

A

Project Report

for

the period of

July 2017 to September 2017

for the project

“Support 500 Underprivileged Children for Education (#24436)”

functional in

Rural centres of Maharashtra, Mumbai, India

NGO Name	Light of Life Trust
Project name	Anando
Location	Maharashtra, India
Areas where centres are located	Karjat, Alibaug, Mangaon, Jalna, Washim, Nandurbar, Worli, Thane & Pench
Programmatic Report	July 2017 to September 2017

Synopsis:

This project report list down the activities covered during the period ranging July 2017 to September 2017 by Light of Life Trust at different locations spread across Maharashtra through its centers for their Project Anando which focuses on reinstating secondary school dropouts and help them to complete their education.

Following are the activities conducted / undertaken for the abovementioned period:

1. Yoga sessions:

At Light of Life Trust's Worli centre in association with 'Ayengar Yoga Institute', session on yoga was conducted. Students thoroughly enjoyed and felt rejuvenated after this session.



2. Mahacharcha program:

Glimpses of a unique program - 'Mahacharcha' which is organised by Light of Life Trust, where distinguished academic students along with their parents shared their strategic methods and experiences of their academic performance with their juniors. They are also felicitated during this event by their school principal and teachers. One such event held at LOLT Kashele centre - Karjat district.



3. 'Anant' – an arts education project:

On 10th July, 2017, Light of Life Trust under their arts education project - Anant, introduced singing and dance classes at Nagar parishad school in Alibag. 45 students became a part of this unique initiative. Where, school principal and teachers present during the inaugural function appreciated the efforts taken by LOLT.



4. Workshop on Personality Development:

Personality Development Workshop for the students was conducted at Worli centre of Light of Life Trust. Students enjoyed the session and also participated in the role plays and activities conducted during this session.



5. Visit at Science Exhibition:

Light of Life Trust Worli centre students along with their mentors visit Science Express Climate Action Special (SECAS) train which had its halt at CST station, Mumbai on 21st July, 2017.

The basic objective was to contribute towards increasing understanding of the science of climate change, the observed and anticipated impacts, and different possible responses. The state-of-the-art exhibition aboard SECAS aimed to create awareness among various sections of society, especially students, as to how Climate Change can be combated through mitigation and adaptation.



6. Guest Lectures:

Nandurbar region centres of Light of Life Trust conducted guest lectures for the graduate students of LOLT. These sessions were quite encouraging and motivating for the students. Guests were impressed by the confidence shown by the students.



7. Capacity Building Session for students:

Under AnandoPlus program (which is for higher secondary students) at Wai, Shelu Bazar and Khiniraja centres of Light of Life Trust in Washim region, capacity building session for students was conducted. The purpose of this capacity building session was to promote the students' knowledge and skills. Sessions were based on topics like, "Success is in your hand" & "How to develop leadership".

These sessions were very enlightening for the students. It also showed their utmost participation and response.



8. Regional festival celebration:

Raksha Bandhan, a festival of "bond of protection and love" between brother and sisters was celebrated across all the centres of Light of Life Trust by the students.

The festival celebrates the love and duty between brothers and sisters. On Raksha Bandhan, a sister ties a rakhi (sacred thread) on her brother's wrist with a prayer for his prosperity and happiness. This symbolizes the sister's love. The brother gives her a token gift and a promise to protect her.



9. Awards, recognition and scholarship to students:

At the Aashayein event held at Jamnabai Narsee School, Light of Life Trust students of Anant programme (an arts education programme) won the First prize, both in Solo and Group dance category along with 6 months of scholarship to pursue their career in dance.

You make us proud !



10. Health care program:

Light of Life Trust under its Medical Mobile Unit - Healthcare programme, conducted ORS (OralRehydrationSolution) therapy awareness camp between 23rd to 29th of July, 2017. It was a collaborative effort by LOLT along with Indian Association of Pediatrics and Karjat Medical Association for Rural and Tribal population in and around Karjat region.

This effort by LOLT got press coverage in the local Pudhari newspaper published on 8th August, 2017.



11. Peers Day celebration:

In order to inculcate the leadership and teamwork qualities among students. Light of Life Trust Alibaug regional centres conducted Peers day and Dahi handi (Gokulashtami) festival. Various workshops were held during this event like making colour paper collage, tying friendship band, painting etc.

Students enjoyed the session thoroughly and learned about the team work importance and leadership qualities.



Peers Day was celebrated at Jalna centre of Light of Life Trust. This activity concentrates on friendship and its importance.

Each child gets his/her friend to the centre to be a part of this workshop or the activity. Every friend speaks about his friend about the changes he experience from the time he has been supported by LOLT.

Differences and misunderstandings among the friends are also weeded out which helps in building strong relationships.



12. Health check-up camps for the students:

Health issues are faced drastically in the remote villages of Nandurbar district. Which has a large impact on the attendance of the students attending school and daily classes conducted by Light of Life Trust. Therefore in the areas of Rajviheer and Somal centres of Light of Life Trust, health check-up camps were set up for the students to detect early health issues and also to inform the students about the cleanliness and precautions to be taken especially during the rainy season. Both the centres observed 75% attendance of the students for this health check-up camps.



13. Teachers Day celebration:

In India, 5th September is celebrated as Teachers' Day as a mark of tribute to the contribution made by teachers to the society.

5th September is the birth anniversary of a great teacher Dr. Sarvepalli Radhakrishnan, who was a staunch believer of education, and was a well-known diplomat, scholar, the President of India and above all, a teacher.

When some of his students and friends approached him and requested him to allow them to celebrate his birthday, he said, "instead of celebrating my birthday separately, it would be my proud privilege, if 5th September is observed as Teachers' day". From then onwards, the 5th of September has been observed as Teachers Day, in India.

This day was celebrated across all the centres of Light of Life Trust.



14. Kalpataru – a musical event:

‘Kalpataru’ - A musical by Light of Life Trust, was held on Saturday, 9th of Sept 2017, 7pm at Sophia Bhabha Auditorium, Breach Candy, Mumbai.

This event will was performed by the underprivileged children who are part of LOLT’s Anant project – imparting music & dance training to these children.



15. Workshop on 'Preparing for Adolescence':

At Karjat and Tiware centre of Light of Life Trust, a workshop on 'Preparing for Adolescence' was conducted for the students. Separate sessions was taken for boys and girls by the doctors.

These sessions are important initiative that aims to empower young people with accurate, age appropriate and culturally relevant information, promote healthy attitudes and develop skills to enable them to respond to real life situations in positive and responsible ways.



16. Dance Movement Therapy & Meditation Session:

A Session on DanceMovementTherapy (DMT) and Meditation was conducted for the students of Worli centre.

Dance therapy is a healing approach that involves the use of dance and body movement to improve physical, emotional, and mental well-being. In addition, dance therapy is said to reduce stress, improve self-confidence, and enhance mobility and muscle coordination. Whereas, Meditation reduces stress levels and alleviates anxiety. If we can reduce stress, many health benefits follow. Knowledge of Self – Meditation enables us to have a deeper understanding of our inner self. Through meditation we can gain a better understanding of our life's purpose.

