted the care given to them and their loved ones. This was made memorable through the fabulous stage performance of The Udupa Foundation. We thank them for their generosity.



Dr. Nagesh Simha attended the World Health Assembly of WHO in Geneva as a delegate from the World Hospice Palliative Care Alliance which was a proud moment for the Karunashraya family. It also gave him a ring-side seat where he could observe how the Parliament of the WHO functions.



## IN- PATIENT CARE

<b>Admissions - New:</b>	<b>249</b>
<b>Re admissions:</b>	<b>125</b>
<b>Deaths:</b>	<b>157</b>
<b>Total No. of patients:</b>	<b>371</b>



## HOME CARE

<b>Admissions - New:</b>	<b>109</b>
<b>Deaths:</b>	<b>034</b>
<b>Total Home Visits:</b>	<b>249</b>

**Total number of patients from**

**APRIL '18 to JUNE '18**



<b>In-patient</b>	<b>371</b>
<b>Home care service:</b>	<b>249</b>

## CORPORATE SOCIAL RESPONSIBILITY (CSR)

We at Karunashraya had vibrant and enthusiastic CSR teams including volunteers from Idx India, Huron, Sling media, Dazeworks, Adobe, Cisco, Intel, Allstate Solution Pvt. Ltd, AT&T, Caterpillar, Heidrick Consultancy, Goldman Sachs, Hashedin technologies Pvt Ltd and Morgan Stanley. They marked their presence across Karunashraya by volunteering in gardening, store cleaning and preparing medical kits. They were also kind enough to entertain our staffs and patients by performing various cultural activities which was a treat to watch.

## VOLUNTEER GROUP ENGAGEMENTS

Volunteers from Sanman group, Musical Wing of Rotary International (IFRM 3190), a group of enthusiastic singers from Bangalore and the Spandana group of Rotarians who gave Karunashraya one of the most amazing weekends. They engaged with our patients and staff members through various entertainment programs. They had conducted various dance and music programmes which have given us joy and put a smile on our patients' and staff's faces.



## VOLUNTEERS

Here is a shout out to our volunteers. In order to support Karunashraya, these volunteers took part in various fundraising activity including TCS World 10k marathon, Door to door campaigns and organised a campaign called 'One Last Wish' in Gopalan Millenium Habitat. Thank you so much Ms. Lakshmi-priya, Sakshi, Mr.Delight Jose, Pranav, Siddharth, Rohan and Aditya For all your unconditional support.

## SUPPORT FROM EDUCATIONAL INSTITUTIONS

Several educational institutions such as Narayana Hrudayalaya Institute and Acharya nursing college continue to support our palliative care initiatives by sending students as part of the academic curriculum.



CSR TEAM VISITS



VOLUNTEERS



DIVERSIONAL THERAPY FOR PATIENTS



EDUCATIONAL INSTITUTIONS

# EDUCATION AND RESEARCH

## WORLD RURAL HEALTH CONFERENCE



At the end of April, Dr Jeremy Johnson was an invited key-note speaker at the World Rural Health Conference in Delhi. His Plenary address to participants from over 58 countries was on the topic of Global Needs and Challenges in Palliative care. The conference was also attended by Shri M Venkaiah Naidu, Hon Vice President of India and Shri Ashwini Kumar Choubey, Minister of Health.

The iOS version of our free mobile app, "Pallikare", designed to help inexperienced doctors, was kindly launched by Shri Manoj Jhalani, Director, National Health Mission. The Android version had been launched at the International Conference of IAPC in February

### ICMR

Dr. Nagesh Simha, along with other palliative care, legal and ethics experts at ICMR Working Group developed algorithms to guide decision-making for foregoing of life support in end of life care situations.



Air Marshal Rajvir Singh Director General Medical Services (Air), Lt.Gen Sanjiv Chopra, Director General Hospital Services (Armed Forces) and Air Marshal Pavan Kapoor (retired) visited Karunashraya to discuss future possibilities of collaboration in the field of palliative care with the Armed Forces.

### IMPORTANT VISITS

Ms.Chandni Tandon, from HANS Foundation, visited Karunashraya on June 5, 2018 and spent her day interacting with our Trustees and staff members to know about our various initiatives.

The CEO of Global Cancer India, Dr. Harvinder Singh Bakshian and Sr. Manager Latha S.T. visited Karunashraya to know more about our activities.



**1** DOCTORS TRAINING PROGRAM



**7** VISITING OBSERVERS



**1** IN- HOUSE TRAINING PROGRAM



**5** SYMPOSIUMS

## SPORTS DAY

Sports day was organized on June 22nd and June 23rd, 2017 at the hospice that provided an opportunity for the nursing team, doctors and all other employees to participate in multiple sports activities. It was a fun-filled event which sparked excitement and was enjoyed by everyone including the patients.



DOCTOR'S CARE



NURSING CARE



COUNSELLING



ADMINISTRATIVE SUPPORT

## INTERNATIONAL YOGA DAY

On June 21, 2018, Karunashraya in collaboration with Akshar Power Yoga Academy, Whitefield celebrated the International Yoga Day. The team of twelve was led by Master Lama and Krithika. They guided our staff into a state of relaxation through ancient spiritual art. The staffs thoroughly enjoyed the session and was a refreshing experience for all of them.

## DRUM JAMMING

Mr. and Mrs. Acharekar hosted a drum jamming event at Karunashraya. This session was a team building and stress management activity for our nursing staff. These are traditional African drums called djembe provided a delightful platform for our staff to experiment with beats as well as build confidence!

## WISH-TREE CAMPAIGN

Karunashraya partnered up with Syniverse to bring smiles to the faces of our patients through the wish tree Campaign. Between the 4th and 7th of June, we had set up our wish tree at Syniverse and had received tremendous responses. Thank you so much for your support, Syniverse! We would like to strengthen our ties by engaging further with you in the future.





# KARUNASHRAYA

PROVIDING FREE OF COST PALLIATIVE CARE FOR  
ADVANCE STAGED CANCER PATIENTS SINCE 1995

DONATE

₹

2424

## SUPPORT A PATIENT FOR A DAY

( THIS INCLUDES MEDICAL CARE,  
MEDICINES, FOOD ,ACCOMMODATION )

Cost per week for a Patient: 16,968/-

Cost per month for a Patient: : 72,720/-

Cost per year: for a Patient: 8,84,760/-

Donations by cheque should be drawn in favour  
of "Bangalore Hospice Trust". All monetary  
contributions are eligible for tax exemption  
under Section 80G ( 50% tax exemption).

DONATE  
NOW



Paytm



RISE AGAINST CANCER

A joint project of the Indian Cancer Society (Karnataka  
Chapter) and the Rotary Bangalore Indiranagar



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