

Summary

The Lao Disabled People's Association (LDPA) is the country's leading advocate for people with disability, established in 2001. In 2013, LDPA, with generous assistance from Global Giving donors, started wheelchair basketball, one of the first sports programs for people with disabilities in Laos. Teams of men and women with disabilities were formed and competitions organized. Players strengthened physically and mentally, and the stigma associated with disability began to breakdown. In 2015, through the hard work and dedication of players, LDPA sent a team to the ASEAN Para Games in Singapore, the first time that Laos was represented in wheelchair basketball at these Games. Since then, supported only by their enthusiasm and growing skills, players continue to train and play competition games. What sustains them is their goal: to represent Laos at the 2017 ASEAN Para Games in Malaysia. This goal will require funding for training and travel to the Games. LDPA is seeking the funds to do this.

Explain **what challenge** the community is facing and **who is affected**. Give enough detail so that donors understand exactly **what the problem is and who will benefit from a solution**.

Challenge

Negative stereotypes and social stigma towards people with disabilities are still common in Laos and people with disabilities generally have more limited access to the health, education and employment. An estimated 75% of people with disabilities are of working age but negative attitudes, particularly about capability and productivity, make securing work difficult and, even when employed, people with disabilities are likely to be paid less for the same work. Discrimination is also reflected in some regulations. For example, people who are unable to walk are not licenced to drive, even in a vehicle adapted to hand controls. Stigma and discrimination wear way at the self-confidence and self-worth of people with disabilities, causing many to become isolated. Reversing negative stereotypes would open up opportunities to all people living with disability in Laos.

Describe **what the project will do solve the problems** that you outlined above.

Solution

In its short life in Laos, wheelchair basketball has begun to tackle the challenges of stigma and discrimination in a number of ways:

- Those directly participating in wheelchair basketball quickly develop greater self-confidence, a stronger sense of self-worth and active engagement with others. These developments are already leading to positive outcomes in other areas of their lives.
- Other people with disabilities derive benefits from seeing the players - super-fit athletes despite some disabilities - as role models for all disabled people.

- Wheelchair basketball has also opened up opportunities for other disabled people to participate indirectly in support roles creating benefits for self-confidence and self-worth. For players and supporters, these traits boost employment prospects.
- The success of the sport, and its growing visibility in Laos, is directly challenging stereotypes of people with disabilities and negative assumptions about their capabilities.
- Some of these changes could contribute to having discriminatory regulations reconsidered in the light of the demonstrated capabilities of the wheelchair basketball athletes. For example, the skills shown in maneuvering wheelchairs on basketball courts while also displaying skills in coordination and teamwork, is building a case for reassessment of the rules forbidding driving by people unable to walk. In a separate project, LDPA is working with engineers on affordable options for offering hand controlled vehicles to people who cannot walk.
- The success of wheelchair basketball will open opportunities to develop other sports suited to people with other forms of disability.

Explain the **long-term effects** that the project will have on the **community and/or beneficiaries**. State the **problem that will be solved** and **how many people will be affected**

Long term impact

If wheelchair basketball can be sustained as a sport in Laos, the benefits it creates directly for players and supporters and through the changes it prompts in community attitudes could have life-long impacts. The expectation is that this program, along with other disability sports, and in concert with the advocacy activities of LDPA, will help the wider community to accept and include people with disabilities in all aspects of life, allowing Laos to benefit from the full potential of people with disabilities. As in other countries, it will require ongoing work across a range of fronts - with wheelchair basketball already a highly valuable part of this strategy.

GLOBAL GIVING FUND

Wheelchair Basketball Development

Total Budget: USD 10,531.73

Budget	Unit	Cost/Unit	No. unit	Amount
Session 1: Sport promotion and training Wheelchair Basketball to PWD's in Vientiane Capital				
Promote Wheelchair Basketball				
Produce video	Story	1200	1	1,200.00
Produce poster	Page	20	50	1,000.00
Produce voucher	Page	1	200	200.00
<i>Sub-total</i>				2,400.00
Regular practice (Session #1)				
Transportation for player (25 PWD's)	Person/day	3.13	300	939.00
Drinking water	Box	5.63	48	270.24
Refill phonecard for project coordinator	Card	3.13	16	50.08
<i>Sub-total</i>				1,259.32
Regular Clinic practice (Session #1)				
Transportation for player (25 PWD's)	Person/day	78.00	6	468.00
Drinking water	Box	5.63	48	270.24
Refill phonecard for project coordinator	Card	3.13	3	9.39
<i>Sub-total</i>				747.63
Competition game (Session #1)				
Transportation for player (25 PWD's)	Person/day	3.13	25	78.25
Transportation for team leader of high school	Person/day	6.25	6	37.50
Transportation for Sikeud team	Time	37.50	1	37.50
Transportation for Women center team	Time	37.50	1	37.50
Petrol for LDPA car	Time	50.00	1	50.00
Lunch	Box	3.13	100	313.00
Drinking water	Box	5.63	15	84.45
Refill phonecard for project coordinator	Card	3.13	5	15.65
Prize(Gift & Money)	Time	250.00	1	250.00
Banner	set	50.00	1	50.00
T-shirt (for player)	Suite	15.00	25	375.00
Journalist (TV and News paper)	Person/day	6.25	5	31.25
<i>Sub-total</i>				1,360.10
Regular practice (Session #2)				
Transportation for player (25 PWD's)	Person/day	3.13	300	939.00
Drinking water	Box	5.63	48	270.24
Refill phonecard for project coordinator	Card	3.13	16	50.08
<i>Sub-total</i>				1,259.32
Regular Clinic practicing (Session #2)				
Transportation for player (25 PWD's)	Person/day	78.00	6	468.00

