



Harnessing Opportunities through Play and Education

Registered Charity 1124372

Main project supported by HOPE- Sangkheum Center for Children – Young Adult (“YA”) Program

What is it?

Sangkheum Centre for Children is an orphanage and home to some 50 children aged between about 3 and 18. As the children are starting to reach the age when they have to leave the Centre a 3.5 year program has been built to give them the best preparation for life beyond the Centre.

The Sangkheum Program for Young Adults has been designed to benefit resident young adults at the Sangkheum Center for Children who must leave at age 18, and is a two-stage program. The first part, the Preparation Programme (PP) is a course designed for entry to employment and training, and preparing the young adult for life outside the Sangkheum Center. The second part, the Community Integration Program (CIP), is designed to integrate Sangkheum’s young adults into the community with the support they need to achieve full independence.

The aim is that all young adults leave the Sangkheum Center for Children with the necessary education, skills, further education prospects or work prospects to ensure their successful transition from a resident child in the Sangkheum Center for Children to an independent young adult.

The Preparation Program (PP)

The PP is a 2 year preparation program that provides education and life skills through a comprehensive curriculum containing education and training in Personal and Social Development (including Health awareness, Domestic science, Money management, Jobs and careers, Sex education and relationships) , IT and Computer skills, The World Around Us and General Development Skills.

In addition to theoretical subjects it also contains work placement training and excursions to culturally and environmentally important locations. The program runs parallel with their last years of Khmer high school education.

During the program the young adults, with guidance from the program staff, will get career guidance and Q&A sessions to be able to choose the most appropriate work or education options pursuing their desired career path. The second year of the program is built to suit the individual training and education needs of the young adults before they enter the Community Integration Program.

Community Integration Program (CIP)

Following the graduation from PP the young adults are re-located from The Sangkheum Center for Children to the house of the young adults. This is their first step towards real independence but for the duration of 1,5 years they will be monitored and supported by our designated staff from The Sangkheum Center for Children.

During this period the young adults will go into work training or chosen higher education. The direct work training is done within the actual line of work the young adult has expressed interest in through either a direct placement in a work environment or through vocational training in other institutions. In addition to the actual training this also creates opportunities to find a job once the training is completed.

Upon finalizing the 1,5 year CIP the young adults have reached independence and will be able to financially sustain them selves and become a responsible member of their community.



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Why support this program

Without a program like this we may as well not have the orphanage if all it does is defer the time till the children/young adults are back living off the streets in poverty. Most of the children in the centre have siblings that will be inspired and ultimately supported by their elder brothers and sisters. Ultimately we believe this project can be replicated at other orphanages and hope to spread its success.

How much does it cost ?

- Final cost will depend on numbers however typical costs
 - \$1900/year/person
 - Yr 1 approx. \$27k, Yr 2 approx. \$29k, Yr 3 approx. \$36k, increasing as more YAs join the program

