Young adults see spike in deaths from alcohol-related liver disease

Study shows binge drinking may be leading cause

The study, published this month in the British Medical Journal, says that the number of 25- to 34-year-olds who died annually from alcohol-related liver disease nearly tripled between 1999 and 2016, from 259 in 1999 to 767 in 2016, an average annual increase of around 10 percent.

It cites binge drinking as a leading cause, because of rising rates of alcohol consumption between 2002 and 2012.