

## Odisha CM lays foundation stone for Bagchi-Karunashraya Palliative Care Centre



Karunashraya surpasses another major milestone and created history on the 12th July, 2021, as Shri Naveen Patnaik, Hon Chief Minister of Odisha, laid the foundation stone for the upcoming Bagchi-Karunashraya Palliative Care Center at Info Valley in Bhubaneswar, Odisha.

Bagchi-Karunashraya Palliative Care Centre will provide high quality palliative care, peace and dignity to patients in their last few days. Our palliative care unit will have 110 beds, education and research, staff residences, 500 seat Auditorium and various patient centric facilities such as wellness centre and rejuvenation area. Bagchi – Karunashraya palliative care facility will help Bhubaneswar to become a leading centre of the country in cancer care and palliative services.

### IN-PATIENT CARE

\* Partially disrupted due to Covid

NEW ADMISSIONS	: 150
RE ADMISSIONS	: 049
DEATHS	: 088
TOTAL NO. OF PATIENTS	: 199

TELECONSULTATION	: 365
OPD	: 21

### HOME CARE

\* Partially disrupted due to Covid

### WHITEFIELD

NEW ADMISSIONS	: 19
DEATHS	: 06
NUMBER OF PATIENTS	: 42

### JAYANAGAR

NEW ADMISSIONS	: 16
DEATHS	: 08
NUMBER OF PATIENTS	: 50

### SEVANAGAR

NEW ADMISSIONS	: 15
DEATHS	: 04
NUMBER OF PATIENTS	: 35





## Classical Performance

The classical dancer Amrita Randhawa gave a mesmerising performance of Odissi dance for the residents and staff.



## INDEPENDENCE DAY CELEBRATIONS

We celebrated Independence Day, by hoisting of the National flag followed by singing of patriotic songs by our nursing staff. The Round Table India sponsored refreshments for the staff on the occasion and their three members visited Karunashraya to learn about our services.



## KARUNASHRAYA SPORTS DAY

Karunashraya's Annual Sports Day on 28th August, witnessed active participation of the nursing staff. Other staff members played a supporting role cheering the participants. The event provided healthy excitement and joy to all inmates, including patients.



## CSR TEAM VISIT

As a part of their CSR activities, a group of eight volunteers from Concentrix visited Karunashraya and helped in cleaning of solar panels and Exactly Technology donated fruits for our patients and staff.





Karunashraya had 3 visiting observers from Kidwai Memorial Institute of Oncology and 1 student from Department of Social Work, Christu Jayanthi College. These observers accompanied the medical team and were provided training in symptom management, psychosocial and spiritual care. We also had 50 Bsc nursing students from Krupanidhi College for their clinical posting in 5 batches and also 3 doctors for their clinical posting as part of the IAPC Part B course i.e. 2 doctors from the BSF and 1 doctor from Cytecure Hospital.

## WEBINAR SERIES

A 6-part webinar series on Palliative Care in the Critical Care Setting was conducted by the Education & Research wing in collaboration with Lancaster University, UK and Manipal Academy of Higher Education. The webinars had eminent national and international experts discussing the pathways and their experience of providing palliative and end of life care in the intensive care units (ICU). This series was attended by over 150 participants from all over the world and included physicians and nurses working in palliative care and in critical care. This is one of the first webinar series in the world on the subspecialty of ICU Palliative Care and generated much interest and participation from the delegates.

## GUEST LECTURES

As part of the monthly academic activity the department also conducted two guest lectures, on medical issues in palliative care. The subject of two lecture were a) Electrolyte Abnormalities in Palliative Care – Assessment and Management and b) Management of Diabetes in Palliative Care. The lecture on Electrolyte imbalance was given by Dr. Anuja Damani, Associate Professor at Tata Memorial Centre and the lecture on Diabetes in Palliative Care was given by Dr. Ashwin Mathur, Senior Professor and Head, Department of Palliative Medicine, SMS Medical College, Jaipur. The lectures were attended by the over 80 participants from all parts of India.