COMPOSITION - Preparation Program	Per Month / Unit	Year 1 9 persons	Year 2 8 persons	Year 3 7 persons	Total
Human resources					
1 staff training adolescent expert	US\$500 per person x 12months	\$ 6,000	\$ 6,000	\$ 6,000	\$ 18,000
3 Educators - English/Computer/General education	Avg US\$116 per person x 12 months	\$ 4,200	\$ 4,200	\$ 4,200	\$ 12,600
Insurance / Cultural festival costs	US\$132 per person per year	\$ 147	\$ 147	\$ 147	\$ 441
Sub-Total		\$ 10,347	\$ 10,347	\$ 10,347	\$ 31,041
Class and Common room material					
Furniture, paint, decoration material		\$ 950	\$ 450	\$ 450	\$ 1,850
Skill Training Course					
I.T. Component					
2 sets of computer	US\$700 per set	\$ 1,400			\$ 1,400
Computer science didactical material	US\$50 per person per year	\$ 450	\$ 400	\$ 350	\$ 1,200
Furniture for computer/ english course - chairs, whiteboards	US\$ 20 per 15 chairs	\$ 450			\$ 450
Stationeries	US\$ 2 per 1 person per month	\$ 216	\$ 192	\$ 168	\$ 576
English Language component					
English course didactical material	\$ 50 per 1 persons per year	\$ 450	\$ 400	\$ 350	\$ 1,200
Personal, Social&Health Education Component					
PSHE didactical material	\$ 50 per 1 person per year	\$ 450	\$ 400	\$ 350	\$ 1,200
Vocational I training for job opportunities such as hair dresser course, mechanic training etc outside Sangkheum Center	US\$100 per person for each Y.A individual Program per year	\$ 900	\$ 800	\$ 700	\$ 2,400
Jobs and Career Component					
Overview of different career options - organizations, training schools & training places.	US\$100 per time for 3 times	\$ 300	\$ 300	\$ 300	\$ 900
Job and Career didactical material	\$50 per 1 person per year	\$ 450	\$ 400	\$ 350	\$ 1,200
Support cost					
Communciation (phone, internet), Office costs, computer maintenance, Fuel for transport, Trips to Phnom Pehn for supplies and meetings		\$ 1,440	\$ 1,440	\$ 1,440	\$ 4,320
		\$ 17,803	\$ 15,129	\$ 14,805	\$ 47,737
COMPOSITION - Community Integration Program					
Living expenses for young adults in the Intergrative Community program outside S.C. (non-residents)					
Food	US\$1.5 per pers. per day	\$ 2,700	\$ 4,860	\$ 7,020	\$ 14,580
Clothes (3 set per year per person)	US\$45 per person for a year	\$ 225	\$ 405	\$ 585	\$ 1,215
Hygiene product (Shampoo, toothpaste, soap....)	US\$5 per person for month	\$ 300	\$ 540	\$ 780	\$ 1,620
Medical care	US\$35 per person for a year	\$ 175	\$ 315	\$ 455	\$ 945
Accommodation rental in Siem Reap for young adults during training	Rental cost	\$ 2,450	\$ 3,650	\$ 6,050	\$ 12,150
Electricity	20\$ per month	\$ 240	\$ 240	\$ 240	\$ 720
Transportation (Bicycles) and maintenance	1 bicycle per beneficiary, US\$1 maintenance cost per bike per month	\$ 60	\$ 468	\$ 676	\$ 1,204
Sub-Total		\$ 6,150	\$ 10,478	\$ 15,806	\$ 32,434
Vocational Training course for young adults					
Vocational I training for job opportunity, English language, Computer course etc.	US\$400 per person for each Y.A individual Program per year	\$ 2,000	\$ 3,600	\$ 5,200	\$ 10,800
		\$ 8,150	\$ 14,078	\$ 21,006	\$ 43,234
Contingencies					
	3%	\$ 765	\$ 858	\$ 1,056	\$ 2,679
		\$ 25,953	\$ 29,207	\$ 35,811	\$ 90,971
Total number of Young Adults in the program in each year					
		14	17	20	
Average cost per participant					
		\$ 1,854	\$ 1,718	\$ 1,791	



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Background to the UK registered charity - HOPE

- With first hand experience volunteering in Cambodian schools and orphanages, the trustees found it hard to draw a line under their experience. Knowing a little help can make a big difference they set up HOPE, a charitable Trust, in June 2008.
- HOPE does not intend to re-invent the wheel, duplicate effort or waste money on unnecessary admin costs. Instead HOPE is seeking to support existing programs assisting young people in Cambodia with their education and social development where:
 - there is a need for further funding to expand either the variety of their activities (Eg. provision of English classes or computer classes) or increase the number of young people they can support.
 - we strongly believe it will make a **permanent difference/improvement** to the young people in the programs.
 - we can monitor the progress and results of the program regularly.
- HOPE aims to help others help themselves, creating opportunities and choice

The Sangkheum Centre Program for Young Adults fits the objectives of HOPE very well and we were delighted to sign a Memorandum of Understanding with them in 2008, committing to support the program financially for the next 3 years.

HOPE's Charitable Objects (extracted from the Trust Deed)

To act as a resource for young people up to the age of **25** living in **Cambodia** by providing advice and assistance and organising programmes of physical, educational and other activities as a means of: (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals; (b) advancing education; (c) relieving unemployment; (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

The trustees

Tanya Seeley - tanya@hopeforcambodia.org.uk

Tanya, currently a Director at RBS, took time out in 1995 to travel the world and was captivated with South East Asia. The people made a huge impression on her, especially the women who had not had the same opportunities or choices Tanya had growing up. With a high quality education and a good job, she vowed to herself that one day she would return and give something back. In 2007 she did just that and spent six months on a career break, volunteering as an English teacher with Schools for Children of Cambodia and Sangkheum Center (for orphans and neglected children). Her aim is to build on the foundation of this volunteer work and sees HOPE as a lifelong commitment to helping the people of Cambodia who gave her so much.

Jo Owen - jo@hopeforcambodia.org.uk

During a well planned year out from the hotel industry in the UK, Jo travelled throughout Asia, Australia, New Zealand and South America. Three years later she still hasn't returned home, mired in the many responsible tourism issues in which developing countries are faced. Her volunteer work with Schools for Children of Cambodia and Sangkheum Center challenged her to do something positive and, in meeting Tanya, decided she could make a difference. With her work in Cambodia, she hopes to build a bridge between poverty alleviation and tourism and wants to make a permanent difference.

For more information see:

www.hopeforcambodia.org.uk