

Sara was a long-term drug user who lost custody of her children because of substance abuse. She worked the streets as a prostitute and became very ill after contracting HIV. When Sara came to our program, she was paired with both medical and mental health professionals. Her case manager guided her through the process to get financial assistance.

Through Women's Housing Coalition, Sara got clean and got a job. She regained custody of two of her daughters (one with special needs), both of whom have since gone on to college. With hard work and determination, Sara was able to return to a place in life of which she can be proud, and now has a relationship with all her children and grandchildren.

## Meet Sara



In the height of the recession, Mya lost her job, her home, and her stability. With two children under the age of 6, she needed shelter and safety for her family, a way she could stay strong for herself and her kids. With that in place, Mya had the time and space to make a plan with her case manager to branch out to new areas of employment.

At Women's Housing Coalition, she had the peace of mind and support to pave a new path. Over the past 5 years, Mya earned her culinary certification and works regularly at a hospital and, as needed, at a catering company. That fierce drive she showed in the toughest of times is evident in her daughter, Tamara, who has repeatedly made the honor roll at school.

## Meet Mya

For more than 20 years, Anne struggled with homelessness and mental illness marked with delusions and paranoia. After living on the street and in shelters, she was referred to us. She regularly meets with both a therapist and psychiatrist. This is the first time Anne has had her own room where she is able to keep her belongings and feel a sense of security.

Today, with a system in place to take her medications, combined with increased access to community resources, Anne has lessened the severity and frequency of her paranoia. With prompts, she can ground herself in reality more quickly. Contributing to our community, she attends house meetings, cleans up the neighborhood and pays all her bills on time.

## Meet Anne



Women's Housing Coalition houses and works with people who were homeless who want to take control of their lives and need help to lead stable lives for the rest of their lives.

Your generous contribution directly benefits **≈125 women and 45 children** who will have a **safe, affordable place to call home**. The skills, confidence and support network our residents gain through Women's Housing Coalition helps them begin to **envision a positive future** free from the trauma of homelessness and maintain **stability for the rest of their lives**.

They **need** your support. Help us help them **meet** their goals.

[www.WomensHousing.org](http://www.WomensHousing.org)

## Women's Housing Coalition

A nonprofit organization founded in 1979 dedicated to providing safe, affordable housing and support services to homeless low income women and single mothers with children in Baltimore City.

Through its 98 units, in-house services and external partnerships, Women's Housing Coalition houses and works with 125 women with diagnosed disabilities and 45 children, on average each year.

In-house services include:

- Long-term affordable housing
- Intensive case management and one-on-one counseling
- Individualized service plans that guide women through steps to reach their goals
- Medical/Mental health services co-payments
- Summer camp tuition and transportation
- Matched savings program
- Employment readiness training
- Budgeting and financial workshops, as well as entitlement assistance
- Emergency needs funding
- Parenting classes
- Support group and community living
- Nutrition workshops

Through external partnerships, Women's Housing Coalition provides:

- Employment and educational programs
- Medical and mental health services
- Substance abuse counseling and relapse prevention programs and support groups
- Legal services
- Clothing for employment and everyday
- Individual and family counseling
- Visiting nurses and therapists

# Women's Housing Coalition



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[www.WomensHousing.org](http://www.WomensHousing.org)



Meeting the needs  
of women in need