

# Grow Wrestling in Fauquier County

# Sponsor Organization



- **Fauquier Sports Foundation (FSF)** - A 501(c)(3) Not for Profit Parent organization that provides the financial and organizational support to the Fauquier Patriots youth team, the Fauquier Warhawks youth travel team, the Birds Of Prey Wrestling Club, Junior Birds of Prey Wrestling Club, and the Fauquier High School Varsity and JV Varsity teams.

# Benefits of Wrestling

- Self-Confidence
- Discipline
- Mental Toughness
- Sportsmanship
- Physical Fitness
- Self-Reliance
- Respect for Others

# Purpose of Program

- To introduce middle-school students to the sport of wrestling through a clinic or other program
- To eventually obtain Fauquier County School District approval for a full-fledged Middle School Wrestling Program held at each middle school in Fauquier County
- To buy the equipment needed to run a middle-school wrestling program

# Season

- Clinic held at a local middle school in the fall to introduce students to the sport of wrestling
- Practices held 2-3 times/week
- Informal dual meet competition at the conclusion of the season
- Provides the benefit of allowing students to practice after school rather than having to join a private sports league, which requires parent transportation

# Equipment

- Each participant will need to purchase wrestling shoes and a headgear. In the case of participants with financial needs, the sponsor organization will provide.
- A Practice Mat will provided by the sponsor organization
- Competition gear (shorts/t-shirt) will be provided by the sponsor organization.
- Mat Tape, Mat Cleaning supplies, Athletic Tape, etc. will be provided by the sponsor organization

# Coaches

- Coaches will have extensive sport specific knowledge
- Coaches will be either volunteer or paid by the sponsor organization.
- Coaches will be identified over the summer, and will complete all the paperwork, background checks, and training required by Fauquier County Public Schools

# Funding

- The program will be entirely supported and funded by the local, existing, well-established sponsor organization, the Fauquier Sports Foundation.
- The Foundation intends to fully financially and logistically support a Middle School Wrestling Program in Fauquier County, if approved by the school board, in future school years.



# FCPS Support

- Available practice space in the middle school will be provided by the Fauquier County Public School District
- Readily available mat storage for mat when not in use during the fall season
- Accessibility to the practice facilities by appropriately approved coaches

# Point of Contacts

- Sam Hunsberger - Middle School Wrestling Program Director
- Doug Fisher - FHS Head Wrestling Coach
- Mike Foy - Kettle Run Head Wrestling Coach
- Jeff Budd - Fauquier Wrestling Club
- David Kuzma - Kettle Run Wrestling Club

# Questions