HealthCare for Vulnerable Populations in Lebanon

**Summary**  
Lebanon has been dealing with its biggest economic crisis in decades, as well as social unrest and political uncertainty, since late 2019. On top, the health facilities are under pressure due to increased Covid-19 case counts, Beirut blast, economic difficulties, poverty and unemployment, dramatic increase in chronic and mental health disorders, and an outflow of physicians and nurses. This project provides medical support program to vulnerable communities where beneficiaries receive full access to medical services provided by physicians, pharmacists, nurses, and health workers. With Insan’s medical and psychosocial knowledge and experience, we will be able to improve the beneficiaries’ overall wellbeing (physiological and psychological), and continue to be the empowered agents of change as we always have been.

**Challenge**

In addition to economic and political unrest, the country is densely populated, with 6.9 million residents—87.2% of whom live in urban areas—including 2 million displaced persons and 500 000 migrant workers. The health care sector is fragmented with hospitals of varying capabilities, 84% of which are private and mainly concentrated in large cities. Furthermore, 80% of the health care budget is spent on acute care in private hospitals, leaving the public health systems under resourced. In addition, Lebanon relies heavily on foreign supply chains and has no local manufacturing capability to produce essential medical supplies, including N95 masks and ventilators… and the Lebanese-based pharmaceutical production is weak due to high local production costs. So, this project will provide at least 1,000 beneficiaries with free and continuous medical resources such as: medical examination and medicine (for chronic and acute diseases), vaccines, medical equipment…

**Solution**

Through an integrated, and innovative approach Insan provides:

1) medical doctors to examine, diagnose, prescribe the right medication, and follow up with patients 2) continuous medical resources such as medicine (for chronic and acute diseases), vaccines, medical equipment…

The medications we offer are based on the Ministry of Public Health (MOPH) drug list, which is updated regularly to fit the medical field continuous expansion.

The list covers the following chronic diseases:

* Alzheimer’s disease
* Benign Prostatic Hyperplasia
* Convulsions
* Depression
* Diabetes
* Dyslipidemia
* Glaucoma
* Gout
* Hypertension & Cardiovascular diseases
* Organ Transplantation
* Peptic Ulcer
* Psychosis
* Rheumatoid Arthritis
* Thyroid Disorder

3) campaigns to make people conscious about the impact of diseases on their health 4) knowledge and information that influence their attitudes, and behaviors to overcome the illness

**Long-Term Impact**

This project will provide medical care and education which empowers vulnerable communities in Lebanon to improve their overall health and wellbeing. This will prevent chronic diseases and promote healthy lifestyles to the communities, as well as lower costs for Lebanon's overburdened health system.