

## How you can help

We are continually working on improving and developing our programs and we really appreciate your support! Whether it is a large or small contribution, one-off or ongoing sponsorship – we need your help to give children in Kenya a better future!

**Did you know that you can even directly support Macheo by booking a safari through our connected safari office?**

**Visit our website [www.macheo.org](http://www.macheo.org) to get a complete overview of how you can help Macheo.**



## About

Macheo Children's Centre was founded in January 2006 by Marnix Huis in 't Veld and Maureen Kromowirjo from The Netherlands. Ever since its establishment, the objective of Macheo has been to give children in Kenya a better future.

Macheo means sunrise in Kiswahili. For us it symbolizes the new beginning that we can give to Kenyan children.

**Visit our website [www.macheo.org](http://www.macheo.org) to see how you can help us.**



## Macheo Children's Centre

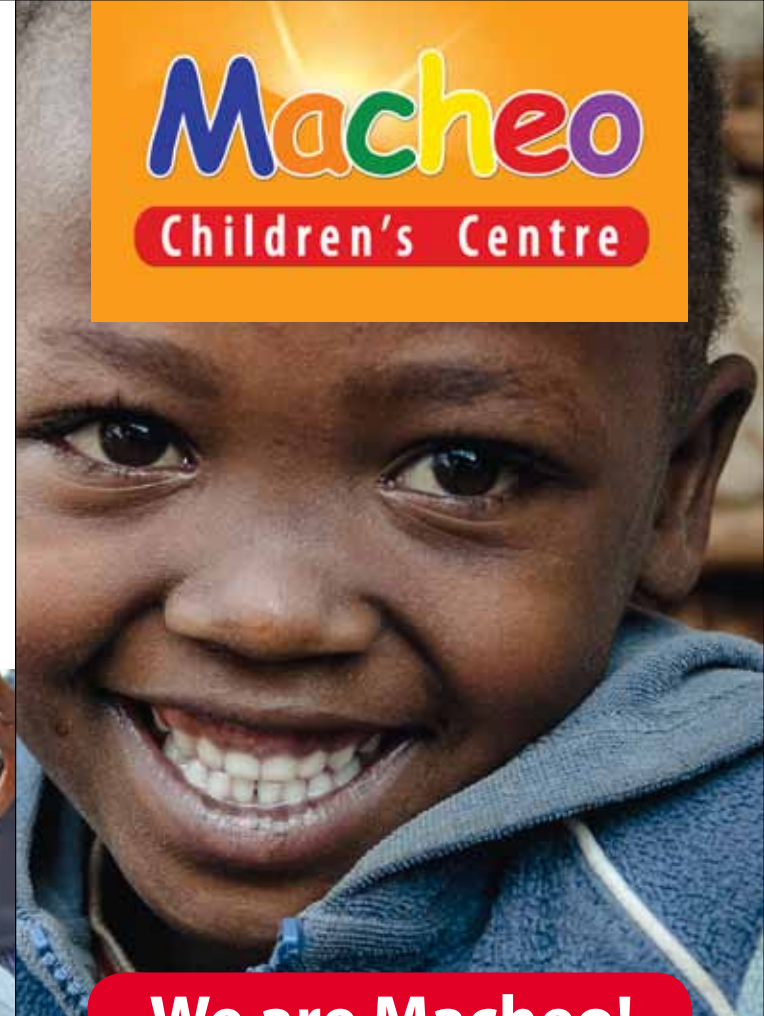
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**Macheo**  
Children's Centre



**We are Macheo!**

**Macheo Children's Centre is based in Thika, Kenya**

**Macheo supports education**

**Macheo offers vulnerable children a home**

**Macheo assists better parenting**

**Macheo facilitates medical care**



## What we do

### Primary School Program

In our Primary School Program we provide lunches in primary schools to thousands of children from the poorest families. A daily meal relieves short-term hunger and encourages school attendance.

### Children's Home

At our Children's Home 56 orphaned and vulnerable children have found a new, permanent, home. In seven houses we raise children in a caring and stimulating environment.

### Family Empowerment Program

In our Family Empowerment Program we help parents to become better parents. Families are empowered with knowledge and seed capital to provide in their children's basic needs.

### Health Program

In our Health Program mothers and their young children are offered pre- and postnatal care. We transfer knowledge through seminars and facilitate access to medical care.

### Secondary School Program

In our Secondary School Program we provide scholarships to girls from poor families. We give vulnerable girls a chance to complete secondary education and break the cycle of poverty.



This is Joseph, who only got 3 meals a week at home. Thanks to our **Primary School Program** he now receives a daily lunch in school.

This is Vincent, who lived orphaned in Thika's biggest slum. Thanks to our **Children's Home** he now grows up in a caring and stimulating environment.



This is mama Njambi, who struggled to maintain her family of 4 children. Thanks to our **Family Empowerment Program** she now runs a successful tailor business.

This is Ann, who found herself pregnant unexpected and unprepared at the age of 20. Thanks to our **Health Program** she gave birth to a healthy baby girl.



This is Mary, who nearly got married off at the age of 13. Thanks to our **Secondary School Program** she can now complete her secondary education.

## Why we do this

Many Kenyan families lack the stability to provide their children with a daily meal. As a result they go in search of food and drop out of school. To give children a chance to follow primary school we started the **Primary School Program**.

Due to HIV and poverty in Kenya many children are orphaned or abandoned by their parents. These children run a high risk of becoming involved in drugs, crime and prostitution. To offer them a safe place to grow up we started our **Children's Home**.

Raising children is a big challenge for parents in Kenyan slums. Children who grow up in poverty a facing a grim future. In our **Family Empowerment Program** we help parents to improve the economic situation and the welfare of their children.

Many expectant mothers in Kenya lack medical knowledge and access to healthcare. This causes a high rate of infant and maternal mortality. Our **Health Program** strives to provide a better situation for women and their young children.

For many poor girls in Kenya, education stops after completing primary school. We started the **Secondary School Program** to give girls a chance to continue their academic development and break the cycle of poverty.

