



August 2026

Dear Global Giving Community,

Humanitarian crises rarely happen one at a time. Around the world, conflict, displacement, and natural disasters continue to disrupt daily life for millions of people, leaving women and girls with limited access to even the most basic menstrual health resources. Because of your support, Days for Girls has been able to respond alongside trusted local partners, ensuring menstrual health remains part of humanitarian relief efforts.



So far in 2026, we have reached **13,920 refugees, internally displaced people (IDPs), and individuals affected by disasters** with sustainable menstrual health solutions and education.

Current impact includes:

- **Burundi:** 2,470 people reached
- **Honduras:** 3,826 people reached through our partnership with World Vision
- **Ukraine:** 7,126 people reached through our partnership with DT Care, including 3,726 DfG Kits and 3,400 menstrual cups
- **United States:** 313 people reached
- **Venezuela:** 1,242 people reached with DfG Kits following the recent earthquake, in partnership with Meals 4 Hope



This work looks different in every community. In Honduras, where chronic violence, extreme climate shocks, food insecurity, and mixed migration continue to create a complex humanitarian crisis affecting millions of people, our partnership with World Vision has helped ensure women and girls have access to essential menstrual health support. In



Ukraine, where the war continues to impact everyday life, our partnership with DT Care is



helping women and girls access both reusable kits and menstrual cups, providing long-lasting solutions in an uncertain environment. Following the recent earthquake in Venezuela, emergency distributions have helped ensure menstrual health remains part of the recovery response.

The need continues to grow. In the coming months, we are preparing additional

distributions that will extend this impact even further, including:

- **Lebanon:** 1,300 DfG Kits for refugees and internally displaced families affected by the continuing conflict and displacement (currently in progress).
- **Ukraine:** 1,242 additional DfG Kits through our ongoing partnership with DT Care.
- **Venezuela:** 2,600 menstrual cups in partnership with Ventura to support communities recovering from the earthquake.

These responses are possible because of a network of dedicated local organizations that understand the needs of their communities and can act quickly when emergencies arise. By investing in sustainable menstrual health solutions, you are helping women and girls regain comfort, confidence, and a greater sense of normalcy during some of the most difficult moments of their lives.

Thank you for continuing to stand with Days for Girls and our partners around the world. Your generosity is helping ensure that menstrual health remains an essential part of humanitarian response, wherever and whenever it is needed.

With deep gratitude,

The Days for Girls Team

