

SOFT Skills for STRONG Women working with Disabled

It's clear that women have the upper hand on emotional intelligence. Women have a natural inclination in using emotions to their benefit and mostly to the benefit of vulnerable people. They do a worthwhile but very challenging job working with persons with disabilities. Their ability to do their job effectively relies in large measure on how well they can support themselves and each other. It relies in how well they can be supported by others around them. In order to maintain their resilience, stamina, patience and good humour to keep going in even the most challenging of circumstances women must pull together to address each other's practical and emotional needs as caring professionals. Unmet need can cause women to behave in inappropriate ways. They need training, they need support, they need skills and new ways of self-development. They need SOFT Skills for being STRONG!

The specific objectives:

- Expanding access for women to training programs of Soft Skills so that they could interact in an optimal way with persons with disabilities and provide them with impact activities/projects.
- Providing quality and relevance of courses on Soft Skills by ensuring that educational contents, teaching practices and learning environments are suitable to the training needs of these women.



The project will educate 30 women working with disabled people enhancing them key SOFT skills in their work which will provide for their beneficiaries optimal conditions for fully manifesting their potential and human rights. Women are empowered to address the needs of persons with disabilities and work creatively with/for these vulnerable beneficiaries creating a proper context of emotional health and well being of them.

*Women need SOFT skills for
STAMINA!*



**PROJECT
DURATION:
12 MONTHS**

Activities:

- A1. Informing, recruiting, selecting 30 women.
- A2. Organizing the training program - 8 courses: Empathy, Emotional Intelligence, Creativity&Problem Solving, Conflict resolution, Positive Thinking & Energy, Humour&Fun, Assertiveness, Team Work.
- A3. Workshops - Consolidating learning and enabling networking among women.

**PROJECT PARTNER:
NCDR
NATIONAL COUNCIL
OF DISABILITY IN
ROMANIA**

(a federation composed of 14 representative national non-governmental organizations of disabled persons and for persons with disabilities and also other organizations with similar concerns in the field)