**Webinar Series**

**PALLIATIVE CARE IN THE CRITICAL CARE SETTING**

Karunashraya in collaboration with Manipal Academy of Higher Education, Manipal, and Lancaster University is organizing a webinar series on Palliative Care in Critical Care Setting. A series of six webinars will be conducted by a group of national and international experts exploring the process and experience of providing palliative care in the ICUs. These webinars are aimed at sensitizing palliative care and critical care providers on integrating palliative care in critical care settings.

**TOPICS:**

- 1) Pathway to Palliative Care Provision in the ICU
- 2) Ethical and legal issues concerning end-of-life care in the Indian ICUs
- 3) Capacity Building Initiatives towards palliative care provision in Indian ICUs
- 4) End of life symptom management in the ICU
- 5) Palliative Care research in the intensive care settings
- 6) Institutional Experience of Integrating Palliative Care in the ICU

**DATES**

**AUGUST 2021**  
4, 11, 18, 25

**SEPTEMBER 2021**  
1, 8

**7 PM IST**

\* Last day for registration is July 30, 2021  
\* Click here to register: <https://forms.gle/ViQdYb5M724gMK6>  
\* For more info contact, Dr. Seema Rao, email: [kpcr@karunashraya.org](mailto:kpcr@karunashraya.org)



**Monthly Guest Lecture**

**TOPIC: MANAGEMENT OF DIABETES IN PALLIATIVE CARE**

**PRESENTER:** Dr. Ashwin Mathur  
MD (Medicine), FICP, FRCP (EDINBURG), CCEPC  
Senior Professor and Head  
Department of Palliative Medicine  
SMS Hospital, Jaipur

**Date :**  
21st September 2021

**Timing:**  
3:30 pm - 4:30 pm

Kindly find the zoom link below:  
Join Zoom Meeting  
<https://zoom.us/j/98003415323?pwd=Y2RlbnJlbnNkQWU1VnNqbmVmdzI5U09>  
Meeting ID: 980 0341 5323  
Passcode: 158136





## ONAM CELEBRATIONS

Joy and happiness doesn't require a specific place and time , all it needs is spirit and understanding the underlying reason. Karunashraya aims to bring all festivities right to our patients, conveniently without comprising any of the grandeur or zeal. Onam was celebrated in its entirety with whole hearted participation from the inmates. The mood was contagious and everyone wore large smiles.

## DIGITAL VOLUNTEERING

Through our virtual volunteering program, a handful of students came forward and were involved in helping us by raising funds and creating awareness campaigns.



## GALLERY







**DOCTOR'S CARE**  
**2064 Hrs**



**NURSING CARE**  
**44336 Hrs**



**COUNSELLING**  
**3448 Hrs**



**PHYSIOTHERAPY**  
**508 Hrs**



**ADMIN SUPPORT**  
**25072 Hrs**

## **VOLUNTEER TESTIMONIAL**



A day well spent at Karunashraya doing art therapy with the patients. This was not your typical run-of-the-mill landscape painting or watercolor painting class. Rather, the agenda was to use art to instill a sense of togetherness while having fun. Our patients certainly let imaginations run wild with this exercise. Each person got 5 minutes with their individual art work and when the timer called for a switch, they had to exchange their sheet with the person seated next to them. We had 8 patients who joined today's session, some new to the concept of painting even. A few rounds of this was conducted to ultimately come out with some very unique and interesting collaborative paintings.

The fun part of this exercise was that everyone contributed to everyone's paintings in some manner or the other. They added on to each other's ideas and there were a lot of laughs throughout the process. Overall, it was a judicious use of patient energy and everyone walked away smiling.

- Vaishnavi A B

**DONATE  
NOW**



**paytm**



**ONLINE  
DONATION**

**FOLLOW  
US ON**

