

## **Project Overview:**

The project "Empowering Flood-Affected Indigenous Communities: Socio-Economic Resilience in Umerkot, Sindh" aims to uplift marginalized communities by providing sustainable income opportunities. The initiative focuses on vocational training in handicrafts and tailoring, enabling participants to achieve financial independence while strengthening their resilience against future disasters.

## **Organized Workshop: Integrated Rural Awareness & Development Organization-IRADO**

### **Workshop Report by: Sama Rabia**

Climate Resilience Training for Youth (Mixed Group of 20 Participants)

#### **1. Introduction**

A one-day workshop on Climate Resilience was successfully conducted for a mixed group of 20 youth participants. The training aimed to enhance awareness, build practical understanding, and strengthen the capacity of young individuals to respond to climate-related challenges in their communities.

The participants included both male and female students from diverse educational and social backgrounds, ensuring inclusivity and knowledge exchange.

#### **2. Objectives of the Workshop**

- To build awareness about climate change and its local impacts
- To introduce the concept of climate resilience and adaptation strategies
- To empower youth as agents of environmental change
- To encourage community-level climate action initiatives

#### **3. Methodology**

The workshop was conducted using participatory and interactive approaches, including:

##### **Group discussions**

- Brainstorming sessions
- Case studies from Sindh and Pakistan
- Visual presentations and real-life examples
- Interactive Q&A sessions

#### **4. Key Topics Covered:**

- Understanding Climate Change: Causes and Effects
- Local Impacts in Sindh (heatwaves, floods, droughts)
- Concept of Climate Resilience
- Disaster Risk Reduction (DRR)
- Role of Youth in Climate Action
- Sustainable Practices (tree plantation, water conservation, waste management)

#### **5. Participant Engagement:**

The youth actively participated throughout the session. They shared local experiences related to climate impacts such as water scarcity, extreme weather conditions, and agricultural challenges. Group activities encouraged teamwork and critical thinking, enabling participants to propose community-based solutions.

## **6. Key Outcomes**

Improved understanding of climate resilience among participants  
Increased motivation among youth to engage in environmental protection  
Identification of local climate challenges and possible solutions  
Strengthened capacity of youth as climate ambassadors

## **7. Challenges**

Limited prior knowledge of technical climate concepts among some participants  
Time constraints for deeper practical exercises

## **8. Recommendations:**

Conduct follow-up sessions for advanced learning  
Initiate youth-led climate action projects at community level  
Engage schools and local institutions for wider outreach  
Provide small grants or support for youth climate initiatives

## **9. Conclusion:**

The workshop proved to be highly effective in building awareness and fostering a sense of responsibility among youth regarding climate resilience. The participants demonstrated strong interest and commitment to contributing toward a sustainable and climate-resilient future.



Climate Resilience Training for Youth