Drinking water	Box	5.63	48	270.24
Refill phonecard for project coordinator	Card	3.13	3	9.39
Sub-total				747.63
Competition game (Session #2)				
Transportation for player (25 PWD's)	Person/day	3.13	25	78.25
Transportation for team leader of high school	Person/day	6.25	6	37.50
Transportation for Sikeud team	Time	37.50	1	37.50
Transportation for Women center team	Time	37.50	1	37.50
Petrol for LDPA car	Time	50.00	1	50.00
Lunch	Box	3.13	100	313.00
Drinking water	Box	5.63	15	84.45
Refill phonecard for project coordinator	Card	3.13	5	15.65
Prize(Gift & Money)	Time	250.00	1	250.00
Banner	set	50.00	1	50.00
T-shirt (for player)	Suite	15.00	25	375.00
Journalist (TV and News paper)	Person/day	6.25	5	31.25
Sub-total				1,360.10
Regular practice (Session #3)				
Transportation for player (25 PWD's)	Person/day	3.13	300	939.00
Drinking water	Box	5.63	48	270.24
Refill phonecard for project coordinator	Card	3.13	16	50.08
Sub-total				1,259.32
Regular Clinic practicing (Session #3)				
Transportation for player (25 PWD's)	Person/day	78.00	6	468.00
Drinking water	Box	5.63	48	270.24
Refill phonecard for project coordinator	Card	3.13	3	9.39
Sub-total				747.63
Competition game (Session #3)				
Transportation for player (25 PWD's)	Person/day	3.13	25	78.25
Transportation for team leader of high school	Person/day	6.25	6	37.50
Transportation for Sikeud team	Time	37.50	1	37.50
Transportation for Women center team	Time	37.50	1	37.50
Petrol for LDPA car	Time	50.00	1	50.00
Lunch	Box	3.13	100	313.00
Drinking water	Box	5.63	15	84.45
Refill phonecard for project coordinator	Card	3.13	5	15.65
Prize(Gift & Money)	Time	250.00	1	250.00
Banner	set	50.00	1	50.00
T-shirt (for player)	Suite	15.00	25	375.00
Journalist (TV and News paper)	Person/day	6.25	5	31.25
Equipment and others				1,360.10
Counting time digital	set	350.00	1	350.00
Fixing wheelchair basketball	Time	50.00	3	150.00
First aid for sport	set	150.00	1	150.00
Sub-total				650.00
Total:				9,171.63

GLOBAL GIVING FUND
Wheelchair Basketball Development

Total Budget: USD 23,668.00

Budget	Unit	Cost/Unit	No. unit	Amount
Session 2: Capacity building on wheelchair basketball for Laos team to attended ASEAN PARA GAME 2017 in Malaysia				
Register fee and transportation				
Register fee for team manager and coach	Person	500	3	1,500.00
Register fee for player	Person	500	12	6,000.00
Air fare	Person	300	15	4,500.00
<i>Sub-total</i>				12,000.00
Regular practicing (Session #1)				
Perdiem for Transportation for player (12 PWD's)	Person/day	6.25	1200	7,500.00
Drinking water	Box	5.63	300	1,689.00
Refill phonecard for project coordinator	Card	3.13	50	156.50
<i>Sub-total</i>				9,345.50
Cost for coach				
Air fare	Trip	500.00	2	1,000.00
<i>Sub-total</i>				1,000.00
Equipment and others				
Polo for team manager and coach (3 player)	Suite	18.75	6	112.50
T-shirt for player (12 persons)	Suite	15.00	24	360.00
T-shirt (warm up) for player (12 persons)	Suite	6.25	24	150.00
Fixing wheelchair basketball	Time	150.00	2	300.00
Gift for exchange with other countries	Set	250.00	1	250.00
First aid for sport	Set	150.00	1	150.00
<i>Sub-total</i>				1,322.50
Total:				23,668.00