

No matter the size of a contribution, every little bit goes a long way in helping someone receive the Gift of Movement.

We have so many sweethearts who say "I have a shopping bag of #Tops&Tags" and even more who say "my garage is full, come help us". The feeling is the same when hearing from both types of sweethearts, excitement. People must think we are weird, getting excited about trash and plastic. But, as every sweetheart will know, we're not crazy, we're just passionate!



It's been a busy few months since our last report, but the good news continues to spread!

We've been inundated with emails, calls and messages of passionate sweethearts who are as excited and happy as Peter (Pictured) to handover their #Tops&Tags. As always, it doesn't matter how many you collect, as long as you are collecting!

We celebrated Mandela Month 2019 in the month of July. It's our most favourite time of the year, where all South African's rally together to pledge their 67 minutes to helping someone in need, be it an individual or a charity.

Welekazi, Ndkeka and Nomgambula all received their much needed wheelchairs with the help of our friends at Rotary Sunrise of Port Elizabeth in Eastern Cape, South Africa.



Sweethearts





Now, the next story might be a bit of a tear-jerker, so grab a tissue just in case! To end off our #MandelaMonth initiative, we handed over three much-needed wheelchairs to three young beneficiaries. These wheelchairs are particularly special and has quite a back story. A wonderful lady named Ncumisa Sam volunteered in on a settlement in Vosloorus. While delivering food parcels to the families, she met Bongiwe and became aware of her needs.

The sweethearts Foundation work according to a Wheelchair Waiting List, and by the time we reached Bongiwe on our list, we tried to make contact with Ncumisa, but sadly found out that she has passed away. Before she passed away, she had registered two more beneficiaries, Thulisile and Anele. We were given the opportunity to honour Ncumisa, her charity work and finally fulfil her wish to help these three wonderful beneficiaries.

These wheelchairs would not have been possible without the support and help of a few of our special volunteers. First, to the Johannesburg Mini Council, whose tireless efforts do not go unnoticed. To Jessica and Yvonne, our JHB Manager and Beneficiary and Wheelchair Manager who sorted out all the



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logistics and arrangements. To Bronson, our champion, for running all his KMs every single month and introducing The sweethearts Foundation to Ningiza Horner & Associates and for their donation of R20000.00. To our trusted wheelchair specialists and manufacturers, Kat and CE Mobility - The wheelchair and seating specialists, a sweethearty thank you. And last, but not least, to our beloved Ncumisa. May you rest easy knowing your wish came true ♥

Please continue to support our worthy foundation. Without you, all our success would not be possible. We thrive because you continue to give, and for that, we can't be more thankful. Continue to help those who can't help themselves. Continue to give the Gift of Movement!

