

*Before pads I was often absent. I used to stay home when the bleeding was heavy and leave school early—Doreen*

*I like pads because they smooth and comfortable. Before pads I had a piece of cloth and put it with a piece of paper and I was not comfortable at all. Now when I wear pads my body does not know it is in menstrual periods—Praise*

*When you are using sanitary towels you do not have to be afraid of menstruation but can move about freely. Pads help me do the activities that I always do. I can play netball and run—Gertrude*

*I like pads because they fit well and do not fall down. They prevent blood leaking onto my chair and dress and stop me from being embarrassed in class. - Prisca*



**In 2009, only 36% of Ugandan girls completed primary school.**

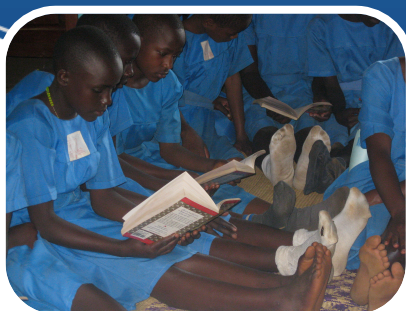
You can help us change this.

Thanks to loyal support from generous donors The Kasiisi Project Girls Program continues the fight to give girls in rural Uganda the same chance for a good education as their brothers.

We make sure that by supplying sanitary pads and underwear no girl in our schools has to miss class or restrict her activities just because she is a girl and she is menstruating.



## Kasiisi Project Girls Program



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Thank you for  
your continued  
support!